



ARIZONA DEPARTMENT  
OF HEALTH SERVICES

### Inpatient Discharge Instructions for Suspect Measles Patients

- Your illness may be due to measles, a highly contagious disease that can be prevented with vaccine. Please follow the instructions below to avoid giving this disease to other people in your home and in your community.
- Wear a surgical mask until you arrive at home. You may take off the mask inside your home.
- Stay home until you are contacted by your local health department with further instructions. If you do not hear from your local health department within 24 hours, their contact information can be found below:

County	Day Time Hours	After Hours
Apache	928-337-4364	928-337-4321
Cochise	520-432-9400	800-423-7271
Coconino	928-679-7272	928-255-8715
Gila	928-402-8811	928-701-1610
Graham	928-428-1962	928-965-8921
Greenlee	928-865-2601	928-865-4149
La Paz	928-669-1100	928-669-2281
Maricopa	602-506-6767	602-747-7111
Mohave	928-753-0714	928-718-4927
Navajo	928-524-4750	928-241-0960
Pima	520-724-7770	520-743-7987
Pinal	520-866-7325	520-866-6239
Santa Cruz	520-375-7900	877-202-0586
Yavapai	928-771-3134	928-442-5262
Yuma	928-317-4450	928-317-4624

If you are unable to reach the local health department, please call the Arizona Department of Health Services at 602-364-3676 or after hours at 480-303-1191.

- Do not go near pregnant women, people with weakened immune systems, or infants under 1 year of age.
- Make sure that household members are fully immunized against measles.
  - o Check immunization records or talk to your doctor.
  - o Fully immunized: 2 doses of MMR given 28 days apart.
- Only have contact with people who are fully immunized against measles.
- For more information, please visit the ADHS measles webpage: <http://tinyurl.com/azmeasles>