

3 Ways to Know You've Found the Right Doctor

As a Health Net member, you get to choose your primary care physician – or PCP. It's important to find a PCP you can really connect with. Here are a few qualities of a good doctor-patient match:



- 1 You feel comfortable.** You should feel really comfortable talking with your doctor. About anything! Don't worry – Doctors have seen and heard it all. If you feel at ease, they'll do a better job taking care of you. If you feel uncomfortable, think about finding a different doctor.
- 2 You get your questions answered.** We all have questions about our health. Your PCP is someone who should point you toward answers. Sometimes that happens in-person during appointments. Sometimes it happens by email after you've left the office. If you don't feel like you're getting the health information you need – either by your doctor or your doctor's staff – then consider making a change.
- 3 You get treated well.** You should be treated with courtesy and respect by everyone you deal with – not just your doctor but all the people who work there.



- Do staff members make you feel welcome?
- Is the office setting inviting?
- Is it easy to make appointments?

Remember – Patients are customers when it comes to health care. You should be made to feel valuable.

Is it time for you to pick a new doctor? There are lots of great ones in your Health Net network. You can choose from any of the PCPs available through your health plan. Just visit www.healthnet.com and click on *ProviderSearch*. A great doctor-patient relationship is waiting for you!



We can help!

If you need help finding the doctor that's right for you, just let us know. You can call us at the number on the back of your ID card.

We are your Health Net.™