

2015 Summary of Benefits

Health Net Gold Select (HMO)

Riverside and San Bernardino counties, CA



Benefits effective January 1, 2015
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SECTION I

INTRODUCTION TO SUMMARY OF BENEFITS

You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the Federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as **Health Net Gold Select (HMO)**).

Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what **Health Net Gold Select (HMO)** covers and what you pay.

- If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or, use the Medicare Plan Finder on <http://www.medicare.gov>.
- If you want to know more about the coverage and costs of Original Medicare, look in your current **“Medicare & You”** handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Sections in this booklet

- Things to Know About **Health Net Gold Select (HMO)**
- Monthly Premium, Deductible, and Limits on How Much You Pay for Covered Services
- Covered Medical and Hospital Benefits
- Prescription Drug Benefits

This document is available in other formats such as Braille and large print.

This document may be available in a non-English language. For additional information, call us at 1-800-275-4737 (TTY users should call 711).

Este documento puede estar disponible en un idioma distinto al inglés. Para obtener información adicional, llámenos al 1-800-275-4737 (Los usuarios de TTY deben llamar al 711).

Things to Know About Health Net Gold Select (HMO)

Hours of Operation

You can call us 7 days a week from 8:00 a.m. to 8:00 p.m. Pacific time.

Health Net Gold Select (HMO) Phone Numbers and Website

- If you are a member of this plan, call toll-free 1-800-275-4737 (TTY users should call 711).
- If you are not a member of this plan, call toll-free 1-800-977-6738 (TTY users should call 711).
- Our website: <http://www.healthnet.com/medicare>

Who can join?

To join **Health Net Gold Select (HMO)**, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

Our service area includes the following counties in California: Riverside and San Bernardino.

Which doctors, hospitals, and pharmacies can I use?

Health Net Gold Select (HMO) has a network of doctors, hospitals, pharmacies, and other providers. If you use the providers that are not in our network, the plan may not pay for these services.

You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.

Some of our network pharmacies have preferred cost-sharing. You may pay less if you use these pharmacies.

You can see our plan's provider directory at our website (<http://www.healthnet.com/medicare>).

You can see our plan's pharmacy directory at our website (<https://www.healthnet.com/medicare/pharmacy>).

Or, call us and we will send you a copy of the provider and pharmacy directories.

What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers - and *more*.

- **Our plan members get *all* of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare.** For others, you may pay less.
- **Our plan members also get *more than what is* covered by Original Medicare.** Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, <https://www.healthnet.com/medicare/pharmacy>.
- Or, call us and we will send you a copy of the formulary.

How will I determine my drug costs?

Our plan groups each medication into one of six “tiers.” You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug’s tier and what stage of the benefit you have reached. Later in this document we discuss the benefit stages that occur: Initial Coverage, Coverage Gap, and Catastrophic Coverage.

If you have any questions about this plan's benefits or costs, please contact Health Net of California for details.

SECTION II

SUMMARY OF BENEFITS

Health Net Gold Select (HMO)

MONTHLY PREMIUM, DEDUCTIBLE, AND LIMITS ON HOW MUCH YOU PAY FOR COVERED SERVICES

How much is the monthly premium?	\$0 per month. In addition, you must keep paying your Medicare Part B premium.
How much is the deductible?	This plan does not have a deductible.
Is there any limit on how much I will pay for my covered services?	<p>Yes. Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care. Your yearly limit(s) in this plan:</p> <ul style="list-style-type: none"> • \$1,950 for services you receive from in-network providers. <p>If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services and we will pay the full cost for the rest of the year.</p> <p>Please note that you will still need to pay your monthly premiums and cost-sharing for your Part D prescription drugs.</p>
Is there a limit on how much the plan will pay?	<p>Our plan has a coverage limit every year for certain in-network benefits.</p> <p>Contact us for the services that apply.</p>

COVERED MEDICAL AND HOSPITAL BENEFITS

- NOTE:**
- **SERVICES WITH A 1 MAY REQUIRE PRIOR AUTHORIZATION.**
 - **SERVICES WITH A 2 MAY REQUIRE A REFERRAL FROM YOUR DOCTOR.**

Outpatient Care and Services	
Acupuncture and Other Alternative Therapies	Not covered
Ambulance ¹	\$250 copay
Chiropractic Care ^{1,2}	Manipulation of the spine to correct a subluxation (when 1 or more of the bones of your spine move out of position): You pay nothing
Dental Services ^{1,2}	Limited dental services (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth): You pay nothing Preventive dental services: <ul style="list-style-type: none"> •Cleaning (for up to 2 every year): You pay nothing •Dental x-ray(s) (for up to 1 every year): You pay nothing •Fluoride treatment (for up to 1 every year): You pay nothing •Oral exam: You pay nothing
Diabetes Supplies and Services ^{1,2}	Diabetes monitoring supplies: You pay nothing Diabetes self-management training: You pay nothing Therapeutic shoes or inserts: 20% of the cost
Diagnostic Tests, Lab and Radiology Services, and X-Rays ^{1,2}	Diagnostic radiology services (such as MRIs, CT scans): \$60 copay Diagnostic tests and procedures: You pay nothing Lab services: You pay nothing Outpatient x-rays: You pay nothing Therapeutic radiology services (such as radiation treatment for cancer): \$60 copay
Doctor's Office Visits ^{1,2}	Primary care physician visit: You pay nothing Specialist visit: You pay nothing
Durable Medical Equipment (<i>wheelchairs, oxygen, etc.</i>) ¹	20% of the cost
Emergency Care	\$65 copay If you are immediately admitted to the hospital, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs. \$50,000 plan coverage limit for supplemental emergency services outside the U.S. and its territories every year.
Foot Care (<i>podiatry services</i>) ²	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions: You pay nothing Routine foot care (for up to 12 visit(s) every year): You pay nothing

Hearing Services ^{1,2}	Exam to diagnose and treat hearing and balance issues: You pay nothing Routine hearing exam (for up to 1 every year): You pay nothing Hearing aid fitting/evaluation (for up to 1 every three years): You pay nothing Hearing aid: You pay nothing Our plan pays up to \$1,000 every three years for hearing aids. Up to 2 supplemental hearing aids every three years
Home Health Care ^{1,2}	You pay nothing
Mental Health Care ¹	Inpatient visit: Our plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital. The inpatient hospital care limit does not apply to inpatient mental services provided in a general hospital. Our plan covers 90 days for an inpatient hospital stay. Our plan also covers 60 “lifetime reserve days.” These are “extra” days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days. <ul style="list-style-type: none"> • \$900 copay per stay Outpatient group therapy visit: \$25 copay Outpatient individual therapy visit: \$25 copay
Outpatient Rehabilitation ^{1,2}	Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions up to 36 weeks): You pay nothing Occupational therapy visit: You pay nothing Physical therapy and speech and language therapy visit: You pay nothing
Outpatient Substance Abuse ¹	Group therapy visit: \$25 copay Individual therapy visit: \$25 copay
Outpatient Surgery ^{1,2}	Ambulatory surgical center: You pay nothing Outpatient hospital: \$0-60 copay, depending on the service
Over-the-Counter Items	Not Covered
Prosthetic Devices (braces, artificial limbs, etc.) ¹	Prosthetic devices: 20% of the cost Related medical supplies: You pay nothing
Renal Dialysis ^{1,2}	20% of the cost
Transportation ¹	You pay nothing Up to 36 one-way trips to plan approved location every year
Urgent Care	\$10 copay If you are immediately admitted to the hospital, you do not have to pay your share of the cost for urgent care. See the “Inpatient Hospital Care” section of this booklet for other costs.
Vision Services ^{1,2}	Exam to diagnose and treat diseases and conditions of the eye (including yearly glaucoma screening): \$0-25 copay, depending on the service

<p>Vision Services^{1,2} (continued)</p>	<p>Routine eye exam (for up to 1 every year): \$10 copay Contact lenses (for up to 1 every two years): You pay nothing Eyeglasses (frames and lenses) (for up to 1 every two years): You pay nothing Eyeglasses frames (for up to 1 every two years): You pay nothing Eyeglasses lenses (for up to 1 every two years): You pay nothing Eyeglasses or contact lenses after cataract surgery: You pay nothing Our plan pays up to \$100 every two years for eyewear.</p>
<p>Preventive Care^{1,2}</p>	<p>You pay nothing Our plan covers many preventive services, including:</p> <ul style="list-style-type: none"> • Abdominal aortic aneurysm screening • Alcohol misuse counseling • Bone mass measurement • Breast cancer screening (mammogram) • Cardiovascular disease (behavioral therapy) • Cardiovascular screenings • Cervical and vaginal cancer screening • Colonoscopy • Colorectal cancer screenings • Depression screening • Diabetes screenings • Fecal occult blood test • Flexible sigmoidoscopy • HIV screening • Medical nutrition therapy services • Obesity screening and counseling • Prostate cancer screenings (PSA) • Sexually transmitted infections screening and counseling • Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease) • Vaccines, including Flu shots, Hepatitis B shots, Pneumococcal shots • “Welcome to Medicare” preventive visit (one-time) • Yearly “Wellness” visit <p>Any additional preventive services approved by Medicare during the contract year will be covered.</p>
<p>Hospice</p>	<p>You pay nothing for hospice care from a Medicare-certified hospice. You may have to pay part of the cost for drugs and respite care.</p>
<p>Inpatient Care</p>	
<p>Inpatient Hospital Care^{1,2}</p>	<p>Our plan covers an unlimited number of days for an inpatient hospital stay. You pay nothing</p>
<p>Inpatient Mental Health Care</p>	<p>For inpatient mental health care, see the “Mental Health Care” section of this booklet.</p>

Skilled Nursing Facility (SNF) ^{1,2}	Our plan covers up to 100 days in a SNF. <ul style="list-style-type: none"> You pay nothing per day for days 1 through 20 \$75 copay per day for days 21 through 100 			
PRESCRIPTION DRUG BENEFITS				
How much do I pay?	For Part B drugs such as chemotherapy drugs ¹ : 20% of the cost Other Part B drugs ¹ : 20% of the cost			
Initial Coverage	You pay the following until your total yearly drug costs reach \$2,960. Total yearly drug costs are the total drug costs paid by both you and our Part D plan. You may get your drugs at network retail pharmacies and mail order pharmacies.			
Standard Retail Cost-Sharing	Tier	One-month supply	Two-month supply	Three-month supply
	Tier 1 (Preferred Generic)	\$0	\$0	\$0
	Tier 2 (Non-Preferred Generic)	\$10 copay	\$20 copay	\$30 copay
	Tier 3 (Preferred Brand)	\$45 copay	\$90 copay	\$135 copay
	Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$285 copay
	Tier 5 (Specialty Tier)	33% of the cost	33% of the cost	33% of the cost
	Tier 6 (Select Care Drugs)	\$0	\$0	\$0
Preferred Mail Order Cost-Sharing	Tier	One-month supply	Two-month supply	Three-month supply
	Tier 1 (Preferred Generic)	\$0	\$0	\$0
	Tier 2 (Non-Preferred Generic)	\$10 copay	\$20 copay	\$20 copay
	Tier 3 (Preferred Brand)	\$45 copay	\$90 copay	\$90 copay
	Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$238 copay
	Tier 5 (Specialty Tier)	33% of the cost	33% of the cost	33% of the cost
	Tier 6 (Select Care Drugs)	\$0	\$0	\$0

Standard Mail Order Cost-Sharing	Tier	One-month supply	Two-month supply	Three-month supply	
	Tier 1 (Preferred Generic)	\$0	\$0	\$0	
	Tier 2 (Non-Preferred Generic)	\$10 copay	\$20 copay	\$30 copay	
	Tier 3 (Preferred Brand)	\$45 copay	\$90 copay	\$135 copay	
	Tier 4 (Non-Preferred Brand)	\$95 copay	\$190 copay	\$285 copay	
	Tier 5 (Specialty Tier)	33% of the cost	33% of the cost	33% of the cost	
	Tier 6 (Select Care Drugs)	\$0	\$0	\$0	
	<p>If you reside in a long-term care facility, you pay the same as at a retail pharmacy.</p> <p>You may get drugs from an out-of-network pharmacy at the same cost as an in-network pharmacy.</p>				
Coverage Gap	<p>Most Medicare drug plans have a coverage gap (also called the “donut hole”). This means that there’s a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$2,960.</p> <p>After you enter the coverage gap, you pay 45% of the plan’s cost for covered brand name drugs and 65% of the plan’s cost for covered generic drugs until your costs total \$4,700, which is the end of the coverage gap. Not everyone will enter the coverage gap.</p> <p>Under this plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier. See the chart that follows to find out how much it will cost you.</p>				
Standard Retail Cost-Sharing	Tier	Drugs covered	One-month supply	Two-month supply	Three-month supply
	Tier 1 (Preferred Generic)	All	\$0	\$0	\$0
	Tier 2 (Non-Preferred Generic)	All	\$10 copay	\$20 copay	\$30 copay
	Tier 6 (Select Care Drugs)	All	\$0	\$0	\$0

Preferred Mail Order Cost-Sharing	Tier	Drugs covered	One-month supply	Two-month supply	Three-month supply
	Tier 1 (Preferred Generic)	All	\$0	\$0	\$0
	Tier 2 (Non-Preferred Generic)	All	\$10 copay	\$20 copay	\$20 copay
	Tier 6 (Select Care Drugs)	All	\$0	\$0	\$0
Standard Mail Order Cost-Sharing	Tier	Drugs covered	One-month supply	Two-month supply	Three-month supply
	Tier 1 (Preferred Generic)	All	\$0	\$0	\$0
	Tier 2 (Non-Preferred Generic)	All	\$10 copay	\$20 copay	\$30 copay
	Tier 6 (Select Care Drugs)	All	\$0	\$0	\$0
Catastrophic Coverage	<p>After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$4,700, you pay the greater of:</p> <ul style="list-style-type: none"> • 5% of the cost, or • \$2.65 copay for generic (including brand drugs treated as generic) and a \$6.60 copayment for all other drugs. 				

For more information please contact

Health Net Gold Select (HMO)

Post Office Box 10420

Van Nuys, CA 91410-0420

Current members should call

1-800-275-4737 (TTY users should call 711)

Prospective members should call

1-800-977-6738 (TTY users should call 711)

From October 1 through February 14, our office hours are 8:00 a.m. to 8:00 p.m., 7 days a week, excluding certain holidays. However, after February 14, your call will be handled by our automated phone system on weekends and certain holidays.

www.healthnet.com

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Health Net has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal.

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