

Step Therapy Criteria

What is Step Therapy?

Sometimes you may be required to do step therapy. This means you will have to try drugs in a certain order for your medical condition. You might have to try one drug before we will cover another drug. If your doctor thinks the first drug doesn't work for you, then we will cover the second.

Drugs that require step therapy are noted in the drug lists. Please check your Evidence of Coverage or Member Handbook for information about your plan.

2015 Plan Name or Type	2015 Drug List Name
Health Net Cal MediConnect Plan (Medicare-Medicaid Plan)	2015 Cal MediConnect Drug List
Health Net Amber (HMO SNP), Health Net Gold Select (HMO), Health Net Healthy Heart (HMO) <i>in Fresno County</i> , Health Net Jade (HMO SNP) <i>in Oregon</i> , Health Net Seniority Plus Amber I (HMO SNP), Health Net Seniority Plus Amber II (HMO SNP), Health Net Seniority Plus Sapphire (HMO SNP), and Health Net Seniority Plus Complete (HMO)	2015 Classic Formulary
Health Net Jade (HMO SNP) <i>in California</i>	2015 Jade Formulary
Health Net Healthy Heart (HMO) <i>in Alameda, Los Angeles, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, Stanislaus and Yolo Counties</i> , Health Net Jade (HMO SNP) <i>in Arizona</i> , Health Net Jade Cardiovascular (HMO SNP), Health Net Ruby (HMO), Health Net Ruby 1 (HMO), Health Net Ruby 4 (HMO), Health Net Ruby Select (HMO), Health Net Seniority Plus Ruby (HMO), Health Net Violet (PPO), Health Net Violet Option 1 (PPO), Health Net Violet Option 2 (PPO), and Health Net Violet Option 3 (PPO)	2015 Value Formulary
All MAPD Employer Group Plans	2015 Employer Group Formulary

Updated 8/2015

The table below lists the Step Therapy Criteria for the **2015** drug lists.

Drug Name	Step Therapy Criteria
APLENZIN (<i>bupropion hbr</i>)	<p>Applies to all formularies except the Cal MediConnect Drug List</p> <p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
BRINTELLIX (<i>vortioxetine</i>)	<p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
BYETTA (<i>exenatide</i>)	<p>Must have a paid claims history of:</p> <ul style="list-style-type: none"> • metformin HCL
BYDUREON (<i>exenatide extended release</i>)	<p>Must have a paid claims history of:</p> <ul style="list-style-type: none"> • metformin HCL
CRESTOR (<i>rosuvastatin calcium</i>)	<p>Must have a paid claims history of:</p> <ul style="list-style-type: none"> • atorvastatin calcium
DESVENLAFAXINE ER (<i>desvenlafaxine fumarate SR</i>)	<p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
DEXILANT (<i>dexlansoprazole</i>)	<p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • lansoprazole • omeprazole • pantoprazole
ESOMEPRAZOLE STRONTIUM (<i>esomeprazole strontium</i>)	<p>Must have a paid claims history of two of the following:</p> <ul style="list-style-type: none"> • lansoprazole • omeprazole • pantoprazole
FETZIMA (<i>levomilnacipran</i>)	<p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion

Drug Name	Step Therapy Criteria
FORFIVO XL (<i>bupropion hcl</i>)	<p>Applies to all formularies except the Cal MediConnect Drug List</p> <p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
KHEDEZLA (<i>desvenlafaxine sustained release</i>)	<p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
NEXIUM (<i>esomeprazole magnesium</i>)	<p>Must have a paid claims history of two of the following:</p> <ul style="list-style-type: none"> • lansoprazole • omeprazole • pantoprazole
PEXEVA (<i>paroxetine mesylate</i>)	<p>Applies to all formularies except the Cal MediConnect Drug List</p> <p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
PRISTIQ (<i>desvenlafaxine succinate</i>)	<p>Must have a paid claims history of one of the following:</p> <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
TANZEUM (<i>albiglutide for soln pen-injector</i>)	<p>Applies to all formularies except the Cal MediConnect Drug List</p> <p>Must have a paid claims history of:</p> <ul style="list-style-type: none"> • metformin HCL
TRULICITY (<i>dulaglutide soln pen-injector</i>)	<p>Applies to all formularies except the Cal MediConnect Drug List</p> <p>Must have a paid claims history of:</p> <ul style="list-style-type: none"> • metformin HCL

Drug Name	Step Therapy Criteria
VENLAFAXINE HCL ER 225 mg (<i>venlafaxine hcl 225 mg SR</i>)	Must have a paid claims history of one of the following: <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
VICTOZA (<i>liraglutide</i>)	Must have a paid claims history of: <ul style="list-style-type: none"> • metformin HCL
VIIBRYD (<i>vilazodone hcl</i>)	Must have a paid claims history of one of the following: <ul style="list-style-type: none"> • mirtazapine, nefazodone, citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, duloxetine, venlafaxine, OR bupropion
ZEGERID (<i>omeprazole-sodium bicarbonate powd pack for susp 20-1680 mg</i>)	Must have a paid claims history of two of the following: <ul style="list-style-type: none"> • lansoprazole • omeprazole • pantoprazole

To get a copy of your most recent drug list, you may call us at the number below, 8:00 a.m. - 8:00 p.m., seven days a week (automated telephone service is used on some weekends and holidays). TTY users may call 711. Or, you may view the drug list at www.healthnet.com.

State	Plan	Telephone Number
Arizona	All Plans	1-800-977-7522
California	All HMO Plans	1-800-275-4737
	All PPO Plans	1-800-960-4638
	All HMO SNP Plans	1-800-431-9007
	Cal MediConnect Los Angeles County	1-855-464-3571
	Cal MediConnect San Diego County	1-855-464-3572
Oregon/ Washington	All Plans	1-888-445-8913

Health Net has a contract with Medicare to offer HMO, PPO, and HMO SNP plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal. Health Net Community Solutions, Inc. is a health plan that contracts with both Medicare and Medi-Cal to provide benefits of both programs to enrollees.