

# Contact List for Local County IHSS Offices

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The IHSS program can provide services so that you can stay safely in your own home. To be eligible, you must be over 65 years of age, or disabled or blind. IHSS is another choice to out-of-home care, such as nursing homes or board and care facilities. Contact your local county IHSS office to apply for IHSS.

## Los Angeles County

**Participant Help Line:** 1-888-944-4477

**Office Hours for all locations:** Monday–Friday 8:00 a.m. to 5:00 p.m.

### **IHSS – Chatsworth**

21415-21615 Plummer St.  
Chatsworth, CA 91311  
(818) 718-4362

### **IHSS – Burbank**

3307 N. Glenoaks Blvd.  
Burbank, CA 91504  
(818) 557-4103

### **IHSS – El Monte**

3400 Aerojet Ave.  
El Monte, CA 91731  
(626) 569-4564

### **IHSS – Hawthorne**

12000 Hawthorne Blvd.  
Hawthorne, CA 90250  
1-866-512-2856

### **IHSS – Lancaster**

335-C East Ave. K-6  
Lancaster, CA 93535  
1-866-514-9911

### **IHSS – Metro**

2707 S. Grand Ave.  
Los Angeles, CA 90007  
(213) 744-3300

### **IHSS – Pomona**

360 E. Mission Blvd.  
Pomona, CA 91766  
(909) 802-2474

## San Diego County

### **IHSS - Public Authority**

780 Bay Boulevard, Suite 200  
Chula Vista, CA 91910

**Participant Help Line:** 1-866-351-7722

**Office Hours:** Monday–Friday 8:00 a.m. to 5:00 p.m.