



Updates to Your Medicare Covered Benefits

At times, the Centers for Medicare & Medicaid Services (CMS) makes mid-year changes to what is covered under Original Medicare. These changes are known as National Coverage Determinations (NCDs). CMS also calls for Health Net Medicare Advantage to give you the same services Original Medicare covers. Below is a list of medical services that are now covered by both Health Net and Original Medicare.

Benefit update for 2018, effective April 1, 2018

Updated/Added benefit: Medicare Diabetes Prevention Program (MDPP) services will be covered for eligible Medicare beneficiaries under all Medicare health plans.

Member cost-sharing: There is no coinsurance, copayment or deductible for the MDPP benefit.

Benefit description: MDPP is a structured health behavior change intervention that provides practical training in long-term dietary change, increased physical activity, and problem-solving strategies for overcoming challenges to sustaining weight loss and a healthy lifestyle.

Additional details about this benefit will be provided to members in the coming weeks.

Additional information

If you have questions regarding the information contained in this update, please contact Health Net Member Services. Just log in to www.healthnet.com/uc or call us toll-free at 1-800-539-4072 (TTY: 711). From October 1 to February 14, you can call us 7 days a week from 8 a.m. to 8 p.m. From February 15 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends and on federal holidays.



At Health Net, we keep our members informed.

Health Net of California, Inc. has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal. This plan is available to qualified University of California retirees with Medicare Parts A and B. This information is not a complete description of benefits. Contact the plan for more information. Benefits and copayments/coinsurance may change on January 1 of each year. Limitations, copayments and restrictions may apply.