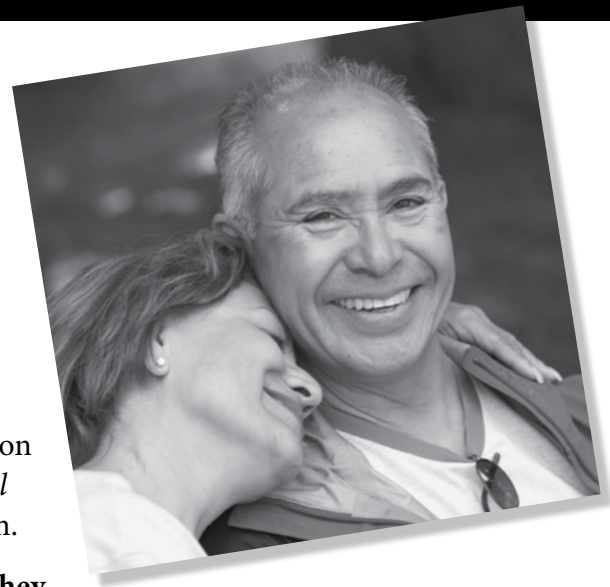


Decision Power[®]

Healthy Discounts



With Decision Power Healthy Discounts, members get value-added discounts that help them save on lifestyle improvement services, products and more! Log in as a member at www.healthnet.com, click on *Wellness Center*, scroll down to Healthy Discounts, and select *View All Discounts* to learn more about these discounts and how to access them.

Please note that the items outlined below will be included only as they relate to your plan choice. Not all services are available in all plan areas, and hours of operation are subject to change.

Name/Contact information	Products/Services
Weight management	
<p>Weight Watchers[®]</p> <p>For more information, call 1-866-896-2655 (TTY: 711), Monday through Friday, 7:00 a.m. to 9:00 p.m., and Saturday, 7:00 a.m. to 4:00 p.m. Central time (CT), or visit www.weightwatchers.com.</p> <p>Note: You must be a Health Net member to access all three solutions.</p>	<p>Weight Watchers[®] offers three weight loss solutions:</p> <ul style="list-style-type: none"> • Weight Watchers Local Meeting Vouchers – A prepaid savings plan. <ul style="list-style-type: none"> – A 13-week program. – Attend meetings when and where it suits you best. • Weight Watchers Online Subscription – A step-by-step online plan. <ul style="list-style-type: none"> – Interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas. – Customized for men and women. – And these special value prices: <ul style="list-style-type: none"> » 3-month subscription for \$55.00 (a savings of \$10.00) » 12-month subscription for \$166.70 (a savings of \$50.85) • Weight Watchers Monthly Pass¹ – Combines the meeting voucher with online support. You get: <ul style="list-style-type: none"> – Free registration. – \$39.95 a month, with a 50% discount for the first month. – Easy automatic renewal payment each month. – Unlimited meetings.



Log in to www.healthnet.com and click on *Wellness Center > Healthy Discounts > View All Discounts* to learn more about these discounts and how to access them.

(continued)



Name/Contact information

Products/Services

Weight management (continued)

Jenny Craig®

Log in to www.jennycraig.com/corporatechannel/healthnet.aspx to complete the online form and print your special-offer coupon. Or call 1-866-795-0342 (TTY: 711), Monday through Thursday, 5:00 a.m. to 8:00 p.m., Friday, 5:00 a.m. to 7:00 p.m., Saturday, 7:30 a.m. to 4:00 p.m., and Sunday, 6:00 a.m. to 7:00 p.m. Pacific time (PT), and a representative will help you enroll.

Receive a free 30-day trial program and 25% off a premium program.²

Let the representative know you're a Health Net member to receive your special offers.



Acupuncture, chiropractic, massage therapy

The ChooseHealthy® Program

For a listing of participating providers, visit www.ChooseHealthy.com or call 1-877-335-2746 (TTY: 711), Monday through Friday, 5:00 a.m. to 6:00 p.m. PT.

Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card and pay the provider.

Acupuncture

Through ChooseHealthy³, you can receive discounts on the usual and customary fees from a contracted ASH Group acupuncturist.⁴

Chiropractic

You can receive discounts on the usual and customary fees from a contracted ASH Group chiropractor. If you already have chiropractic benefits through your Health Net plan, you can always take advantage of Decision Power Healthy Discounts chiropractic services after you reach your annual limit for services.⁴

Massage therapy

You can receive discounts on the usual and customary fees from a contracted ASH Group massage therapist.⁴



Eye care

EyeMed Vision Care

Contact EyeMed at 1-866-559-5252 (TTY: 711) Monday through Saturday, 5:00 a.m. to 8:00 p.m., and Sunday, 8:00 a.m. to 5:00 p.m. PT. (TTY hours: Monday through Friday, 5:00 a.m. to 5:00 p.m. PT.) Or go to www.eyemedvisioncare.com to find a convenient location.

Visit www.eyemedvisioncare.com/healthnet to view Health Net discount program information. Bring the group number and your Health Net ID card to a participating provider to receive the discount.

Receive discounts on eye exams, frames and lenses at more than 20,000 locations, including JC Penney Optical, Target Optical, Pearle Vision, LensCrafters and most Sears Optical locations.

- \$5 off contact lens exam and \$5 off routine eye exam.
- Discount of 15% of retail price for conventional contact lenses.
- Discount of 35% of retail price of any available frame at a provider location.⁵
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses.⁵
- Discount of 15% on retail laser vision correction or 5% off the promotional price.

<i>Name/Contact information</i>	<i>Products/Services</i>
Hearing aids and screenings	
<p>Beltone® Hearing Centers</p> <p>For more information, call 1-877-359-3886 (TTY: 711), Monday through Friday, 7:00 a.m. to 5:00 p.m. CT, or go to www.beltone.com.</p>	<p>Health Net members and their immediate family members (grandparents, parents, spouse, and children) receive:</p> <ul style="list-style-type: none"> • Free hearing screenings. • Free three-year warranty, including three-year loss and damage coverage. • Free three-year supply of batteries. • 30-day refund policy, including two-year hearing loss change protection.
Fitness center discounts	
<p>ChooseHealthy</p> <p>Visit www.ChooseHealthy.com for a fitness center in your area and to print out a one-week introductory certificate. You may also call 1-877-335-2746 (TTY: 711), Monday through Friday, 5:00 a.m. to 6:00 p.m. PT.</p>	<p>Through ChooseHealthy, you have access to a national network of fitness centers that offers a minimum 10% discount on initiation and/or monthly dues.</p> <p>Rates vary according to the size, location, facility, and programs offered. All centers meet industry-specific clinical and safety standards.</p> <p>To help you find the right fitness center, you may take advantage of a one-week, free trial certificate at each club of your choice. If you are accessing an exercise center that charges by the session, you are entitled to one free introductory session. (Certificates may not be combined at the same club.)</p>



Footnotes:

¹Available in participating areas only. Local Meeting Voucher discounts vary with region.

²Food and shipping (if applicable) not included.

³ChooseHealthy is a product of American Specialty Health Administrators, Inc., an affiliate of ASH Group and a subsidiary of American Specialty Health Incorporated.

⁴The “usual and customary” charge is preset for each procedure. This charge is determined by the complexity of the treatment and the fee most commonly charged for that procedure in a particular geographic area. This is the “maximum allowable” for any procedure, and the benefit will be calculated based on the provider’s submitted fee or the usual and customary amount – whichever is lower.

⁵The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% of the retail price.

All programs are subject to change. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.

Decision Power Healthy Discounts offers discounts on health products and reduced-fee health services. Decision Power Healthy Discounts is not part of your Health Net benefit program, is not intended to take the place of any covered benefits, and is offered to the member in addition to, rather than instead of, covered benefits. It is made available to specified Health Net members at no additional cost as part of Health Net's Wellness Program. Decision Power Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions or complaints regarding the Decision Power Healthy Discounts program should be directed to Health Net's Member Services. Questions or complaints regarding a Decision Power Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Decision Power Healthy Discounts products are based on the providers' regular retail prices. Discounts on Decision Power Healthy Discounts services are based on the providers' usual charges. Providers' prices and charges are subject to change without notice.

The provider network may change at any time. You will receive notice when necessary.

All discounted products and services are subject to availability. Some restrictions may apply. Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Decision Power Healthy Discounts program and assumes no liability for such.

You have access to Decision Power through current enrollment with Health Net of California, Inc. (Health Net). Decision Power is part of Health Net's Medicare Advantage benefit plans. It is not affiliated with Health Net's provider network. Decision Power services, including clinicians, are additional resources that Health Net makes available to enrollees.

Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

This information is available for free in other languages. Please call our Member Services number at 1-800-275-4737, TTY: 711. From October 1 through February 14, our office hours are 8:00 a.m. to 8:00 p.m., 7 days a week, excluding certain holidays. However, after February 14, your call will be handled by our automated phone system on weekends and certain holidays.

Esta información está disponible en forma gratuita en otros idiomas. Llame a nuestro Departamento de Servicios al Afiliado al 1-800-275-4737, TTY: 711. Desde el 1.º de octubre hasta el 14 de febrero, nuestro horario de atención es de 8:00 a.m. a 8:00 p.m., los 7 días a la semana, excepto ciertos días feriados. Sin embargo, luego del 14 de febrero, nuestro horario de atención es de 8:00 a.m. a 8:00 p.m., de lunes a viernes. Durante los fines de semana y ciertos días feriados, su llamada será atendida por nuestro sistema automático de teléfono.

本資訊備有其他語言版本，可免費提供。請致電 1-800-275-4737（聽障專線：711）與會員服務部聯絡。從 10 月 1 日起至 2 月 14 日止，我們的服務時間為每週 7 天上午 8 點至晚上 8 點，特定假日除外。但從 2 月 14 日之後，我們的服務時間為週一至週五上午 8 點至晚上 8 點。您在週末及特定假日期間的來電將由本公司的自動電話系統處理。

Health Net has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Health Net of California, Inc. grievance process.

Health Net of California, Inc. is a subsidiary of Health Net, Inc. Health Net and Decision Power are registered service marks of Health Net, Inc. All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.

Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health Net does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Health Net:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Customer Contact Center at 1-800-275-4737 (TTY: 711), 8:00 a.m. to 8:00 p.m., Pacific time, seven days a week.

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; Health Net's Customer Contact Center is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, (TDD: 1-800-537-7697).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Insert

Multi-language Interpreter Services

English:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Spanish:

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Chinese:

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711)。

Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

French:

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (ATS :711).

Vietnamese:

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

German:

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711) 번으로 전화해 주십시오.

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Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (телетайп: 711).

Arabic:

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (رقم هاتف الصم والبكم: 711).

Hindi:

ध्यान दें: यदि आप हदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711) पर कॉल करें।

Italian:

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Portuguese:

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

French Creole:

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Polish:

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Japanese:

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711)まで、お電話にてご連絡ください。

Farsi:

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد.
با بگیرید. 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711)

Armenian:

ՈՒՇԱՂԱՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Ջանգահարեք 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY (հեռատիպ)՝ 711):

Cambodian:

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្មើស គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ
1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711)។

Punjabi:

ਪਿਆਰ ਦਾ ਦਿ1 ਤਾਂ ਭਾਸ਼ਾ ਵੀਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। ,ਜੇ ਤੁਸੀ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ :
1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711)ਤੇ ਕਾਲ ' ਕਰੋ।

Thai:

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Laotian:

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Serbo-Croatian:

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711).

Ukranian:

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (телетайп: 711).

Syriac:

ܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ ܕܩܘܪܝܢܐ
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1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711)

Hmong:

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau
1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Romanian:

ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la
1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711).

Amharic:

ማስታወሻ: የሚናገሩት ቋንቋ ኣማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጅተዋል። ወደ
ሚከተለው ቁጥር ይደውሉ 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913
(Oregon) (መስማት ለተሳናቸው፡ 711).

Navajo:

Díí baa akó nínízin: Díí saad bee yáníłti'go **Diné Bizaad**, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná
hóló, kojí' hódíílnih 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon)
(TTY: 711).

Cushite:

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama.
Bilbilaa 1-800-977-7522 (Arizona), 1-800-275-4737 (California), 1-888-445-8913 (Oregon) (TTY: 711.)