



Chiropractic Care

Plan CY

Quality, affordable coverage through Health Net and ASH Plans

**Herminia
Escobedo**
Health Net

Health Net has teamed up with American Specialty Health Plans of California, Inc. (ASH Plans) to offer quality, affordable chiropractic coverage. With this program, you're free to obtain this care by selecting a participating chiropractor from our chiropractor directory. Although you're always welcome to consult your primary care physician, you won't need a referral to see a participating chiropractor.

Limitations and exclusions

- Air conditioners, air purifiers, therapeutic mattresses, vitamins, minerals, nutritional supplements, durable medical equipment, appliances or comfort items
- Conjunctive physical therapy not associated with spinal, muscle or joint adjustment
- Diagnostic scanning, MRI, CAT scans or thermography
- Exams or treatment of strictly non-neuromusculoskeletal disorders
- Hypnotherapy, behavioral training, sleep therapy, weight programs, educational programs, nonmedical self-help or self-care, or any self-help physical exercise training
- Lab tests, X-rays, adjustments, physical therapy or other services not considered necessary by a chiropractor or classified as experimental
- Pre-employment physicals or vocational rehabilitation arising from employment or covered under any public liability insurance



For additional information, please contact Health Net at 1-800-275-4737.

What's covered

Office visits

- \$5 copayment per visit/20 visits per calendar year

There is a \$50 annual chiropractic appliance allowance toward the purchase of medically necessary items such as supports, collars, pillows, heel lifts, ice packs, cushions, orthotics, rib belts and home traction units.

What's not covered

Services or supplies excluded under the chiropractic care program may be covered under the medical benefits portion of your plan. Consult your plan's Evidence of Coverage for more information.

(continued)

- Treatment for temporomandibular joint syndrome (TMJ)
- Treatment or services not authorized by ASH Plans or delivered by an ASH Plans provider (except emergency

chiropractic services or upon a referral to a nonparticipating provider approved by ASH Plans)

For additional information, please contact Health Net at 1-800-275-4737.

This is only a summary. Chiropractic services can be added to any of our Health Net Seniority Plus Employer (HMO) plans. Consult your plan's Evidence of Coverage, which you receive after you enroll, to determine the exact terms and conditions of your coverage.

The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or copayments/coinsurance may change on January 1 of each year.

This information is available for free in other languages. Please contact our customer service number at 1-800-275-4737 for additional information. Our hours of operation are 8:00 a.m. to 8:00 p.m., seven days a week. TTY/TDD users call 1-800-929-9955.

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