

Health Net Seniority Plus Green (HMO) offered by Health Net of California, Inc.

Annual Notice of Changes for 2018

You are currently enrolled as a member of Health Net Seniority Plus Green. Next year, there will be some changes to the plan's costs and benefits. This *booklet tells about the changes*.

- **You have from October 15 until December 7 to make changes to your Medicare coverage for next year.**
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What to do now

1. ASK: Which changes apply to you

- Check the changes to our benefits and costs to see if they affect you.
 - It's important to review your coverage now to make sure it will meet your needs next year.
 - Do the changes affect the services you use?
 - Look in Section 1.4 for information about benefit and cost changes for our plan.
- Check to see if your doctors and other providers will be in our network next year.
 - Are your doctors in our network?
 - What about the hospitals or other providers you use?
 - Look in Section 1.3 for information about our Provider Directory.
- Think about your overall health care costs.
 - How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
 - How much will you spend on your premium and deductibles?
 - How do your total plan costs compare to other Medicare coverage options?
- Think about whether you are happy with our plan.

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2. COMPARE: Learn about other plan choices

Check coverage and costs of plans in your area.

- Use the personalized search feature on the Medicare Plan Finder at <https://www.medicare.gov> website. Click “Find health & drug plans.”
- Review the list in the back of your Medicare & You handbook.
- Look in Section 3.2 to learn more about your choices.

Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan’s website.

3. CHOOSE: Decide whether you want to change your plan

- If you want to **keep** Health Net Seniority Plus Green, you don’t need to do anything. You will stay in Health Net Seniority Plus Green.
- To change to a **different plan** that may better meet your needs, you can switch plans between October 15 and December 7.

4. ENROLL: To change plans, join a plan between **October 15** and **December 7, 2017**

- If you **don’t join by December 7, 2017**, you will stay in Health Net Seniority Plus Green.
- If you join by December 7, 2017, your new coverage will start on January 1, 2018.

Additional Resources

- This document is available for free in Spanish.
- Please contact our Member Services number at 1-800-275-4737 for additional information. (TTY users should call 711.) From October 1 to February 14, you can call us 7 days a week from 8 a.m. to 8 p.m. From February 15 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.
- We must provide information in a way that works for you (in languages other than English, in audio, in large print, or other alternate formats, etc.).
- **Coverage under this Plan qualifies as minimum essential coverage (MEC)** and satisfies the Patient Protection and Affordable Care Act’s (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families> for more information.

About Health Net Seniority Plus Green

- Health Net of California, Inc. has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal.
- When this booklet says “we,” “us,” or “our,” it means Health Net of California, Inc. When it says “plan” or “our plan,” it means Health Net Seniority Plus Green.

Summary of Important Costs for 2018

The table below compares the 2017 costs and 2018 costs for Health Net Seniority Plus Green in several important areas. **Please note this is only a summary of changes. It is important to read the rest of this *Annual Notice of Changes* and review the enclosed *Evidence of Coverage* to see if other benefit or cost changes affect you.**

Cost	2017 (this year)	2018 (next year)
Monthly plan premium* (See Section 1.1 for details.)	\$139	\$139
Maximum out-of-pocket amount This is the <u>most</u> you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)	\$3,400	\$3,400
Doctor office visits	Primary care visits: \$10 copay per visit Specialist visits: \$10 copay per visit	Primary care visits: \$10 copay per visit Specialist visits: \$10 copay per visit
Inpatient hospital stays Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor's order. The day before you are discharged is your last inpatient day.	You pay a \$275 copay each day from days 1 through 7 per benefit period, for Medicare-covered inpatient hospital care. You pay a \$0 copay per day, days 8 and beyond per benefit period, for Medicare-covered inpatient hospital care.	You pay a \$275 copay each day from days 1 through 7 per benefit period, for Medicare-covered inpatient hospital care. You pay a \$0 copay per day, days 8 and beyond per benefit period, for Medicare-covered inpatient hospital care.

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SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

Cost	2017 (this year)	2018 (next year)
Monthly premium	\$139	\$139
(You must also continue to pay your Medicare Part B premium.)		
Optional supplemental benefits monthly premium		
Buy-Up Package #1: Dental HMO, Eyewear, Chiropractic, Acupuncture and Fitness	\$25	\$19
Buy-Up Package #2: Dental PPO, Eyewear, Chiropractic, Acupuncture and Fitness	\$35	\$30

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2017 (this year)	2018 (next year)
Maximum out-of-pocket amount	\$3,400	\$3,400
Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount.		Once you have paid \$3,400 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.
Your plan premium does not count toward your maximum out-of-pocket amount.		

Section 1.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at <https://ca.healthnetadvantage.com>. You may also call Member Services for updated provider information or to ask us to mail you a Provider Directory. **Please review the 2018 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

It is important that you know that we may make changes to the hospitals, doctors, and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, Medicare requires that we furnish you with uninterrupted access to qualified doctors and specialists
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider and managing your care.

Section 1.4 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, *Medical Benefits Chart (what is covered and what you pay)*, in your *2018 Evidence of Coverage*.

Cost	2017 (this year)	2018 (next year)
Emergency care	<p>You pay a \$75 copay for each Medicare-covered emergency room visit.</p> <p>You do not pay this amount if you are immediately admitted to the hospital.</p>	<p>You pay a \$100 copay for each Medicare-covered emergency room visit.</p> <p>You do not pay this amount if you are immediately admitted to the hospital.</p>

Cost	2017 (this year)	2018 (next year)
Optional supplemental benefits	<p data-bbox="521 317 987 569">Optional Supplemental Benefit Package #1, Dental HMO, routine eyewear, chiropractic care, acupuncture and fitness, is available for an extra premium of \$25. The following services have changes in 2018:</p> <p data-bbox="521 611 987 716">Preventive Dental HMO You pay a \$0 copay for each oral exam, unlimited.</p> <p data-bbox="521 789 987 1083">Optional Supplemental Benefit Package #2, includes coverage for Dental PPO, routine eyewear, chiropractic care, acupuncture and fitness, is available for an extra premium of \$35. The following services have changes in 2018:</p> <p data-bbox="521 1125 987 1230">Preventive Dental HMO You pay a \$0 copay for each oral exam, unlimited.</p> <p data-bbox="521 1304 987 1409">Please refer to your Evidence of Coverage for plan specific details.</p>	<p data-bbox="992 317 1442 569">Optional Supplemental Benefit Package #1, Dental HMO, routine eyewear, chiropractic care, acupuncture and fitness, is available for an extra premium of \$19. The following services have changes in 2018:</p> <p data-bbox="992 611 1442 758">Preventive Dental HMO You pay a \$0 copay for each oral exam, limited to 2 exams every year.</p> <p data-bbox="992 789 1442 1083">Optional Supplemental Benefit Package #2, includes coverage for Dental PPO, routine eyewear, chiropractic care, acupuncture and fitness, is available for an extra premium of \$30. The following services have changes in 2018:</p> <p data-bbox="992 1125 1442 1272">Preventive Dental HMO You pay a \$0 copay for each oral exam, limited to 2 exams every year.</p> <p data-bbox="992 1304 1442 1409">Please refer to your Evidence of Coverage for plan specific details.</p>

SECTION 2 Administrative Changes

Process	2017 (this year)	2018 (next year)
Cardiac and Pulmonary Rehabilitation Services	Referral is <u>not</u> required for Cardiac and Pulmonary Rehabilitation Services	Referral is <u>required</u> for Cardiac and Pulmonary Rehabilitation Services
Monthly premium payment options	<p>Pay by check or money order</p> <p>Have payment automatically withdrawn from your bank account</p> <p>Have payment taken out of your monthly Social Security check</p> <p>Have payment taken out of your monthly Railroad Retirement Board (RRB) check.</p>	<p>Pay by check or money order</p> <p>Have payment taken out of your monthly Social Security check</p> <p>Have payment taken out of your monthly Railroad Retirement Board (RRB) check.</p> <p>Submit payment to: Health Net of California PO Box 748658 Los Angeles, CA 90074-8658</p>
Service Area	<p>Service area: Alameda, Sacramento, Sonoma, Stanislaus and the following zip codes in Placer county: 95602; 95603; 95604; 95631; 95648; 95650; 95658; 95661; 95663; 95677; 95678; 95681; 95701; 95703; 95713; 95714; 95715; 95717; 95722; 95736; 95746; 95747 and 95765.</p>	<p>Service area: Alameda, Sacramento, Sonoma, Stanislaus and all of Placer county</p>

SECTION 3 Deciding Which Plan to Choose

Section 3.1 – If you want to stay in Health Net Seniority Plus Green

To stay in our plan you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically stay enrolled as a member of our plan for 2018.

Section 3.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2018 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- -- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read *Medicare & You 2018*, call your State Health Insurance Assistance Program (SHIP) (see Section 5), or call Medicare (see Section 7.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to <https://www.medicare.gov> and click “Review and Compare Your Coverage Options.” **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

Step 2: Change your coverage

- To change **to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from Health Net Seniority Plus Green.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from Health Net Seniority Plus Green.
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - Send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 7.1 of this booklet).
 - – *or* – Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 4 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2018.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area are allowed to make a change at other times of the year. For more information, see Chapter 8, Section 2.3 of the *Evidence of Coverage*.

If you enrolled in a Medicare Advantage plan for January 1, 2018, and don’t like your plan choice, you can switch to Original Medicare between January 1 and February 14, 2018. For more information, see Chapter 8, Section 2.2 of the *Evidence of Coverage*.

SECTION 5 Programs That Offer Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In California, the SHIP is called the Health Insurance Counseling & Advocacy Program (HICAP).

The Health Insurance Counseling & Advocacy Program (HICAP) is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. Health Insurance Counseling & Advocacy Program (HICAP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call the Health Insurance Counseling & Advocacy Program (HICAP) at 1-800-434-0222. TDD users should call 1-800-735-2929 (CA Relay Service). TTY users should call 711 (National Relay Service). You can learn more about the Health Insurance Counseling & Advocacy Program (HICAP) by visiting their website (www.aging.ca.gov/hicap).

SECTION 6 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs.

- **“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don’t even know it. To see if you qualify, call:

- 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
 - The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
 - Your State Medicaid Office (applications).
- **What if you have coverage from an AIDS Drug Assistance Program (ADAP)?** The AIDS Drug Assistance Program (ADAP) helps ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the California Office of AIDS – ADAP program. For more information, please go to this website: www.cdph.ca.gov/Programs/CID/DOA/Pages/OAmain.aspx. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call please call 1-844-421-7050. TTY users should call 711 (National Relay Services).

Note: To be eligible for the ADAP operating in your State, individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status.

If you are currently enrolled in an ADAP, it can continue to provide you with Medicare Part D prescription cost-sharing assistance for drugs on the ADAP formulary. In order to be sure you continue receiving this assistance, please notify your local ADAP enrollment worker of any changes in your Medicare Part D plan name or policy number. Please call the California Office of AIDS – ADAP program at 1-844-421-7050. TTY users call 711 (National Relay Service).

For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 1-844-421-7050.

SECTION 7 Questions?

Section 7.1 – Getting Help from Health Net Seniority Plus

Questions? We're here to help. Please call Member Services at 1-800-275-4737. (TTY only, call 711.) We are available for phone calls: from October 1 to February 14, you can call us 7 days a week from 8 a.m. to 8 p.m. From February 15 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays. Calls to these numbers are free.

Read your 2018 *Evidence of Coverage* (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2018. For details, look in the 2018 *Evidence of Coverage* for Health Net Seniority Plus Green. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is included in this envelope.

Visit Our Website

You can also visit our website at <https://ca.healthnetadvantage.com>. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory).

Section 7.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (<https://www.medicare.gov>). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to <https://www.medicare.gov> and click on “Find health & drug plans.”)

Read Medicare & You 2018

You can read *Medicare & You 2018* Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (<https://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.