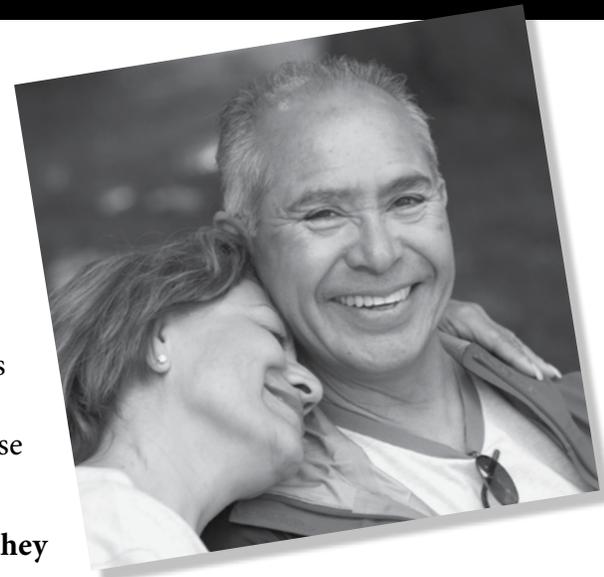


# Decision Power<sup>®</sup>

## *Healthy Discounts*



With Decision Power Healthy Discounts, you get value-added savings that support your good health! Log in to [www.healthnet.com](http://www.healthnet.com) and click on *Wellness Center > Member Discounts* to learn more about these discounts and how to access them.

**Please note that the items outlined below will be included only as they relate to your plan choice. Not all services are available in all plan areas.**

<i>Name/Contact information</i>	<i>Products/Services</i>
<b>Weight management</b>	
<p><b>Weight Watchers<sup>®</sup></b></p> <p>For more information, call 1-866-896-2655 (TTY 711), Monday through Friday, 7:00 a.m. to 9:00 p.m., and Saturday, 7:00 a.m. to 4:00 p.m. Central time (CT), or visit <a href="http://www.weightwatchers.com">www.weightwatchers.com</a>.</p> <p><b>Note:</b> You must be a Health Net member to access all three solutions.</p>	<p>Weight Watchers<sup>®</sup> offers three weight loss solutions:</p> <ul style="list-style-type: none"> <li>• <b>Weight Watchers Local Meeting Vouchers</b> – A prepaid savings plan. <ul style="list-style-type: none"> <li>– A 13-week program.</li> <li>– Attend meetings when and where it suits you best.</li> </ul> </li> <li>• <b>Weight Watchers Online Subscription</b> – A step-by-step online plan. <ul style="list-style-type: none"> <li>– Interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas.</li> <li>– Customized for men and women.</li> <li>– And these special value prices: <ul style="list-style-type: none"> <li>» 3-month subscription for \$55.00 (a savings of \$10.00)</li> <li>» 12-month subscription for \$166.70 (a savings of \$50.85)</li> </ul> </li> </ul> </li> <li>• <b>Weight Watchers Monthly Pass<sup>1</sup></b> – Combines the meeting voucher with online support. You get: <ul style="list-style-type: none"> <li>– Free registration.</li> <li>– \$39.95 a month, with a 50% discount on the first month.</li> <li>– Easy automatic renewal payment each month.</li> <li>– Unlimited meetings.</li> </ul> </li> </ul>



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*(continued)*



<i>Name/Contact information</i>	<i>Products/Services</i>
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<b>Weight management (continued)</b>	
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**Jenny Craig®**  
 Log in to [www.jennycraig.com/corporatechannel/healthnet.aspx](http://www.jennycraig.com/corporatechannel/healthnet.aspx) to complete the online form and print your special-offer coupon. Or call 1-866-795-0342 (TTY 711), 6:00 a.m. to 5:00 p.m. Pacific time (PT), seven days a week, and a representative will help you enroll.

Receive a free 30-day trial program and 25% off a premium program.<sup>2</sup>  
 Let the representative know you're a Health Net member to receive your special offers.



<b>Chiropractic, acupuncture and more</b>	
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**ChooseHealthy**  
 For a listing of participating providers, visit [www.ChooseHealthy.com](http://www.ChooseHealthy.com) or call 1-877-335-2746 (TTY 711), Monday through Friday, 5:00 a.m. to 6:00 p.m. (PT).  
 Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card and pay the provider.

**Acupuncture, chiropractic, massage therapy**  
**Acupuncture**  
 Through ChooseHealthy<sup>3</sup>, you can receive discounts on the usual and customary fees from a contracted American Specialty Health Administrators, Inc. (ASH) Networks acupuncturist.<sup>4</sup>  
**Chiropractic**  
 You can receive discounts on the usual and customary fees from a contracted ASH Networks chiropractor. If you already have chiropractic benefits through your Health Net plan, you can always take advantage of Decision Power Healthy Discounts chiropractic services after you reach your annual limit for services.<sup>4</sup>  
**Massage therapy**  
 You can receive discounts on the usual and customary fees from a contracted ASH Networks massage therapist.<sup>4</sup>

<b>Eye care</b>	
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**EyeMed Vision Care**  
 Contact EyeMed at 1-866-559-5252 (TTY 711), Monday through Saturday, 5:00 a.m. to 8:00 p.m., and Sunday, 8:00 a.m. to 5:00 p.m. PT. Or go to [www.eyemedvisioncare.com](http://www.eyemedvisioncare.com) to find a convenient location.  
 Visit [www.eyemedvisioncare.com/healthnet](http://www.eyemedvisioncare.com/healthnet) to view Health Net discount program information. Bring the group number and your Health Net ID card to a participating provider to receive the discount.

Receive discounts on eye exams, frames and lenses at more than 20,000 locations, including JCPenney Optical, Target Optical and LensCrafters.

- \$5 off contact lens exam and \$5 off routine eye exam.
- Discount of 15% of retail price for conventional contact lenses.
- Discount of 35% of retail price of any available frame at a provider location.<sup>4</sup>
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses.<sup>5</sup>
- Discount of 15% on retail laser vision correction or 5% off the promotional price.

<i>Name/Contact information</i>	<i>Products/Services</i>
<b>Hearing aids and screenings</b>	
<p><b>Beltone® Hearing Centers</b></p> <p>For more information, call 1-800-BELTONE (1-800-235-8663) (TTY 711), Monday through Friday, 8:00 a.m. to 5:00 p.m. CT, or go to <a href="http://www.beltone.com">www.beltone.com</a>.</p>	<p>Health Net members and their immediate family members (grandparents, parents, spouse, and children) receive:</p> <ul style="list-style-type: none"> <li>• A free hearing screening.</li> <li>• Discount of 25% of retail purchase price of any Beltone hearing aids.</li> <li>• A free second-year warranty at participating Beltone Hearing Centers.</li> </ul>
<b>Fitness club discounts</b>	
<p><b>ChooseHealthy</b></p> <p>Visit <a href="http://www.ChooseHealthy.com">www.ChooseHealthy.com</a> for a fitness club in your area and to print out a one-week introductory certificate. You may also call 1-877-335-2746 (TTY 711), Monday through Friday, 5:00 a.m. to 6:00 p.m. PT.</p>	<p>Through ChooseHealthy, you have access to a national network of fitness clubs that offers a minimum 10% discount on initiation and/or monthly dues.</p> <p>Rates vary according to the size, location, facility, and programs offered. All clubs meet industry-specific clinical and safety standards.</p> <p>To help you find the right fitness club, you may take advantage of a one-week, free trial certificate at each club of your choice. If you are accessing an exercise center that charges by the session, you are entitled to one free introductory session. (Certificates may not be combined at the same club.)</p>



**Footnotes:**

<sup>1</sup>Available in participating areas only.

<sup>2</sup>Food and shipping (if applicable) not included.

<sup>3</sup>ChooseHealthy is a product of American Specialty Health Administrators, Inc., an affiliate of ASH Networks and a subsidiary of American Specialty Health Incorporated.

<sup>4</sup>The “usual and customary” charge is preset for each procedure. This charge is determined by the complexity of the treatment and the fee most commonly charged for that procedure in a particular geographic area. This is the “maximum allowable” for any procedure, and the benefit will be calculated based on the provider’s submitted fee or the usual and customary amount – whichever is lower.

<sup>5</sup>The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% of the retail price.

All programs are subject to change. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.

Decision Power Healthy Discounts offers discounts on health products and reduced-fee health services. Decision Power Healthy Discounts is not part of your Health Net benefit program, is not intended to take the place of any covered benefits, and is offered to the member in addition to, rather than instead of, covered benefits. It is made available to specified Health Net members at no additional cost as part of Health Net's Wellness Program. Decision Power Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions or complaints regarding the Decision Power Healthy Discounts program should be directed to Health Net's Member Services. Questions or complaints regarding a Decision Power Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Decision Power Healthy Discounts products are based on the providers' regular retail prices. Discounts on Decision Power Healthy Discounts services are based on the providers' usual charges. Providers' prices and charges are subject to change without notice.

All discounted products and services are subject to availability. Some restrictions may apply. Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Decision Power Healthy Discounts program and assumes no liability for such.

You have access to Decision Power through your current enrollment with Health Net of California, Inc. Decision Power is part of Health Net's Medicare Advantage benefit plans. It is not affiliated with Health Net's provider network. Decision Power services, including clinicians, are additional resources that Health Net makes available to enrollees of the above listed Health Net company.

Health Net has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Health Net of California, Inc. grievance process.

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