



YOU CAN TAKE *control* OF YOUR HEALTH.  
IT'S YOUR DECISION.



STAY YOUNG<sup>SM</sup>

Healthways SilverSneakers<sup>®</sup> Fitness Program, designed exclusively for Medicare-eligible individuals, offers physical activity, health education and social events.

With the SilverSneakers premier network, you'll have a **complimentary membership with access to a variety of participating locations** throughout the country. Many sites offer amenities such as:

- fitness equipment, treadmills, pools and free weights
- the signature SilverSneakers classes, designed specifically for older adults and taught by certified instructors
- additional signature classes such as SilverSneakers Splash and Yoga (at select locations)

Each location has a designated staff member to help you along the way.

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If you're ready to get active and lead a *healthier lifestyle*, then make another *good decision*.

Enroll in a Health Net Medicare Advantage plan today and enjoy fitness, fun and friends with the SilverSneakers<sup>®</sup> Fitness Program at no additional cost. SilverSneakers is the nation's leading exercise and physical activity program designed specifically for older adults.

Health Net wants to empower you to live healthier, happier and longer. That's why we offer the SilverSneakers Fitness Program as one of our many benefits.

To become a Health Net member or to receive additional information, call 1-800-333-3930 (TTY/TDD 1-800-977-6757), 8:00 a.m. to 8:00 p.m., seven days a week.

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## MORE OPTIONS FOR YOU

### **PACT**

**Make a PACT.** If you're serious about fitness, committed to achieving your goals and want additional support, sign up for our online program, PACT, **at no cost.** You can create your own personal support network and report your activity online. Get started at **my.silversneakers.com!**

### **SilverSneakers® Steps**

SilverSneakers Steps is a personalized fitness program for members who can't get to a SilverSneakers location. Once you enroll in Steps, you may select one of four kits that best fits your lifestyle and fitness level – general fitness, strength, walking or yoga. Start now at **my.silversneakers.com.**



[www.healthnet.com/medicare](http://www.healthnet.com/medicare)

Health Net of Arizona, Inc. has a contract with Medicare and the Arizona state Medicaid program to offer HMO and HMO SNP plans. Enrollment in a Health Net Medicare Advantage plan depends on the renewal of these contracts.

The benefit information provided is a brief summary, not a complete description of benefits. For more information, contact the plan. Limitations, copayments and restrictions may apply. Benefits, formulary, pharmacy network, provider network, premium and/or copayments/coinsurance may change on January 1 of each year.

SilverSneakers® has a contract with Health Net.

SilverSneakers® is a registered mark of Healthways, Inc.

# Participating Locations



**Anthem**  
**Curves - Anthem/**  
**New River**  
 42302 N. Vision Way  
 Ste. 115  
 (623) 551-5100  
 Amenities: E

**Apache Junction**  
**Apache Junction**  
**Multigenerational Center**  
 1035 N. Idaho Rd.  
 (480) 474-5240  
 Amenities: E, SC

**Saguaro Family Fitness**  
**Center**  
 305 N. Plaza Dr.  
 (480) 982-7794  
 Amenities: E, S, P, W

**Arizona City**  
**Curves - Arizona City/Eloy**  
 13350 Sunland Gin Rd.  
 #A2  
 (520) 466-6660  
 Amenities: E

**Benson**  
**Frontier Fitness Club**  
 500 S. Hwy. 80  
 (520) 586-3326  
 Amenities: E, S, SC

**Buckeye**  
**Anytime Fitness**  
 1280 S. Watson Rd.  
 Ste. 103  
 (623) 243-5893  
 Amenities: E  
 Call before first visit.

**Buckeye Community**  
**Center**  
 201 E. Centre Ave.  
 (623) 349-6600  
 Amenities: SC

**Snap Fitness**  
 410 E. Hwy. 85  
 (480) 745-2465  
 Amenities: E

**Bullhead City**  
**Curves**  
 1751 Hwy. 95, #183  
 (928) 704-4191  
 Amenities: E

**Camp Verde**  
**Curves**  
 564 S. Main St.  
 (928) 567-3851  
 Amenities: E

**Casa Grande**  
**24-7 Fitness**  
 2080 N. Trekell Rd.  
 (520) 836-0613  
 Amenities: E, S, W, SC

**Casa Grande (cont.)**  
**Curves**  
 312 W. 10th St., Ste. 2  
 (520) 423-2458  
 Amenities: E

**Snap Fitness**  
 1667 N. Trekell Rd.  
 (520) 423-0123  
 Amenities: E, SC

**Cave Creek**  
**Curves - Cave Creek/**  
**Carefree**  
 6501 E. Cave Creek Rd.  
 Ste. 5  
 (480) 437-1088  
 Amenities: E

**Chandler**  
**24 Hour Fitness -**  
**Chandler Sport**  
 1085 S. Arizona Ave.  
 (480) 786-1024  
 Amenities: E, S, P, W

**Anytime Fitness**  
 3990 S. Alma School Rd.  
 (480) 855-5510  
 Amenities: E  
 Call before first visit.

**Chandler (cont.)**  
**Anytime Fitness**  
 1072 W. Chandler Blvd.  
 (480) 917-0005  
 Amenities: E

**Chandler/Gilbert**  
**Family YMCA**  
 1655 W. Frye Rd.  
 (480) 899-9622  
 Amenities: E, P\*, SC

**Fitness Forum**  
 2130 W. Chandler Blvd.  
 (480) 812-0200  
 Amenities: E, S, P, W, SC

**Fitness Works**  
 3050 S. Gilbert Rd.  
 (480) 413-1111  
 Amenities: E, S, P, W, SC

**Snap Fitness**  
 990 E. Riggs Rd., Ste. 4  
 (480) 369-4457  
 Amenities: E

**Tumbleweed Recreation**  
**Center**  
 745 E. Germann Rd.  
 (480) 782-2900  
 Amenities: E, SC

Lists are updated regularly.  
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 for the latest list.

## Amenities Legend

- |   |                    |    |                        |
|---|--------------------|----|------------------------|
| E | Exercise Equipment | W  | Whirlpool              |
| S | Steam/Sauna        | SC | SilverSneakers Classes |
| P | Pool               | *  | Seasonal Pool          |

## Participating Locations (cont.)

### Chandler (cont.)

#### Youfit

4991 S. Alma School Rd.  
(480) 822-6630  
Amenities: E

### Coolidge

#### Central Arizona College

8470 N. Overfield Rd.  
(520) 494-5300  
Amenities: E, P, SC

#### Curves

903 N. Arizona Blvd.  
Ste. A & B  
(520) 723-1001  
Amenities: E

#### Snap Fitness

1491 N. Arizona Blvd.  
Ste. 104  
(520) 350-9252  
Amenities: E

### Cottonwood

#### Curves

1560 E. Cherry St.  
Ste. 101  
(928) 639-0039  
Amenities: E

### El Mirage

#### Anytime Fitness

13915 N. Dysart Rd.  
Ste. A4  
(623) 583-2064  
Amenities: E  
Call before first visit.

### Fort Mohave

#### Curves

5225 Hwy. 95, Ste. 10  
(928) 788-3808  
Amenities: E

### Fountain Hills

#### Anytime Fitness

16425 E. Palisades Blvd.  
(480) 837-5151  
Amenities: E, SC  
Call before first visit.

#### Curves

16850 E. Ave of the  
Fountains, Ste. 105  
(480) 837-8688  
Amenities: E

#### Snap Fitness

13525 N. Fountain  
Hills Blvd.  
(480) 837-3901  
Amenities: E

#### TruFit Studios

16838 E. Palisades Blvd.  
# 104  
(480) 272-0547  
Amenities: SC

### Gilbert

#### 24 Hour Fitness -

#### Gilbert Sport

97 S. Val Vista Dr.  
(480) 497-4424  
Amenities: E, S, P, W, SC

### Gilbert (cont.)

#### Anytime Fitness

4720 E. Queen Creek Rd.  
Ste. 101  
(480) 279-2855  
Amenities: E  
Call before first visit.

#### Curves

1543 W. Elliot Rd.  
Ste. 102  
(480) 558-1070  
Amenities: E

#### Desert Fitness

4658 S. Higley Rd.  
(480) 422-7320  
Amenities: E, SC

#### Fitness Evolution

1433 W. Williams  
Field Rd.  
(480) 963-5070  
Amenities: E

#### Fitness Works

1668 N. Higley Rd.  
(480) 396-0086  
Amenities: E, S, P, W, SC

#### Snap Fitness

1459 S. Higley Rd.  
(480) 840-6363  
Amenities: E

### Gilbert (cont.)

#### Youfit - Ethan

706 N. McQueen Rd.  
(888) 968-3481  
Amenities: E

#### Youfit

870 E. Williams Field Rd.  
(888) 968-3481  
Amenities: E

### Glendale

#### 24 Hour Fitness -

#### Glendale Bell Sport

4316 W. Bell Rd.  
(602) 942-4434  
Amenities: E, S, P, W, SC

#### Anytime Fitness

6640 W. Cactus Rd.  
Ste. 112  
(623) 594-2422  
Amenities: E  
Call before first visit.

#### Fitness One

3515 W. Union Hills Dr.  
Ste. 105  
(623) 626-8798  
Amenities: E, SC

#### Foothills Recreation &

#### Aquatics Center

5600 W. Union Hills Dr.  
(623) 930-4600  
Amenities: E, P, SC

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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool

## Participating Locations (cont.)

### Glendale (cont.)

**Glendale Community College Fitness Center**  
6000 W. Olive Ave.  
(623) 845-3801  
Amenities: E, SC

**Glendale Community College North**  
5727 W. Happy Valley Rd.  
(623) 845-4030  
Amenities: E, SC

**Glendale/Peoria YMCA**  
14711 N. 59th Ave.  
(602) 588-9622  
Amenities: E, P, SC

**XL Health Club**  
5720 W. Peoria Ave.  
(623) 594-0246  
Amenities: E, S, P, W, SC

**YouFit**  
4414 W. Cactus Rd.  
(602) 283-0800  
Amenities: E

**Gold Canyon Southwest Fitness 24/7**  
6822 S. Kings Ranch Rd.  
Ste. 1  
(480) 982-0604  
Amenities: E, SC

### Goodyear

**Southwest Valley Regional YMCA**  
2919 N. Litchfield Rd.  
(623) 935-5193  
Amenities: E, P, SC

**Green Valley Body Start**  
1691 Duval  
Commerce Ct.  
(520) 399-3405  
Amenities: E

**Curves**  
140 W. Duval Mine Rd.  
Ste. 108  
(520) 625-0630  
Amenities: E

**Independent Lifestyle Fitness/Body Start Health and Fitness**  
1691 W. Duval, Ste. 101  
(520) 399-3405  
Amenities: E, SC

**Kingman Curves**  
3531 N. Moore St., #1  
(928) 692-0011  
Amenities: E

### Lake Havasu City

**Curves**  
2126 McCulloch Blvd.  
Ste. 1  
(928) 854-9293  
Amenities: E

**Litchfield Park Women's Fitness with Daisy**  
4850 N. Litchfield Rd.  
#106  
(623) 536-5888  
Amenities: E

**Marana Anytime Fitness**  
12040 N. Thornydale Rd.  
Ste. 106  
(520) 579-2600  
Amenities: E  
Call before first visit.

**Maricopa Anytime Fitness**  
20924 N. John Wayne Pkwy., Ste. D4  
(520) 568-5226  
Amenities: E, SC  
Call before first visit.

**Mesa 24 Hour Fitness - Mesa Active**  
1919 N. Power Rd.  
(480) 281-1684  
Amenities: E, S, P, W

### Mesa (cont.)

**24 Hour Fitness - Mesa Dobson Rd. Sport**  
1844 W. 8th St.  
(480) 296-2381  
Amenities: E, S, P

**Anytime Fitness**  
2028 N. Gilbert Rd.  
Ste. 108  
(480) 464-5646  
Amenities: E  
Call before first visit.

**Anytime Fitness**  
2721 S. Ellsworth Rd.  
Ste. 104  
(480) 354-0666  
Amenities: E  
Call before first visit.

**Curves**  
6017 E. McKellips Rd.  
#111  
(480) 218-9500  
Amenities: E

**Curves**  
1919 E. McKellips Rd.  
Ste. 110  
(480) 844-2900  
Amenities: E

**Curves**  
7133 E. Main St.  
(480) 325-4964  
Amenities: E

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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool

## Participating Locations (cont.)

### Mesa (cont.)

#### Curves

2815 S. Alma School Rd.  
Ste. 114  
(480) 838-2151  
Amenities: E

#### East Valley Family YMCA

1807 S. Sunview  
(480) 649-9622  
Amenities: E, P, W, SC

#### Fitness Evolution

1135 N. Recker Rd.  
(480) 924-6299  
Amenities: E

#### Fitness Works

6040 E. Brown Rd.  
(480) 807-5080  
Amenities: E, S, P, W, SC

#### Mesa Community College

1833 W. Southern Ave.  
(480) 461-7911  
Amenities: E

#### Mesa Family YMCA

207 N. Mesa Dr.  
(480) 969-8166  
Amenities: E, P, SC

#### Red Mountain

#### Multigenerational Center

7550 E. Adobe  
(480) 644-4810  
Amenities: E, SC

### Mesa (cont.)

#### Snap Fitness

2025 S. Alma School Rd.  
(480) 755-7627  
Amenities: E

### Nogales

#### Fitness Express

2051 N. Grand Ave.  
(520) 761-4820  
Amenities: E, SC

### Oro Valley

#### Alive Fitness and

Training Center  
10370 N. La Canada Dr.,  
Ste. 170  
(520) 395-2829  
Amenities: SC

#### Anytime Fitness

11911 N. 1st Ave.  
Ste. 101  
(520) 219-2869  
Amenities: E, SC  
Call before first visit.

#### Curves

10355 N. La Canada Dr.  
(520) 544-8510  
Amenities: E

#### Oro Valley Fitness

10550 N. La Canada Dr.  
(520) 682-3663  
Amenities: E

### Payson

#### Curves

400 E. State Hwy. 260  
Ste. P  
(928) 474-9797  
Amenities: E

### Peoria

#### Curves

20449 N. Lake Pleasant  
Rd., Ste. 105  
(623) 561-1122  
Amenities: E

#### Curves

7420 W. Cactus Rd.  
Ste. B1  
(623) 979-7703  
Amenities: E

#### Fitness One

9028 W. Union Hills Dr.  
Ste. 1  
(623) 376-7888  
Amenities: E, SC

### Rio Vista

#### Recreation Center

Inside Rio Vista Park  
8866-A W. Thunderbird  
Rd.  
(623) 773-8600  
Amenities: E, SC

### Phoenix

#### 24 Hour Fitness -

Bell Rd. & 32nd St. Active  
3301 E. Bell Rd.  
(602) 567-0240  
Amenities: E, S, W, SC

#### 24 Hour Fitness -

#### Camelback Sport

3233 E. Camelback Rd.  
(602) 224-9394  
Amenities: E, S, P, W, SC

#### 24 Hour Fitness -

#### Metro Parkway Sport

10046 N. Metro Pkwy. W.  
(602) 281-1132  
Amenities: E, S, P, W, SC

### Ahwatukee Foothills

#### YMCA

1030 E. Liberty Ln.  
(480) 759-6762  
Amenities: E, P, SC

#### Anytime Fitness

1420 E. Chandler Blvd.  
Ste. 104  
(480) 460-1673  
Amenities: E  
Call before first visit.

#### Anytime Fitness

3220 E. Baseline Rd.  
(602) 541-2808  
Amenities: E  
Call before first visit.

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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool

## Participating Locations (cont.)

### Phoenix (cont.)

#### Anytime Fitness

2310 W. Happy Valley Rd., Ste. 1019  
(623) 581-5646  
Amenities: E  
Call before first visit.

#### Chris-Town YMCA

5517 N. 17th Ave.  
(602) 242-7717  
Amenities: E, P, SC

#### Curves

4025 E. Chandler Blvd.  
#74  
(480) 706-8000  
Amenities: E

#### Curves

1227 E. Northern Ave.  
(602) 861-1500  
Amenities: E

#### Curves

20330 N. Cave Creek Rd.  
Ste. 140  
(602) 765-3730  
Amenities: E

#### Curves

15440 N. 7th St., #6  
(602) 993-4333  
Amenities: E

### Phoenix (cont.)

#### Curves

4139 W. Bell Rd., #2  
(602) 789-7000  
Amenities: E

#### Curves

3220 E. Baseline Rd.  
Ste. 116  
(602) 470-4500  
Amenities: E

#### Fitness One

3850 W. Happy Valley Rd.  
(623) 869-0446  
Amenities: E

#### Fitness One

802 E. Union Hills Dr.  
(623) 582-0565  
Amenities: E, S, SC

#### Fitness Works - Glendale

9675 W. Camelback Rd.  
(623) 872-8000  
Amenities: E, S, P, W, SC

#### Lincoln Family Phoenix Downtown YMCA

350 N. 1st Ave.  
(602) 257-5138  
Amenities: E, S, P, W, SC

#### Maryvale Family YMCA

3825 N. 67th Ave.  
(623) 873-9622  
Amenities: E, P, SC

### Phoenix (cont.)

#### Paradise Valley

Community College  
Fitness Center  
18401 N. 32nd St.  
(602) 787-7270  
Amenities: E, SC

#### Phoenix College

Fitness Center  
1202 W. Thomas Rd.  
(602) 285-7296  
Amenities: E, SC

#### South Mountain YMCA

222 E. Olympic Dr.  
(602) 276-4246  
Amenities: E, P, SC

#### The Club for Women

Fitness Center  
4030 E. Thunderbird Rd.  
Ste. F  
(602) 482-4348  
Amenities: E, P, W

#### The Family Life Center

North Phoenix Baptist  
Church 5757 N.  
Central Ave.  
(602) 707-5903  
Amenities: E, S, SC

#### The Salvation Army Phoenix South Mountain Kroc Center

1375 E. Broadway Rd.  
(602) 425-5000  
Amenities: E, P, W, SC

### Phoenix (cont.)

#### Virginia G. Piper Sports & Fitness Center for Persons with Disabilities

5031 E. Washington St.  
(602) 386-4566  
Amenities: E, P\*, W, SC

#### Youfit

6135 N. 35th Ave.  
(602) 733-6720  
Amenities: E

#### Youfit

1515 E. Bethany Home Rd., Ste. 150  
(602) 732-3001  
Amenities: E

### Prescott

#### Curves

1040 Whipple St.  
#220/201  
(928) 777-8480  
Amenities: E

### Prescott Valley

#### Curves

3050 N. Navajo Dr.  
Ste. 101  
(928) 775-5750  
Amenities: E

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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool

## Participating Locations (cont.)

### Queen Creek

#### Snap Fitness

21258 E. Rittenhouse  
(480) 987-1255  
Amenities: E

#### Anytime Fitness

287 E. Hunt Hwy.  
Ste. 101  
(480) 888-9332  
Amenities: E  
Call before first visit.

### Copper Basin YMCA

28300 N. Main St.  
(480) 882-2242  
Amenities: E, P, W, SC

### Rio Rico

#### Fit by Fitness Express

389 Avenida  
Coatimundi Ave.  
(520) 281-8370  
Amenities: E, P\*, SC

### Scottsdale

#### 24 Hour Fitness - North Scottsdale Active

14150 N. 100th St.  
(480) 614-2420  
Amenities: E

#### 24 Hour Fitness - Scottsdale Sport

13220 N. Scottsdale Rd.  
(480) 951-8883  
Amenities: E, S, P, W, SC

### Scottsdale (cont.)

#### Curves

9832 N. Hayden Rd. #200  
(480) 368-7223  
Amenities: E

#### Curves

8900 E. Pinnacle Peak Rd.  
Ste. C4  
(480) 214-3655  
Amenities: E

### Desert Foothills

#### Family YMCA

34250 N. 60th St.  
Bldg. C  
(480) 596-9622  
Amenities: E, P, SC

#### Fitness Experience

10155 E. Via Linda  
(480) 451-7650  
Amenities: E, S, SC

### Scottsdale Community

#### College Fitness Center

9000 E. Chaparral Rd.  
(480) 423-6604  
Amenities: E, SC

### Scottsdale/Paradise

#### Valley YMCA

6869 E. Shea Blvd.  
(480) 951-9622  
Amenities: E, P, SC

### Scottsdale (cont.)

#### Youfit - Hancock

4827 E. Greenway Rd.  
(888) 968-3481  
Amenities: E

#### Youfit

2845 N. Scottsdale Rd.  
(888) 968-3481  
Amenities: E

### Sedona

#### Curves

1890 W. State Rte. 89A  
Ste. C  
(928) 282-0035  
Amenities: E

### Sierra Vista

#### Buena Health

**Fitness Center**  
255 W. Wilcox Dr.  
(520) 378-2461  
Amenities: E, SC

#### Cochise Health & Racquet Club

4225 Avenida Cochise  
(520) 458-7075  
Amenities: E, S, P\*, W, SC

#### Curves

49 N. Coronado Dr.  
Ste. B  
(520) 458-4773  
Amenities: E

### Sun Lakes

#### Ironoaks Fitness and Tennis Center

24210 S. Oakwood Blvd.  
(480) 802-6853  
Amenities: E, S, P, W, SC

### Surprise

#### Curves - Surprise/Sun City West

14291 W. Grand Ave.  
Ste. D-110B  
(623) 875-2575  
Amenities: E

#### Desired Physiques Fitness Center

14763 W. Cactus Rd.  
Ste. 112  
(623) 444-7388  
Amenities: E, SC

#### Fitness One

16630 W. Greenway Rd.  
Ste. 307  
(623) 594-4887  
Amenities: E, SC

### Tempe

#### 24 Hour Fitness - Tempe Sport

2145 E. Baseline Rd.  
(480) 831-2200  
Amenities: E, S, P, W, SC

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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool



## Participating Locations (cont.)

### Tempe (cont.)

#### Curves

1700 E. Elliot Rd., Ste. 6  
(480) 456-5120

Amenities: E

#### Tempe Northside Multi-Generational Center

1555 N. Bridalwreath St.  
(480) 858-6500

Amenities: E, SC

#### Tempe YMCA

7070 S. Rural Rd.  
(480) 730-0240

Amenities: E, P, W, SC

### Tolleson

#### Youfit - West Valley

9897 W. McDowell Rd.  
(888) 968-3481

Amenities: E

### Tubac

#### Crista's Total Fitness

26 Tubac Rd. # D  
(520) 398-1500

Amenities: E

### Tucson

#### Anytime Fitness

7475 W. Twin Peaks Rd.  
Ste. 103-109

(520) 579-6615

Amenities: E

Call before first visit.

### Tucson (cont.)

#### Anytime Fitness

8868 E. Tanque Verde Rd.  
(520) 760-1200

Amenities: E

Call before first visit.

#### Anytime Fitness

4784 E. Sunrise Dr.  
(520) 425-7364

Amenities: E

Call before first visit.

#### Anytime Fitness

7937 N. Oracle Rd.  
(520) 622-2514

Amenities: E

Call before first visit.

#### Arizona Power Yoga

8567 N. Silverbell Rd.  
Ste. 225

(520) 572-7697

Amenities: SC

#### CHUZE Fitness - 22nd & Kolb

7145 E. 22nd St.  
(520) 207-3517

Amenities: E, SC

#### CHUZE Fitness - Grant & Swan

4730 E. Grant Rd.  
(520) 325-9465

Amenities: E, SC

### Tucson (cont.)

#### CHUZE Fitness -

#### Tucson Mall

4329 N. Oracle Rd.  
(520) 888-0818

Amenities: E, SC

#### Curves - Tanque Verde

8969 E. Tanque Verde Rd.  
Ste. 103

(520) 749-7401

Amenities: E

#### Curves - Tucson Estates

5975 W. Western Way  
Cir., #117

(520) 578-3763

Amenities: E

#### Curves

150 S. Houghton Rd.  
#140

(520) 751-4242

Amenities: E

#### Curves

2752 N. Campbell Ave.  
(520) 326-1251

Amenities: E

#### Curves - Oracle Hills

2040 W. Orange Grove  
Blvd.

(520) 531-9181

Amenities: E

### Tucson (cont.)

#### Curves - Rita Ranch

9136 E. Valencia, Ste. 130  
(520) 664-0400

Amenities: E

#### Curves

6970 E. 22nd St., Ste. 106  
(520) 514-8700

Amenities: E

#### Desert Sports & Fitness

2480 N. Pantano Rd.  
(520) 722-6300

Amenities: E, S, P, W, SC

#### Desert Sports & Fitness

3672 S. 16th Ave.  
(520) 791-7799

Amenities: E, SC

#### Desert Sports & Fitness

9725 N. Thornydale  
(520) 219-4891

Amenities: E, SC

#### Desert Sports & Fitness Express

3030 W. Valencia Rd.  
#272

(520) 908-3319

Amenities: E, SC

#### FIT at the River

2404 E. River Rd., Bldg. 1  
(520) 690-9299

Amenities: E

Lists are updated regularly.  
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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool

## Participating Locations (cont.)

### Tucson (cont.)

#### Jacob's City YMCA

1010 W. Lind St.

(520) 888-7716

Amenities: SC

#### La Mariposa Fitness and Sports

1501 N. Houghton Rd.

(520) 749-1099

Amenities: E, S, P, W, SC

#### Ladies Workout Express

2480 N. Silverbell Rd.

Ste. 100

(520) 903-2500

Amenities: E

#### Lighthouse/City YMCA

2900 N. Columbus Blvd.

(520) 795-9725

Amenities: E, P, W, SC

#### Lohse Family YMCA

60 W. Alameda St.

(520) 623-5200

Amenities: E, S, P, W, SC

#### Mid-Valley Athletic Club

140 S. Tucson Blvd.

(520) 792-3654

Amenities: E, S, P, W, SC

#### Mulcahy YMCA at

#### Kino Community Center

2805 E. Ajo Way

(520) 294-1449

Amenities: E, P, SC

### Tucson (cont.)

#### Ott Family YMCA

401 S. Prudence

(520) 885-2317

Amenities: E, P, W, SC

#### Platinum Fitness

5851 E. Speedway Blvd.

(520) 751-0303

Amenities: E, S, P, W, SC

#### Platinum Fitness

7315 N. Oracle Rd.

(520) 297-8000

Amenities: E, S, P, W, SC

#### Snap Fitness

8832 E. Broadway Blvd.

(520) 546-1114

Amenities: E

#### Snap Fitness

7545 S. Houghton Rd.

Ste. 3

(520) 572-8788

Amenities: E

#### Snap Fitness

5095 N. La Canada Blvd.

(520) 293-1584

Amenities: E

#### Snap Fitness

8567 N. Silverbell

(520) 395-2210

Amenities: E

### Tucson (cont.)

#### Tucson Jewish

#### Community Center

3800 E. River Rd.

(520) 299-3000

Amenities: E, S, P, W, SC

#### Tucson Racquet and Fitness Club

4001 N. Country Club

Rd.

(520) 795-6960

Amenities: E, S, P, W, SC

#### Zona Fitness

8160 S. Houghton Rd.

Ste. 110

(520) 663-3788

Amenities: E, SC

### Wickenburg

#### Wickenburg Community Hospital Fitness Center

520 Rose Ln.

(928) 668-1847

Amenities: E, SC

### Williams

#### Results Tan & Fitness Center

106 N. 4th St.

(928) 635-4848

Amenities: E

### Yuma

#### Curves - Fortuna Foothills

11274 S. Fortuna Rd.

Ste. B5-6

(928) 345-1726

Amenities: E

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### Amenities Legend

E	Exercise Equipment	W	Whirlpool
S	Steam/Sauna	SC	SilverSneakers Classes
P	Pool	*	Seasonal Pool

