

# **Clinical Policy: Amlodipine/Atorvastatin (Caduet)**

Reference Number: CP.CPA.237

Effective Date: 11.16.16 Last Review Date: 11.17

Line of Business: Medicaid – Medi-Cal Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

#### **Description**

Amlodipine/atorvastatin (Caduet®) is a combination of amlodipine, a calcium channel blocker, and atorvastatin, a HMG CoA-reductase inhibitor.

### FDA approved indication

Caduet is indicated in patients for whom treatment with both amlodipine and atorvastatin is appropriate.

Amlodipine is indicated for the treatment of:

- Treatment of hypertension, to lower blood pressure
- Coronary Artery Disease (CAD)
  - o Symptomatic treatment of chronic stable angina
  - o Treatment of confirmed or suspected vasospastic angina (Prinzmetal`s or Variant Angina)
  - o Angiographically documented CAD
    - To reduce the risk for hospitalization for angina and coronary revascularization procedure in patients with recently documented CAD by angiography and without heart failure or an ejection fraction <40%,

#### Atorvastatin is indicated for:

- Prevention of Cardiovascular Disease:
  - O Reduce the risk of myocardial infarction, reduce the risk of stroke, and reduce the risk for revascularization procedures and angina in adult patients without clinically evident coronary heart disease, but with multiple risk factors for coronary heart disease such as age, smoking, hypertension, low high-density lipoprotein cholesterol (HDL-C), or a family history of early coronary heart disease
  - o Reduce the risk of myocardial infarction and reduce the risk of stroke in patients with type 2 diabetes, and without clinically evident coronary heart disease, but with multiple risk factors for coronary heart disease such as retinopathy, albuminuria, smoking, or hypertension.
  - o Reduce the risk of non-fatal myocardial infarction, reduce the risk of fatal and non-fatal stroke, reduce the risk for revascularization procedures, reduce the risk of hospitalization for congestive heart failure (CHF), and reduce the risk of angina in patients with clinically evident coronary heart disease
- Hyperlipidemia
  - o Heterozygous Familial and Nonfamilial Hypercholesterolemia:

# CLINICAL POLICY

# Amlodipine/Atorvastatin



- As an adjunct to diet to reduce elevated total-cholesterol (C), low-density lipoprotein cholesterol (LDL-C), apolipoprotein B (apo B), and triglyceride (TG) levels and to increase HDL-C in patients with primary hypercholesterolemia (heterozygous familial and nonfamilial) and mixed dyslipidemia (Fredrickson types IIa and IIb)
- o Elevated Serum TG (triglyceride) levels:
  - As an adjunct to diet for the treatment of patients with elevated serum TG levels (Fredrickson type IV)
- o Primary Dysbetalipoproteinemia:
  - Treatment of patients with primary dysbetalipoproteinemia (Fredrickson type III) who do not respond adequately to diet
- o Homozygous Familial Hypercholesterolemia:
  - Reduce total-C and LDL-C in patients with homozygous familial hypercholesterolemia as an adjunct to other lipid-lowering treatments (e.g., LDL apheresis) or if such treatments are unavailable
- o Pediatric Patients:
  - As an adjunct to diet to reduce total-C, LDL-C, and apo B levels in boys and postmenarchal girls, 10 to 17 years of age, with heterozygous familial hypercholesterolemia if after an adequate trial of diet therapy the following findings are present:
    - LDL-C remains ≥190 mg/dL or
    - LDL-C remains ≥160 mg/dL and:
      - There is a positive family history of premature cardiovascular disease or
      - Two or more other cardiovascular disease (CVD) risk factors are present in the pediatric patients

Limitation of use: Atorvastatin has not been studied in conditions where the major lipoprotein abnormality is elevation of chylomicrons (Fredrickson Types I and V).

#### Policy/Criteria

Provider <u>must</u> submit documentation (which may include office chart notes and lab results) supporting that member has met all approval criteria

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that Caduet is **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

- A. All FDA-Approved Indications (must meet all):
  - 1. Diagnosis of one of the following:
    - a. Hypertension;
    - b. Chronic stable angina;
    - c. Confirmed or suspected vasospastic angina (Prinzmetal's or Variant Angina);
    - d. Coronary artery disease documented by angiography and without heart failure or an ejection fraction <40%
  - 2. Diagnosis of hyperlipidemia or one of the diagnoses for which atorvastatin is FDA approved;



- 3. Medical justification by physician for not using separate agents: atorvastatin and amlodipine;
- 4. Failure to achieve National Cholesterol Education Program (NCEP) goals, unless contraindicated or clinically significant adverse effects are experienced, to one generic formulary statin (lovastatin, pravastatin, simvastatin, atorvastatin) followed by Vytorin® or Crestor®.
- 5. Dose does not exceed 80 mg/day of atorvastatin.

**Approval duration: Length of Benefit** 

#### **B.** Other diagnoses/indications

1. Refer to CP.PMN.53 if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized)

## **II. Continued Therapy**

### A. All FDA-Approved Indications (must meet all):

- 1. Currently receiving medication via a health plan affiliated with Centene Corporation or member has previously met initial approval criteria;
- 2. Member is responding positively to therapy;
- 3. If request is for a dose increase, new dose does not exceed 80 mg/day of atorvastatin.

### **Approval duration: Length of Benefit**

#### **B.** Other diagnoses/indications (must meet 1 or 2):

- 1. Currently receiving medication via a health plan affiliated with Centene Corporation and documentation supports positive response to therapy.
  - Approval duration: Duration of request or 12 months (whichever is less); or
- 2. Refer to CP.PMN.53 if diagnosis is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized)

#### III. Diagnoses/Indications for which coverage is NOT authorized:

**A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off-label use policy – CP.PMN.53 or evidence of coverage documents

#### IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

NCEP: National Cholesterol Education Program

LDL: Low-density Lipoprotein Cholesterol

CVD: Cardiovascular Disease CHF: Congestive Heart Failure CAD: Coronary Artery Disease

Appendix B: General Information - N/A

Appendix C: Therapeutic Alternatives



Drug	Dosing Regimen	Dose Limit/ Maximum Dose
atorvastatin (Lipitor®)	10 - 80 mg PO QD	80 mg daily
amlodipine (Norvasc®)	2.5 - 10 mg PO QD	10 mg daily
lovastatin (Mevacor®)	10-80 mg PO QD or BID	80 mg daily
pravastatin	10 – 80 mg PO QD	80 mg daily
(Pravachol®)	_	
simvastatin (Zocor®)*	5 - 40 mg PO QD (Coverage of the 80	80 mg daily
	mg strength requires PA)	
ezetimibe/simvastatin	10/10 mg - 10/80 mg PO QD	10/80 mg daily
(Vytorin <sup>®</sup> *)	(Coverage of the 10/80 mg strength	
	requires PA)	
Rosuvastatin	5 - 40 mg/day PO QD	40 mg daily
(Crestor®*)		

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

### V. Dosage and Administration

Drug Name	<b>Dosing Regimen</b>	Maximum Dose
Amlodipine/atorvastatin (Caduet)	2.5/10 mg PO QD	Adult: 10/80mg PO QD
	Pediatric Dosing (age 10 -	
	17 years):	Pediatric: 5/20mg PO
	2.5/10 mg PO QD	QD

#### VI. Product Availability

Tablet: 2.5/10, 2.5/20, 2.5/40, 5/10, 5/20, 5/40, 5/80, 10/10, 10/20, 10/40, 10/80 mg

#### VII. References

- 1. Caduet [Prescribing Information] New York, NY:Pfizer;March 2015.
- 2. Lipitor [Prescribing Information] New York, NY: Pfizer; March 2015.
- 3. Norvasc [Prescribing Information] New York, NY: Pfizer; March 2015.
- 4. Micromedex® Healthcare Series [Internet database]. Greenwood Village, CO: Thompson Healthcare. Updated periodically. Accessed January 14, 2016
- 5. Caduet. American Hospital Formulary Service Drug Information. Available at: http://www.medicinescomplete.com/mc/ahfs/current/. Accessed January 14, 2016.
- 6. Clinical Pharmacology Web Site. Available at <a href="http://clinicalpharmacology-ip.com/">http://clinicalpharmacology-ip.com/</a>. Accessed January 14, 2016.

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Converted to new template. Minor changes to verbiage and grammar. References updated.	06.14.17	11.17

#### **Important Reminder**

<sup>\*</sup> Requires Prior Authorization



This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

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**Note: For Medicaid members**, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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