



2009
HEALTH NET
MEDICARE PROGRAMS

*Decision
PowerSM*

HEALTHY DISCOUNTS

At Health Net, we believe good health is more than the absence of illness. Our Decision Power Healthy Discounts program rewards you for being a member and supports your good health.

The products and services described below are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Health Net grievance process.

COMPLEMENTARY HEALTH CARE

Acupuncture, Chiropractic, Massage and Nutrition Counseling

Save on acupuncture, chiropractic, nutrition counseling and massage therapy services. Receive 50 percent off the provider's usual and customary fees for an initial visit and 30 percent off the usual and customary fees for subsequent visits. For a listing of contracted providers, visit www.healthnet.com.

EMERGENCY MEDICAL INFORMATION SERVICE

MedicAlert®

Health Net members can now receive a substantial first-year and annual savings when they subscribe to MedicAlert. In the event of an emergency, first responders worldwide will know to call MedicAlert to retrieve important personal health information. For persons with existing medical conditions, this greatly reduces the chance of medical errors, allergic reactions and medication interactions. With the family notification, your loved ones will be contacted so you are not alone in a time of a crisis. Unlimited updates and a complete printout of your health history are also available. Health Net members pay \$25 for an annual membership (savings of 35%) or \$65 for a 3-year membership (a 25% savings). Bracelets are available in many styles and are not included in this offer.

FITNESS APPAREL

Reebok, Rockport and Greg Norman

Health Net members can receive 15% off name-brand products at Greg Norman, Reebok and Rockport outlet and retail stores. To redeem the discount a coupon must be presented at checkout. Log on to www.reebokoutlet.com/healthnetmembers and print a coupon to secure your discount and find locations. The discount coupon cannot be used with any other coupon, group offer, member discount or Foot Search program. The discount coupon cannot be used for online purchases. For more information go to www.healthnet.com.

FITNESS CLUB DISCOUNT

ChooseHealthy™

With ChooseHealthy, Health Net members will receive either a minimum 10% discount off the initiation and/or monthly dues, or the best available public rate based on the type of membership selected. Rates vary according to the size, location, facility and programs offered. All clubs meet industry-specific clinical and safety standards.

Members are eligible for an unlimited number of one-week introductory certificates free of charge (certificates may not be combined at the same club). Members can try out several contracted fitness clubs to find the right club.

WEIGHT MANAGEMENT

Weight Watchers®

Health Net has joined forces with Weight Watchers to bring you special savings on the following three weight loss solutions:

1. **Weight Watchers Local Meeting vouchers¹** - Prepaid savings plan that offers the flexibility of attending Weight Watchers meetings in your community when and where it suits you best.
2. **Weight Watchers At Home kit¹** - Gives you information and resources by mail to follow our plan step-by-step at home.
3. **Weight Watchers Online subscription** - Includes interactive tools and resources such as a weight tracker, progress charts, restaurant guides, recipes and meal ideas.

Note: You must be a Health Net member to access all three solutions.

Jenny Craig®

Free 30 day trial membership of Jenny Craig's weight loss services including a weekly consult, 50% off On-Track Gold Program (six months) or Platinum Program (one year). Excludes the cost of food.

For additional details about Weight Watchers and Jenny Craig discounts, please visit www.healthnet.com.

EYE CARE

EyeMed Vision Care

Discounts on eye exams, frames and lenses at more than 20,000 locations including JCPenney Optical, LensCrafters, Target Optical and most Sears Optical and Pearle Vision locations.

- \$10 off contact lens exam and \$5 off routine eye exam
- 15% off retail price for conventional contact lenses
- 35% off retail price of any available frame at provider location²
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses¹
- 15% discount on retail Laser Vision Correction or 5% off the promotional price.

HEARING AIDS AND SCREENINGS

Beltone™ Hearing Centers

Health Net members and their immediate family members (grandparents, parents, spouse and children) receive a free hearing screening, a 25% retail discount off the purchase price of any Beltone hearing aids and a free second year warranty at participating Beltone hearing centers.

¹Available in participating areas only.

²The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% off the retail price.

Newport Audiology Centers

Newport Audiology Centers provides a free hearing exam for Medicare-eligible members (There is a \$30 charge for non-Medicare eligible members between the ages of 10-64) and a 30% discount on Newport's standard prices for hearing aids. Plus, members who purchase a hearing device receive at no charge a 2-year warranty (including loss and damage coverage), 1-year of batteries (up to 48 cells) per aid purchased, unlimited counseling follow-up visits and more.

HEMECARE

AccentCare In-Home Care Services

AccentCare provides thoughtful solutions for living at home. You can receive a free initial consultation by telephone, a 10% discount on their first month's services and a free copy of *What Everyone Needs to Know About Homecare*.

HEALTH PRODUCTS AND ONLINE RESOURCES

ChooseHealthy™

ChooseHealthy offers discounts on a broad selection of industry-leading, quality health improvement products, with free shipping on most items. Choose from popular health books, DVDs, vitamins and supplements, nutrition, skin care, yoga and other products. You'll also find a library full of health articles and information, including dietary supplement and interaction guides.

Yoga Journal Subscription and DVDs

Health Net members can be guided to more healthful living by subscribing to Yoga Journal for just \$14 for nine issues, plus receive Yoga Remedies as a free gift. This is a great savings of 69% off the cover price. Health Net members also receive 15% off Yoga Journal DVDs and VHS.

Safe Beginnings Program

Members can save 15%³ on Safe Beginnings products. Choose from the largest selection of safety gates, cabinet locks, outlet covers, window guards, fire escape ladders, carbon monoxide detectors and first aid items. Specialty baby and toddler items such as a one-of-a-kind folding car seat, a European feeding chair and an infant-safe playmat are also offered.

For questions about Decision Power Healthy Discounts, prospective members should call Health Net at 1-800-935-6565/ TTY 800-929-9955 8am to 8pm, 7 days a week.

If you are already a Health Net member, please call 1-800-275-4737/TTY 800-929-9955 8am to 8pm, 7 days a week.

Current as of 7/1/08. All programs are subject to change.

This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.

Decision Power Healthy Discounts offers discounts on health products and reduced-fee health services. Well Rewards is not part of your Health Net benefit program and is not intended to take the place of any covered benefits and is offered to the member in addition to, rather than instead of, covered benefits. It is made available to specified Health Net members free of charge as part of Health Net's Wellness Program.

³Any exclusions that apply are noted along with the product information. Not valid in conjunction with any other discount or promotion. Not valid on prior purchases. Safe Beginnings is a registered trademark of Safe Beginnings, Inc.

Decision Power Heathy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions or complaints regarding the Well Rewards program should be directed to Health Net's Member Services Department. Questions or complaints regarding a Well Rewards provider should be directed to that provider.

Weight Watchers is the registered trademark of Decision Power Heathy Discounts International, Inc. and is used under license. ChooseHealthy is a trademark of American Specialty Health Incorporated.

Price and availability: Discounts for Well Rewards products are based on the providers' regular retail prices. Discounts on Decision Power Heathy Discounts services are based on the providers' usual charges. Provider's prices and charges are subject to change without notice. All discounted products and services are subject to availability. Some restrictions may apply.

Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Decision Power Heathy Discounts program and assumes no liability for such.

Health Net of California, Inc and Health Net Life Insurance Company are Medicare Advantage Organizations, with separate Medicare contracts. Anyone entitled to Medicare Part A and enrolled in Part B may apply. You must pay your Medicare Parts A and B premiums. Medicare beneficiaries can only enroll in these plans during certain times of the year. Plan benefits and cost sharing may vary by plan, county, and region. Limitations, restrictions, copayments and coinsurances may apply.

