

HEALTH NET WELL REWARDS

MEMBER DISCOUNTS

At Health Net, we believe good health is more than the absence of illness. Our Well Rewards program rewards you for being a member and supports your good health! Health Net members can log on to healthnet.com and click on *Wellsite > Member Discounts* to learn more about these discounts and how to access them.

COMPLEMENTARY HEALTH CARE

Acupuncture, Chiropractic, Massage and Nutrition Counseling

Up to 25% off acupuncture, chiropractic, nutrition counseling and massage therapy services. For a listing of contracted providers, visit www.choosehealthy.com or call American Specialty Health Networks (ASH Networks) at 1-877-335-2746. Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card.

EMERGENCY MEDICAL SERVICE INFORMATION

MedicAlert®

Health Net members can now receive a substantial first-year and annual savings when you subscribe to MedicAlert. In the event of an emergency, first responders worldwide will know to call MedicAlert to retrieve important personal health information. For persons with existing medical conditions, this greatly reduces the chance of medical errors, allergic reactions and medication interactions. With the family notification, your loved ones will be contacted so you are not alone in a time of a crisis. Unlimited updates and a complete printout of your health history are also available. Health Net members pay \$25 for an annual membership (savings of 35%) or \$65 for a 3-year membership (a 25% savings). For more information or to enroll, call 1-800-432-5378, M-F, 6 a.m. to 7 p.m. PST or Saturday, 8 a.m. to 5 p.m. PST. Members can log on to healthnet.com and click on *Wellsite > Member Discounts* for more information. Bracelets are available in many styles and are not included in this offer.

EYE EXAMS AND EYEWEAR

A variety of savings and hundreds of providers are offered through the following vision plans:

EyeMasters Vision

Annual routine eye exams are provided at a 20% discount. Contact lenses are offered at a 20% discount for traditional lenses, 10% on disposable contact lenses and 20% on contact lens fit and follow-up. Members can receive a 15% discount on prepackaged collections of frames and lenses (priced as one) or a 35% discount on select frames. If you have questions regarding this discount plan, simply dial 1-800-340-0129 or visit www.ecca.com to find the location nearest you.

EyeMed Vision Care

Discounts on eye exams, frames and lenses at more than 20,000 locations including JCPenney Optical, LensCrafters, Target Optical and most Sears Optical and Pearle Vision locations.

- \$10 off contact lens exam and \$5 off routine eye exam
- 15% off retail price for conventional contact lenses
- 35% off retail price of any available frame at provider location*
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses*
- 15% discount on retail Laser Vision Correction or 5% off the promotional price.

For locations, contact EyeMed at 1-866-559-5252, M-Sat., 5 a.m. to 8 p.m. PST or Sunday, 8 a.m. to 5 p.m. PST. Or go to www.eyemedvisioncare.com to find a convenient location. Visit www.eyemedvisioncare.com > *Members > Login/Register* and select "H" under the Discount Plan Members to view Health Net discount program information (plan 9235003). Bring the group number and your Health Net ID card to an authorized provider to redeem the discount.

*The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% off the retail price.

CHILDREN'S FITNESS

My Gym

Physical fitness is vital to the health of youngsters. My Gym (*Entrepreneur Magazine's* #1 Children's Fitness Program, 2005-06) combines state-of-the-art facilities and innovative and carefully structured, non-competitive programs to help your child develop physically while building their confidence and self-esteem.

Parent participation and independent classes as well as fantastic birthday party packages are offered. Health Net members receive 50% off Lifetime Membership (up to \$25 value) and one free guest class. Present Health Net ID to secure this discount. Members can visit www.mygym.com to locate a convenient My Gym.

Sports4Kids.com

Members can obtain a discount on sports uniforms, tandem bikes, skateboards, golf clubs, soccer balls and more.

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Receive 10% off a wide selection of fitness apparel and equipment designed for kids, youth and adults — even jogging strollers to stay active with your kids. To view and order products, go to www.sports4kids.com or call 1-800-864-0880. When ordering, mention or write “HNS4” to obtain the discount. The discount will not be valid with other coupons, discounts and/or free shipping.

FITNESS CLUB DISCOUNTS

ASH Networks Fitness Club Network

With the ASH Networks Fitness Club/Exercise Network, Health Net members will receive either a minimum 10% discount off the initiation and/or monthly dues, or the best available public rate based on the type of membership selected. Rates vary according to the size, location, facility and programs offered. All clubs meet industry-specific clinical and safety standards.

Members are eligible for an unlimited number of one-week introductory certificates free of charge (certificates may not be combined at the same club). Members can try out several contracted fitness clubs to find the right club. To search for a fitness club in your area, refer to the listing within this brochure, or log on to healthnet.com > *Wellsite* > *Member Discounts* and print out a one-week introductory certificate. You can also call 1-877-335-2746 for more information.

FITNESS EQUIPMENT AND APPAREL

Reebok, Greg Norman and Rockport

Health Net members can receive 15% off name-brand products at Greg Norman, Reebok and Rockport outlet and retail stores. To redeem the discount a coupon must be presented at checkout. Log on to www.reebokoutlet.com/healthnetmembers and print a coupon to secure your discount and find locations. The discount coupon cannot be used with any other coupon, group offer, member discount or Foot Search program. The discount coupon cannot be used for online purchases. For more information go to healthnet.com > *Wellsite* > *Member Discounts*.

HEALTH PRODUCTS AND ONLINE RESOURCES

ChooseHealthy™

ChooseHealthy offers discounts on a broad selection of industry-leading, quality health improvement products, with free shipping on most items. Choose from popular health books, DVDs, vitamins and supplements, nutrition, skin care, yoga and other products. You'll also find a library full of health articles and information, including dietary supplement and interaction guides. Visit www.choosehealthy.com or call 1-888-289-4325 for a product catalog.

Yoga Journal Subscription and DVDs

Health Net members can be guided to more healthful living by subscribing to *Yoga Journal* for just \$14 for nine issues, plus receive *Yoga Remedies* as a free gift. This is a great savings of 69% off the cover price. To subscribe at the Health Net rate, log on to healthnet.com > *Wellsite* > *Member Discounts* or call 1-800-873-8807. Health Net members also receive 15% off *Yoga Journal* DVDs and VHS.

HEARING EVALUATIONS AND AIDS

Arizona HearCare Network

Health Net members receive a diagnostic audiological hearing evaluation for \$25 and a 30% discount for standard hearing aids or a 15% discount for digital or programmable hearing aids. Also, members receive a free hearing aid evaluation and a 15% discount on hearing aid repairs. For a listing of providers, call 1-800-532-3331 or visit www.arizonahearcare.com.

Newport Audiology Centers

Health Net members age 10 to 64 receive a complete hearing evaluation for \$30 and a 30% discount on Newport's standard prices for hearing aids. Plus, members who purchase a hearing device receive at no charge a 2-year warranty (including loss and damage coverage), 1-year of batteries (up to 48 cells) per aid purchased, unlimited counseling follow-up visits and more. For more information, call 1-800-675-5485 (M-F, 6:30 a.m. to 5 p.m.) or visit www.newaud.com/healthnet.

Beltone™ Hearing Centers

Health Net members and their immediate family members (grandparents, parents, spouse and children) receive a free hearing screening, a 25% retail discount off the purchase price of any Beltone hearing aids and a free second year warranty at participating Beltone hearing centers. For more information, call 1-800-BELTONE (1-800-235-8663) or go to www.beltone.com.

HOME ASSISTANCE

Home Instead Senior Care

Health Net members receive a discount of up to 10% off hourly rates. Home Instead Senior Care offers a non-medical service designed for people capable of managing their physical needs, but requiring assistance to remain independent in their own homes. For more information, call 480-827-4343 (East Valley), 602-265-8228 (Greater Phoenix), 623-583-5868 (Greater West Valley) or log on to www.homeinstead.com.

LASIK OR PRK SURGERY

Barnet Dulaney Perkins Eye Center

Members receive a 15% discount on billed charges for LASIK surgery with VISX and Wavelight laser. Call 1-800-966-7000 or visit www.goodeyes.com for more information or a listing of providers.

EyeMed Vision Care

Members receive a 15% discount on retail Laser Vision Correction or 5% off the promotional price. You can access your discount by calling 1-866-559-5252.

TLC Laser Eye Centers

Receive a complimentary evaluation for LASIK candidates and comprehensive pre-surgical testing. Candidates also save 10% off usual and customary procedure fees or 5% off promotional pricing. For more information, go to www.tlcvision.com.

TruVision™

Laser Vision Correction (LASIK) as low as \$895 per eye. Health Net members can save 10% off usual and customary pricing and 5% off promotional pricing. Also, members can take advantage of up to a 50% discount on contact lenses. To order, call 1-877-929-2020 (M-F, 6 a.m. to 6 p.m.) or visit www.truvision.com.

PREGNANCY & CHILDBIRTH

Pregnancy MattersSM

Pregnancy Matters is free to all expectant mothers who are Health Net members and have pharmacy benefits. The program encourages members to seek medical care early to help ensure healthy outcomes for both mother and baby. Also available is a prenatal coupon good for no copay on "Preferred Generic" prenatal vitamins and childbirth education reimbursement. Members can call 1-800-888-8403 for program details.

Gentle Air Maternity Beds

Expectant mothers can now sleep comfortably and enjoy the health benefits of the Gentle Air Maternity AirBed at \$25 off the purchase or rental of the bed or frame for Health Net members. Call 1-800-492-8424 or go to www.gentleair.com for more information.

Safe Beginnings Program

Members can save 20%* on Safe Beginnings products. Choose from the largest selection of safety gates, cabinet locks, outlet covers, window guards, fire escape ladders, carbon monoxide detectors and first aid items. Specialty baby and toddler items such as a one-of-a-kind folding car seat, a European feeding chair and an infant-safe playmat are also offered. To order, visit www.safebeginnings.com or call 1-800-598-8911 and be sure to mention you are a Health Net member or Code: HNW.

*Any exclusions that apply are noted along with the product information. Not valid in conjunction with any other discount or promotion. Not valid on prior purchases. Safe Beginnings is a registered trademark of Safe Beginnings, Inc.

SLEEP IMPROVEMENT

Sleep America

Since a good night's sleep impacts overall good health, Health Net members can receive a 10% discount on all mattress purchases through Sleep America at 25 locations statewide. This discount is not valid at the Clearance Center, with certificates, on previous purchases or combined with other discounts. Call 1-888-94-SLEEP for more information or go to www.sleepamerica.com for a store near you.

WEIGHT MANAGEMENT

Weight Watchers®

Health Net has joined forces with Weight Watchers to bring you special savings on long-term weight-loss solutions. Discounts on Weight Watchers meeting vouchers vary depending on the location of the meeting in Arizona. If you are located in the Phoenix area, please call 1-800-651-6000 for more information. All other Arizona residents may contact Weight Watchers at 1-800-710-4663 to learn about discounts for your area. The discounts cannot be combined with other discounts or offers and can be used in traditional

meetings only. Not all Weight Watchers locations offer a discount to Health Net members. Check with your local Weight Watchers location to verify discount offerings.

Weight Watchers At Home kit*

The At Home kit provides information and resources by mail to follow our plan step-by-step in the comfort and convenience of your own home. The 26-week kit includes weight-loss tools and bonus products at a special value price of \$124.90, which includes shipping and handling. Call 1-866-896-2655 to learn more or to order your kit today.

*Available in participating areas only.

Weight Watchers Online subscription

With an Online subscription you can follow Weight Watchers step-by-step online, with access to interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas. The Weight Watchers Online Subscription special value price is:

- 12-month subscription: \$166.70 (A savings of \$50.85)
- 3-month subscription: \$55.00 (A savings of \$10)

Please note: You must be a Health Net member or Associate to access both the At Home kit and Online subscription. When calling to order please have your Member or Associate ID card available. For more information, call 1-866-896-2655 or log on to www.weightwatchers.com/cs/healthnet/index.aspx.

Weight Watchers is the registered trademark of Weight Watchers International, Inc. and is used under license.

Jenny Craig®

Join Jenny Craig and receive a free 30-Day Program*, 50% off the 6-Month Program* or 20% off Jenny Rewards 1-Year Program*. Together with one-on-one support, Jenny Craig will design a personalized, comprehensive program that fits your lifestyle. Log on to healthnet.com > *Wellsite* > *Member Discounts* to print your discount coupon. Members can call 1-800-96-JENNY for information about Jenny Direct, the at-home program, or to find their nearest Jenny Craig Centre.

*Plus the cost of food and shipping when applicable. Discounts apply to membership fee only. Offer good at participating Centres and Jenny Direct in the United States, Canada and Puerto Rico.



Health Net®
A Better Decision

In Arizona, benefits are insured and/or administered by Health Net of Arizona, Inc. for HMO plans and Health Net Life Insurance Company for Indemnity plans and life insurance coverage. The Health Net of Arizona, Inc. service area includes all Arizona counties. Well Rewards is not part of the Health Net medical benefit plans or affiliated with our provider network. It is an added resource Health Net makes available to Health Net enrollees. It may be revised or withdrawn without notice. ChooseHealthy™ is a trademark of American Specialty Health Incorporated.

AZ44943-1 (5/08) 6016471

Health Net members can receive special low membership rates at the following fitness clubs. Just show your Health Net ID card at the time you join to receive your discount. Please contact the fitness club you are interested in for exact discounts and membership fees.*

| CITY | CLUB NAME | ADDRESS | PHONE |
|------------------------|-------------------------------|--------------------------------|--------------|
| Apache Junction | Curves | 10633 E Apache Tri Ste A101 | 480/380-0822 |
| | Saguaro Family Fitness Center | 305 N Plaza Dr | 480/982-7794 |
| Arizona City | Curves | 13350 S Sunland Gin Rd # A2 | 520/466-6660 |
| | Tri Valley Fitness | 10601 W Battaglia Rd | 520/466-5277 |
| Avondale | Jazzercise | 10825 W Garden Lakes Pkwy | 623/932-2232 |
| Benson | Curves | 688 W 4th St Ste B | 520/586-2477 |
| Buckeye | Curves | 1480 S Watson Rd Ste D-101 | 623/386-3507 |
| Bullhead City | Contours Express | 2250 Hwy 95 Ste 396 | 928/763-5885 |
| | Curves | 1751 Hwy 95 Ste 183 | 928/704-4191 |
| | Laguna Health Club | 967 Hancock Rd Ste 65 | 928/704-4610 |
| | Mad Dog Fitness | 2350 Miracle Mile Dr Ste 370 | 928/704-7717 |
| Camp Verde | Curves | 564 S Main St | 928/567-3851 |
| Carefree | Curves | 25 Easy St | 480/437-1088 |
| Casa Grande | Circuit Werx Health & Fitness | 422 N Florence St | 526/421-2318 |
| | Curves | 302 E Cottonwood Ln | 520/423-2458 |
| | Snap Fitness Casa Grande | 973 E Cottonwood Ln | 520/423-0123 |
| Cave Creek | Curves | 29850 N Tatum Blvd Ste 115 | 480/473-0123 |
| | Snap Fitness Cave Creek | 4705 E Carefree Hwy Ste 131 | 480/710-7893 |
| Chandler | Apollo's Gym & Dance Studio | 3002 N Arizona Ave Ste 10-11 | 480/836-5883 |
| | Curves | 1949 W Ray Rd Ste 27 | 480/786-3909 |
| | Curves | 2860 S Alma School Rd Ste 32 | 480/917-5700 |
| | Curves | 4960 S Gilbert Rd Ste 2 | 480/883-2300 |
| | Curves | 6245 W Chandler Blvd Ste 5 | 480/753-5503 |
| | Jazzercise | 670 N Arizona Ave | 480/205-9148 |
| | Mountainside Fitness | 1920 S Alma School Rd | 480/732-9777 |
| | Pure Fitness | 3029 E Alma School Rd | 480/456-6400 |
| Chino Valley | Curves | 734 S Hwy 89 | 928/636-7466 |
| Coolidge | Curves | 903 N Arizona Blvd Ste A & B | 520/723-1001 |
| Cottonwood | Cottonwood Curves | 1405 E Hwy 89A | 928/639-0039 |
| Dewey | Victory Fitness | 12075 E Hwy 69 Ste D | 928/772-6864 |
| Douglas | Curves | 1346 N San Antonio Ave Unit L | 520/364-2226 |
| El Mirage | Curves | 12550 W Thunderbird Rd Ste 112 | 623/977-9446 |
| Flagstaff | Curves | 1401 S Plaza Way | 928/774-6130 |
| | Curves | 2581 E 7th Ave | 928/214-6135 |
| | Jazzercise | 2412 N 3rd St | 928/526-6567 |
| | Jazzercise | 417 W Santa Fe Ave | 928/774-7999 |
| | Peaks Weightlifting Club Inc | 1819 N Center St | 928/774-5438 |
| | Summit Health and Fitness | 1301 W University Ave | 928/774-3476 |
| Florence | Curves | 230-A N Main St | 520/868-0035 |
| Fort Mohave | Curves | 5225 S Highway 95 Ste 10 | 928/788-3808 |
| Fountain Hills | Curves | 16730 E Palisades Blvd Ste 4 | 480/837-8688 |
| | Jazzercise | 16737 E Parkview Ave | 480/661-3948 |
| | Peaks Fitness | 13212 Saguaro Blvd | 480/816-3348 |
| | Snap Fitness Fountain Hills | 13525 N Fountain Hills Blvd | 602/540-8422 |
| Gilbert | Curves | 1534 E Ray Rd Ste 118 | 480/917-0020 |
| | Curves | 1543 W Elliot Rd Ste 102 | 480/558-1070 |
| | Curves | 3317 S Higley Rd Ste 109 | 480/988-2449 |
| | Mountainside Fitness | 725 W Warner Rd | 480/814-8675 |
| | Premier Pilates | 425 W Guadalupe Rd Ste 118 | 480/777-1061 |

| CITY | CLUB NAME | ADDRESS | PHONE |
|-------------------------|---|---|--------------|
| Gilbert (cont.) | Snap Fitness Gilbert | 743 S Lindsay Rd | 480/539-0114 |
| Glendale | Contours Express | 5826 W Olive Ave Ste 102 | 623/937-2900 |
| | Contours Express of Glendale | 5930 W Greenway Rd Ste 16 | 602/866-8585 |
| | Curves | 23425 N 39th Dr Ste 105 | 623/869-8840 |
| | Curves | 5044 W Cactus Rd Ste B | 602/863-3601 |
| | Curves | 5102 W Northern Ave Ste 2 | 623/931-5071 |
| | Curves | 6020 W Bell Rd Ste E102 | 602/863-4886 |
| | Curves | 8345 W Glendale Ave | 623/877-8840 |
| | Curves | 6635 W Happy Valley Rd Ste A105 | 623/376-6977 |
| | Fitness One | 3515 W Union Hills Dr Ste 110 | 602/504-3988 |
| Jazzercise | 21000 N 75th Ave | 623/322-9806 | |
| Globe | Curves | 190 N Willow St | 928/425-0077 |
| Gold Canyon | Curves | 5301 S Superstition Mountain Dr # A-102 | 480/982-0333 |
| Goodyear | Curves | 1400 N Litchfield Rd Ste F2 | 623/925-9850 |
| | Powerhouse Gym | 255 N Litchfield Rd | 623/882-3700 |
| | TJ's Fun & Fitness | 14555 W Indian School Rd Ste 400 B | 623/935-9223 |
| Green Valley | Body Start Health & Fitness | 1660 W Commerce Point Pl | 520/399-3405 |
| | Curves | 101 S La Canada Dr Ste 67 | 520/625-0630 |
| Kingman | Curves | 3531 N Moore St Ste 1 | 928/692-0011 |
| | Jazzercise | 1719 E Beverly Ave | 928/757-2101 |
| | Kingman Fitness & Racquetball Club | 1950 Kino Ave | 928/757-1111 |
| Lake Havasu City | Curves | 2126 McCulloch Blvd N Ste 1 | 928/854-9293 |
| Lakeside | Jazzercise | 1360 N Niels Hansen Ln | 520/369-1640 |
| Laveen | Curves | 5030 W Baseline Rd Ste 135 | 602/237-1878 |
| Litchfield Park | Contours Express | 5115 N Dysart Rd Ste 206 | 602/980-3814 |
| | Curves | 14044 W Camelback Rd # 118 | 623/536-9339 |
| Maricopa | Curves | 20928 N John Wayne Pkwy Ste C3 | 520/568-0202 |
| Mesa | Contours Express | 2706 E University St Ste 4 | 480/827-0523 |
| | Curves | 1337 S Gilbert Rd Ste 105-A | 480/892-2618 |
| | Curves | 1919 E McKellips Rd Ste B1 | 480/844-2900 |
| | Curves | 6017 E McKellips Rd Ste 111 | 480/218-9500 |
| | Curves | 7133 E Main St | 480/325-4964 |
| | Curves | 7641 E Guadalupe Rd Ste B-103 | 480/969-5856 |
| | Curves | 832 W Baseline Rd Ste 12 | 480/838-2151 |
| | Goldens Family Fitness | 3005 S Coyote Canyon | 480/497-9989 |
| | Golden's Family Fitness Center | 931 S Gilbert Rd | 480/497-9989 |
| | Gold's Gym | 1046 S Country Club | 480/833-0099 |
| | Gold's Gym | 2156 E Baseline Rd | 480/497-8686 |
| | Jazzercise | 4450 E McLellan Rd | 480/644-0704 |
| | Jazzercise | 7440 E Main St | 480/641-7377 |
| | Mountainside Fitness | 1253 N Greenfield Rd | 480/889-1865 |
| | MOVE! Creative Health & Fitness Solutions | 2222 S Dobson Rd Ste 900 | 480/345-6683 |
| | Slim and Tone | 5057 E McKellips Rd Ste 104 | 480/218-7546 |
| | Slim and Tone | 9911 E Baseline Rd Ste 101 | 480/380-3562 |
| Snap Fitness Mesa | 2025 S Alma School Rd | 602/315-0781 | |

| CITY | CLUB NAME | ADDRESS | PHONE |
|------------------------|-----------------------------------|----------------------------------|--------------|
| Nogales | Curves | 479 W Mariposa Rd | 520/281-0992 |
| | Jazzercise | 1138 N Bankerd Ave | 520/761-8343 |
| Oracle | Northwest YMCA | 34434 S Y Camp Rd | 520/884-0987 |
| Oro Valley | Curves | 10355 N La Canada Dr | 520/544-8510 |
| | Jazzercise | 11143 N La Canada Dr | 520/349-4335 |
| | Jazzercise | 1565 E Rancho Vistoso Blvd | 520/906-8872 |
| | Lady of America | 12142 N Rancho Vistoso | 520/297-5239 |
| Page | Curves | 608 Elm St | 928/608-6040 |
| Paradise Valley | Jazzercise | 4455 E Lincoln Dr | 602/840-5013 |
| Parker | Curves | 1014 W 11th St | 928/669-9400 |
| Payson | Club USA | 113 W Main St Ste B | 928/474-2582 |
| | Curves | 242 E Hwy 260 | 928/474-9797 |
| | Payson Athletic Club | 400 E Hwy 260 Ste F | 928/474-0916 |
| Peoria | Curves | 20470 N Lake Pleasant Rd Ste 103 | 623/561-1122 |
| | Curves | 7420 W Cactus Rd Ste B1 | 623/979-7703 |
| | Curves | 8987 W Olive Ave Ste 130 | 623/773-2227 |
| | Gold's Gym | 8440 W Thunderbird Rd | 623/334-4653 |
| | Inches-A-Weigh | 7545 W Bell Rd | 623/979-1100 |
| | Ladies Workout Express | 8960 W Bell Rd Ste A 105 | 623/875-1718 |
| | Snap Fitness Peoria | 18969 N 83rd Ave | 623/376-7627 |
| | Castle Sports Club | 11420 N 19th Ave | 602/331-2582 |
| Phoenix | Central Park Square Athletic Club | 2020 N Central Ave Ste L100 | 602/252-0092 |
| | Contours Express | 1635 E Baseline Rd Ste 107 | 602/323-0970 |
| | Contours Express | 4819 N 83rd Ave | 623/247-1025 |
| | Curves | 10201 N 35th Ave Ste 1-E | 602/439-1950 |
| | Curves | 1227 E Northern Ave | 602/861-1500 |
| | Curves | 15410 S Mountain Pkwy Ste 101 | 480/759-4340 |
| | Curves | 15440 N 7th St Ste 6 | 602/993-4333 |
| | Curves | 18635 N 35th Ave | 623/582-5153 |
| | Curves | 2201 N 83rd Ave Ste 108 | 623/247-3400 |
| | Curves | 2313 E Bell Rd | 602/765-3730 |
| | Curves | 2632 S 83rd Ave Ste 106 | 623/936-5746 |
| | Curves | 3031 E Indian School Rd | 602/956-1010 |
| | Curves | 3101 E Cactus Rd Ste A-1 | 602/404-2064 |
| | Curves | 3636 N Central Ave Ste 160 | 602/222-4383 |
| | Curves | 4139 W Bell Rd Ste 2 | 602/789-7000 |
| | Curves | 4539 E Thomas Rd Ste 105 | 602/808-0034 |
| | Curves | 602 W Union Hills Dr Ste 5 | 623/869-7003 |
| | Curves | 5555 N 7th St Ste 136 | 602/274-4383 |
| | Fitness West | 6850 W Indian School Rd | 623/846-6884 |
| | Foothills Athletic Club | 3830 E Ray Rd | 480/704-8670 |
| | Gold Key Racquet Club | 12826 N 3rd St | 602/993-1900 |
| | Gold's Gym | 5031 E Elliot Rd | 480/961-1000 |
| | Jazzercise | 12228 N Cave Creek Rd | 602/992-1552 |
| | Jazzercise | 3435 W Pinnacle Peak Rd | 602/942-5590 |
| | Jazzercise | 3559 W Northern Ave | 602/526-9438 |
| | Jazzercise | 5125 E Thomas Rd | 480/759-1199 |
| | Ladies Workout Express | 731 E Union Hills Dr Ste B-5 | 602/867-1905 |

| CITY | CLUB NAME | ADDRESS | PHONE | |
|------------------------------|--|---------------------------------------|----------------------------|--------------|
| Phoenix (cont.) | Lifestart Wellness Network | 2909 N Central Ste 300 | 602/266-2010 | |
| | North Phoenix Health Institute | 750 E Thunderbird Rd Ste 3 | 602/942-3276 | |
| | North Phoenix Health Institute | 750 E Thunderbird Rd Ste 4 | 602/942-3992 | |
| | Phantom Horse Athletic Club and Spa | 7777 S Pointe Pkwy | 602/431-6519 | |
| | Phoenix Women's Fitness and Speciale Spa | 8027 N Black Canyon Hwy Ste 401 | 602/242-7546 | |
| | Pure Fitness | 3202 E Greenway Rd | 602/482-6600 | |
| | Pure Fitness | 8047 N 35th Ave | 888/687-4584 | |
| | Pure Fitness | 4147 W Thunderbird Rd | 602/862-0003 | |
| | Renaissance Athletic Club | 2 N Central | 602/256-0844 | |
| | Sports Club at City Square | 4000 N Central Ave Ste 110 | 602/285-2929 | |
| | The Fitness Institute Camelback | 4343 E Camelback Rd Ste 150 | 602/522-8342 | |
| | Pinetop | Curves | 1450 E White Mountain Blvd | 928/367-5522 |
| | | Pinetop Fitness Zone | 857 E White Mountain Blvd | 928/367-1133 |
| Prescott | Prescott Racquet Club | 1 Kingswood Dr | 928/776-7150 | |
| | Freedom Fitness | 3600 Ranch Dr | 928/442-1300 | |
| | Snap Fitness Prescott | 2971 Willow Creek Rd | 928/443-1309 | |
| Prescott Valley | Curves | 8008 E Yavapai Rd Ste D | 928/775-5750 | |
| Queen Creek | Contours Express | 2510 E Hunt Hwy Ste 19 | 480/457-1900 | |
| | Curves | 23858 S Power Rd Ste 104 | 480/840-3000 | |
| Saddlebrooke | Jazzercise | 38759 S Mountain View Blvd | 520/349-4335 | |
| Safford | Curves | 1904 W Thatcher Blvd | 928/428-0211 | |
| Sahuarita | Jazzercise | 1300 W Sahuarita Rd | 520/744-6082 | |
| Saint Johns | Curves | 790 W Cleveland St | 928/337-3123 | |
| Scottsdale | Core Fitness | 7500 E Pinnacle Peak Ste A100 & A109 | 480/620-3000 | |
| | Curves | 10135 E Via Linda Ste C-113 | 480/391-1648 | |
| | Curves | 10405 E McDowell Mountain Ranch Rd #3 | 480/473-3473 | |
| | Curves | 15050 N Northsight Blvd Ste 103 | 480/905-8288 | |
| | Curves | 4408 N Miller Rd Ste 104 | 480/970-5541 | |
| | Curves | 9832 N Hayden Rd Ste 200 | 480/368-7223 | |
| | Edge Fitness | 7117 E Mercer Ln | 480/483-2898 | |
| | Fitness Experience | 10155 E Via Linda | 480/451-7650 | |
| | Gainey Village Health Club & Spa | 7477 E Doubletree Ranch Rd | 480/609-6979 | |
| | Gold's Gym | 14843 N Northsight Blvd | 480/661-1022 | |
| | Jazzercise | 20199 N 78th Pl | 480/575-6887 | |
| | Jazzercise | 6140 E Thunderbird Rd | 602/526-1025 | |
| | Jazzercise | 7525 E Grayhawk Dr | 480/575-6887 | |
| | Jazzercise | 7901 E Sweetwater Ave | 480/419-1188 | |
| | Mountainside Fitness | 11611 E Sahuaro Dr | 480/889-8889 | |
| | Mountainside Fitness | 9375 E Bell Rd | 480/502-2096 | |
| | Scottsdale Athletic Club | 8225 E Indian Bend Rd | 480/991-1571 | |
| | Slim and Tone | 2765 N Scottsdale Rd | 480/947-7546 | |
| | Snap Fitness Scottsdale | 4855 E Greenway Rd | 602/404-7098 | |
| Synergy Body Movement Studio | 4130 N Goldwater Blvd Ste 225 | 480/429-0076 | | |
| World Gym | 2950 N Hayden Rd | 480/945-6060 | | |

| CITY | CLUB NAME | ADDRESS | PHONE |
|----------------------|---|--------------------------------|--------------|
| Sedona | Curves | 2370 W 89-A | 928/282-0035 |
| | Jazzercise | 100 Arroyo Roble Rd | 928/282-1273 |
| | Jazzercise | 100 Racquet Rd | 928/282-1273 |
| | Village Fitness | 35 Bell Rock Plaza Ste B | 928/284-1605 |
| Show Low | Fit Chics Ladies Only Fitness Center | 801 E Deuce of Clubs Ste A | 928/537-6442 |
| | Ironworks Gym | 861 E Cooley St Ste B | 928/537-2930 |
| Sierra Vista | Buena Health Fitness Center | 4341 S State Hwy 92 | 520/378-2462 |
| | Curves | 714 E Wilcox Dr Ste C | 520/458-4773 |
| Snowflake | Curves | 815 N Main Street Ste B | 928/536-2201 |
| Springerville | Curves | 830 E Main St Unit 110 | 928/333-0479 |
| Sun City West | Jazzercise | 13800 W Deer Valley Dr | 623/584-5911 |
| Sun Lakes | Curves | 9666 E Riggs Rd Ste 145 | 480/895-1664 |
| Surprise | Curves | 12751 W Bell Rd Ste 11 | 623/875-2575 |
| | Healthnut Fitness & Spa for Her | 14991 W Bell Rd | 623/594-1833 |
| | Mountainside Fitness | 15455 W Bell Rd | 623/889-0374 |
| Tempe | Curves | 1006 E Warner Rd Ste 111 | 480/456-5120 |
| | Curves | 107 E Baseline Rd Ste 3 | 480/894-5120 |
| | Curves | 851 W University Dr | 480/921-1887 |
| | Jazzercise | 7070 S Rural Rd | 480/730-4523 |
| | Jazzercise | 931 E Elliot Rd | 480/503-0002 |
| | Moving Breath Pilates | 1801 S Jen Tilly Ln Ste C20 | 480/731-3101 |
| | Pure Fitness | 1090 E Baseline Rd | 480/505-6388 |
| | Pure Fitness | 1840 E Warner Rd | 480/456-6400 |
| | Sole Fitness | 1700 E Elliot Rd Ste 17 | 480/491-6799 |
| Tubac | Crista's Totally Fit Health & Wellness Center | 70 W El Burro Lane | 520/398-9940 |
| Tucson | Ariella II | 4767 E Camp Lowell Dr | 520/319-1922 |
| | Arizona Swim & Fitness | 1290 W Prince Rd | 520/408-2888 |
| | Arizona Swim & Fitness | 3346 S 6th Ave | 520/622-0001 |
| | Body Basic Health and Fitness | 7355 N Oracle Rd Ste 111 | 520/498-0359 |
| | Body Parts Health & Fitness | 6211 E 22nd St | 520/745-0060 |
| | Contours Express | 1197 W Irvington Rd Ste 119 | 520/573-3737 |
| | Curves | 15615 N Oracle Rd Ste 115 | 520/818-1001 |
| | Curves | 2040 W Orange Grove Rd | 520/531-9181 |
| | Curves | 2816 N Campbell Ave | 520/326-1251 |
| | Curves | 3191 E Valencia Rd Ste 107 | 520/884-4818 |
| | Curves | 3841 E Broadway Blvd | 520/320-9700 |
| | Curves | 4145 W Ina Rd Ste 151 | 520/572-0023 |
| | Curves | 4343 N Oracle Rd Ste D | 520/293-3303 |
| | Curves | 150 S Houghton Rd #140 | 520/751-4242 |
| | Curves | 5671 E Speedway Blvd | 520/546-4200 |
| | Curves | 5975 N Western Way Circle | 520/578-3763 |
| | Curves | 6330 N Campbell Ave Ste 120 | 520/232-0390 |
| | Curves | 6860 E Sunrise Dr | 520/299-2111 |
| | Curves | 6970 E 22nd St Ste 106 | 520/514-8700 |
| | Curves | 8250 W Cortaro Rd | 520/579-9353 |
| | Curves | 9136 E Valencia Rd Ste 130 | 520/664-0400 |
| | Curves | 9155 E Tanque Verde Rd Ste 127 | 520/749-7401 |

| CITY | CLUB NAME | ADDRESS | PHONE |
|-----------------------|--|----------------------------------|--------------|
| Tucson (cont.) | Curves | 918 W Irvington Rd Ste 100 | 520/294-2000 |
| | Desert Sports & Fitness | 2480 N Pantano Rd | 520/722-6300 |
| | Fast Fitness for Women | 15631 N Oracle Rd Ste 111 | 520/818-3481 |
| | Flex Gym | 3327 N 1st Ave | 520/623-0000 |
| | Gold's Gym | 110 S Church Ave | 520/623-6300 |
| | Gold's Gym | 5851 E Speedway | 520/751-0303 |
| | Gold's Gym | 7315 N Oracle | 520/297-8000 |
| | Jazzercise | 10355 E 29th St | 520/721-1479 |
| | Jazzercise | 4529 E Broadway Blvd | 520/721-7789 |
| | Jazzercise | 4955 N Sabino Canyon Rd | 520/577-2865 |
| | Jazzercise | 504 E Fort Lowell Rd | 520/743-3705 |
| | Jazzercise | 6906 N Camino Martin | 520/403-8893 |
| | Jazzercise | 8302 E Broadway Blvd | 520/885-9349 |
| | Ladies Workout Express | 2480 N Silverbell Rd Ste 100 | 520/903-2500 |
| | Ladies Workout Express | 3603 W Cortaro Farms Rd | 520/579-6711 |
| | Ladies Workout Express | 9190 N Coachline Blvd Ste 100 | 520/572-2423 |
| | Midvalley Athletic Club | 140 S Tucson Blvd | 520/792-3654 |
| | Northwest YMCA | 2900 N Columbus | 520/795-9725 |
| | Northwest YMCA | 401 S Prudence | 520/885-2317 |
| | Northwest YMCA | 5085 S Nogales Hwy | 520/294-1449 |
| | Northwest YMCA | 60 W Alameda | 520/623-5200 |
| | Northwest YMCA | 7770 N Shannon Rd | 520/229-9001 |
| | ProFitness Arizona | 7223 E Golf Links Rd | 520/290-3488 |
| | Red Monkey Studio | 6330 N Campbell Ave | 520/232-0534 |
| | Snap Fitness Tucson1 | 8816 E Broadway Blvd | 520/546-1114 |
| | Snap Fitness Tucson2 | 1970 W River Rd | 520/546-1114 |
| | Tucson Hilton El Conquistador Golf & Tennis Club | 10555 N La Canada | 520/544-1900 |
| X Sport Fitness | 4082 E 22nd St | 520/400-9573 | |
| Vail | Curves | 13190 E Colossal Cave Rd Ste 130 | 520/762-0225 |
| | Jazzercise | 1138 N Bankerd Ave | 520/761-8343 |
| Wickenburg | Curves | 628 W Wickenburg Way | 928/684-5400 |
| Winslow | Curves | 616 Lee St | 928/289-2255 |
| Yuma | Contours Express | 11274 S Fortuna Rd Ste B5 | 928/342-6366 |
| | Curves | 11411 S Fortuna Rd Ste 114 | 928/345-1726 |
| | Curves | 1701 S Avenue B Ste 111 | 928/819-6941 |
| | Snap Fitness Yuma | 1200 S Castle Dome Ave | 928/782-3939 |

*Information in this directory is subject to change without notice. Please contact the fitness club to confirm its participation in the ASH Networks and to verify exact discounts and membership fees.