

# *Health Net is the Healthy* **Choice Again** *in 2013*

*New Accountable Care Arrangement for San Francisco*



**Jesus Hao**  
Health Net

**Exclusively for University of California Health Net members**



Health Net is creating a seamless health care experience for our University of California members in San Francisco. We've formed an accountable care arrangement in collaboration with Hill Physicians Medical Group, UCSF Medical Center, St. Mary's Medical Center and Saint Francis Memorial Hospital.

It's not a new health plan or company. This accountable care arrangement is a better way for us to combine our collective strengths to improve patient care and contain costs.

Now you have some of the best known, quality health care experts working together for your health!

- Pharmacy counseling: Learn about generic drugs, find out about possible side effects and avoid potential interactions with other prescribed, over-the-counter and alternative medicines.
- Nutritional counseling: No-cost/low-cost counseling for members with certain dietary and nutrition-related conditions.
- Care transition, case management and overall support by specially trained nurses for patients with complex or chronic conditions.
- Online health library and health education resources for researching health conditions, medications and treatment options, plus decision-making resources to use in talking with your doctor.
- Massage, yoga and more. We support healthy living by giving you discounts on massage sessions with selected providers, yoga classes with selected instructors, and home delivery of organic produce via farmfreshyou.com.

## Your Connection to a Health Care Powerhouse

As a Health Net member in San Francisco, you're automatically eligible for all of these health-boosting advantages and conveniences:

- Access to Hill Physicians Medical Group of San Francisco, the largest network of independent doctors in the City. Through Hill Physicians SF, you have access to community-based providers as well as primary care doctors and specialists from UCSF.
- Online options for requesting an appointment or referral, refilling prescriptions, checking certain lab results, sending a secure message to your doctor, and getting answers to common questions.

**Pam White,  
Health Net**

*We help members  
make informed  
decisions.*

You can learn more  
about these services at  
**[www.HillPhysicians.com](http://www.HillPhysicians.com)**



# Your 2013 Choices for Health

You get all advantages of the accountable care arrangement and the best value with Health Net Blue & Gold HMO, which gives you premium savings. Your choices work like this:

<i>If your current plan is ...</i>	<i>... and your medical group is:</i>	<i>Then your choices are:</i>
Health Net Blue & Gold HMO	Hill Physicians Medical Group	<p>Keep everything the same. You don't have to do anything to:</p> <ul style="list-style-type: none"> <li>• Save with Health Net Blue &amp; Gold HMO.</li> <li>• Keep your same doctor and medical group.</li> <li>• Get the Accountable Care Arrangement.</li> </ul>
Health Net Blue & Gold HMO	Brown & Toland	<p><b>Option 1:</b> Save with Blue &amp; Gold HMO and get the Accountable Care Arrangement:</p> <ol style="list-style-type: none"> <li>1. Choose a Hill Physicians SF primary care doctor (PCP).</li> <li>2. Call Health Net by December 1 with the name of your new PCP.</li> </ol> <p><b>Option 2:</b> Stay with Brown &amp; Toland – Enroll in Health Net HMO.</p> <p>Note that you will not get the Accountable Care Arrangement, and you will pay more in monthly premiums than with Blue &amp; Gold HMO.</p>
Health Net HMO	Hill Physicians Medical Group	<p><b>Option 1:</b> Enroll in Health Net Blue &amp; Gold HMO during open enrollment to:</p> <ul style="list-style-type: none"> <li>• Pay less in monthly premiums.</li> <li>• Keep your same doctor and medical group.</li> <li>• Get the Accountable Care Arrangement.</li> </ul> <p><b>Option 2:</b> Keep Health Net HMO – No action is required to get keep your doctor and get the Accountable Care Arrangement.</p>
Health Net HMO	Brown & Toland	<p><b>Option 1:</b> Stay with Brown &amp; Toland – No action required.</p> <p>Note that you will not get the Accountable Care Arrangement, and you will continue to pay more in monthly premiums than with Blue &amp; Gold HMO.</p> <p><b>Option 2:</b> Save with Blue &amp; Gold HMO and get the Accountable Care Arrangement:</p> <ol style="list-style-type: none"> <li>1. Choose a Hill Physicians SF primary care doctor (PCP).</li> <li>2. Call Health Net by December 1 with the name of your new PCP.</li> </ol>



Enroll in Health Net Blue & Gold starting October 29 through November 20.  
<http://atyourservice.ucop.edu>

**Note:** In San Francisco, Brown & Toland Medical Group and California Pacific Medical Center (four campuses including St. Luke's) are not participating in the Blue & Gold network effective January 1, 2013.

# Want to Make a Change?

## *Choose a Hill Physicians Medical Group Doctor in San Francisco*

First, we recommend you call your current doctor to ask if he or she also participates with Hill Physicians in San Francisco. Some doctors participate with more than one medical group.

- If yes: You are all set to benefit from the San Francisco accountable care arrangement!
- If no: You can search online at [www.healthnet.com/uc](http://www.healthnet.com/uc) to see all the local Hill Physicians Medical Group doctors. Click on *ProviderSearch* to start.

You can also call Hill Physicians or Health Net for help in choosing a doctor:

- Hill Physicians Medical Group at 1-800-321-MORE (6673) between 8:00 a.m. and 5 p.m., Monday through Friday. Or see the online directory at [www.HillPhysicians.com/directory](http://www.HillPhysicians.com/directory).
- Health Net at 1-800-539-4072 between 8:00 a.m. and 6 p.m., Monday through Friday.

If you're just changing your doctor, not your Health Net plan, call to let us know the name of the Hill Physicians doctor you've chosen. We will update our records and then provide you with a new ID card for you to use to access services.

It's important to know that when you change medical groups, the specialists and hospitals available to you may also be different.

## *Change your Health Net plan*

You can enroll and/or make changes to your selected health plan during the University of California open enrollment period. For example, if you're with – or are changing to – Hill Physicians, you can also take advantage of the lower-cost Health Net Blue & Gold HMO. If you want to make a health plan change, go to <http://atyourservice.ucop.edu> between October 29 and November 20.

## *Get help for any care questions*

Transition of care services may apply to you if you are currently in treatment and will continue to be in treatment on January 1, 2013. Please call Health Net, so we can help you with transition of care.

We are standing by to answer any other questions you may have. Call us at 1-800-539-4072, Monday through Friday, from 8:00 a.m. to 6:00 p.m. To use our Telecommunication Device for the Deaf, please call 1-800-995-0852.

**Thank you for choosing  
Health Net.**

We're always here to help you make the most of your benefits to ensure your good health.

**Josefina Bravo,  
Health Net**

*We help members  
build healthy habits.*

