

Healthy Discounts

With Healthy Discounts, Health Net members get value-added discounts that help them save on lifestyle improvement services, products and more! Log in as a member at www.healthnet.com, click on *Wellness Center*, scroll down to Healthy Discounts, and select *View All Discounts* to learn more about these discounts and how to access them.

Please note that the items outlined below will be included only as they relate to your plan choice. Not all services are available in all plan areas, and hours of operation are subject to change.



Name/Contact information	Products/Services
Weight management	
<p>Weight Watchers®</p> <p>For more information, call 1-866-896-2655 (TTY: 711), Monday through Friday, 7:00 a.m. to 9:00 p.m., and Saturday, 7:00 a.m. to 4:00 p.m. Central time (CT), or visit http://healthnet.join.weightwatchers.com.</p> <p>Note: You must be a Health Net member to access both weight-loss solutions.</p>	<p>Weight Watchers® offers two weight-loss solutions:</p> <p>OnlinePlus – The Weight Watchers online digital weight-loss program includes:</p> <ul style="list-style-type: none"> • Personal food and fitness tracking from a mobile device or desktop computer. • 24/7 expert chat with the Weight Watchers coaching team. • Seamlessly sync your mobile device to your favorite activity tracker to track fitness on the go. • Weight Watchers Connect – a members-only social networking site. • Up to the first 6 months, eligible members qualify for a 50% discount (\$8.48 per month). <p>Meetings (includes OnlinePlus)¹ – Combines Weight Watchers meetings with all the benefits of OnlinePlus. Program includes:</p> <ul style="list-style-type: none"> • Unlimited access to local weekly meetings, led by trained leaders. • Confidential weigh-ins. • Digital and mobile tools to help members stay on track. • Up to the first 6 months, eligible members qualify for a 50% discount (\$19.11 per month).



Log in to www.healthnet.com and click on *Wellness Center > View All Discounts* to learn more about these discounts and how to access them.

(continued)



Name/Contact information	Products/Services
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Weight management (continued)

Jenny Craig®
 Log in to www.jennycraig.com/healthnet to complete the online form and print your special-offer coupon. Or call 1-877-536-6970 (TTY: 711), Monday through Thursday, 5:00 a.m. to 8:00 p.m., Friday, 5:00 a.m. to 7:00 p.m., Saturday, 7:30 a.m. to 4:00 p.m., and Sunday, 6:00 a.m. to 7:00 p.m. Pacific time (PT), and a representative will help you enroll. **Please note:** Call center hours may vary during the summer months.

Members are eligible to receive a free 3-month program plus \$50 in food savings or save 50% off our premium programs.²
 Offer includes:

- Unlimited consulting either in-center or via phone with your dedicated personal consultant.
- Full menu selection. Choose from over 100 menu items, including premium frozen items (food cost separate).
- Choose your food weekly, not monthly.
- No contract or cancellation penalties.
- Free and no-obligation consultation.

Let the representative know you're a Health Net member to receive your special offers.

Acupuncture, chiropractic, massage therapy



The ChooseHealthy® Program
 For a listing of participating providers, visit www.choosehealthy.com or call 1-877-335-2746 (TTY: 711), Monday through Friday, 5:00 a.m. to 6:00 p.m. PT and Saturday from 12:00 p.m. to 8:00 p.m. PT.
 Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card and pay the provider.

Acupuncture
 Through ChooseHealthy,³ you can receive discounts on the usual and customary fees from a contracted ASH Group acupuncturist.⁴

Chiropractic
 You can receive discounts on the usual and customary fees from a contracted ASH Group chiropractor. If you already have chiropractic benefits through your Health Net plan, you can always take advantage of Healthy Discounts chiropractic services after you reach your annual limit for services.⁴

Massage therapy
 You can receive discounts on the usual and customary fees from a contracted ASH Group massage therapist.⁴

Eye care



EyeMed Vision Care
 Contact EyeMed at 1-866-559-5252 (TTY: 711), Monday through Saturday, 5:00 a.m. to 8:00 p.m., and Sunday, 8:00 a.m. to 5:00 p.m. PT. (TTY hours: Monday through Friday, 5:00 a.m. to 5:00 p.m. PT.) Or go to www.eyemed.com to find a convenient location.
 Visit www.eyemedvisioncare.com/healthnet to view Health Net discount program information. Bring the group number and your Health Net ID card to a participating provider to receive the discount.

Receive discounts on eye exams, frames and lenses at more than 20,000 locations, including JCPenney Optical, Target Optical, Pearle Vision, LensCrafters, and most Sears Optical locations.

- \$5 off contact lens exam and \$5 off routine eye exam.
- Discount of 15% of retail price for conventional contact lenses.
- Discount of 35% of retail price for any available frame at a provider location.⁵
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses.⁵
- Discount of 15% on retail laser vision correction or 5% off the promotional price.

Name/Contact information	Products/Services						
Hearing aids and screenings							
<p>Hearing Care Solutions</p> <p>For more information and to make an appointment, call 1-866-344-7756, Monday through Friday, 5:00 a.m. to 5:00 p.m., PT or visit www.hearingcaresolutions.com</p>	<p>Health Net members and their families receive free hearing exams and discounts on hearing aids. All hearing aids include a 3-year comprehensive warranty (including loss and damage), 2-year supply of batteries (up to 128 cells), unlimited follow-up visits for one year, and a 60-day evaluation period.</p> <p>Discount prices are:</p> <table border="0"> <tr> <td>Level 1 – \$1,675</td> <td>Level 4 – \$675</td> </tr> <tr> <td>Level 2 – \$1,275</td> <td>Level 5 – \$500</td> </tr> <tr> <td>Level 3 – \$825</td> <td></td> </tr> </table>	Level 1 – \$1,675	Level 4 – \$675	Level 2 – \$1,275	Level 5 – \$500	Level 3 – \$825	
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NationsHearing Provider Centers							
<p>For more information, call 1-800-996-0234 (TTY: 711), Monday through Friday, 8:00 a.m. to 8:00 p.m. Eastern time (ET), or go to www.nationshearing.com.</p>	<p>NationsHearing discount program offers:</p> <ul style="list-style-type: none"> • Free hearing screenings. • Free three-year warranty, including three-year loss and damage coverage. • Free three-year supply of hearing aid batteries (144 cells per aid). • 60-day refund policy, including two-year hearing loss change protection. • Hearing aids starting at \$681 for Ally 3 and Enya 3. • Significant discounts (up to 50%) on many hearing aids. 						



¹Available in participating areas only.

²Valid for a 3-month trial membership. Cost of food (\$15–23/day); shipping not included. \$50 in food discounts to be used in \$10 increments for each minimum weekly food purchase of \$152. For eligible premium programs, get a 50% discount on enrollment fee, plus the costs of food (\$15–23/day) and shipping, if applicable. Active program enrollment required, which includes meeting with a consultant and adhering to the full Jenny Craig meal plan. Offer valid at participating centers and Jenny Craig Anywhere. Not valid at jennycraig.com. New members only. Not valid with any other offers or discounts. Restrictions apply.

³ChooseHealthy is a product of American Specialty Health Administrators, Inc., an affiliate of ASH Group and a subsidiary of American Specialty Health Incorporated.

⁴The “usual and customary” charge is preset for each procedure. This charge is determined by the complexity of the treatment and the fee most commonly charged for that procedure in a particular geographic area. This is the “maximum allowable” for any procedure, and the benefit will be calculated based on the provider’s submitted fee or the usual and customary amount – whichever is lower.

⁵The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% of the retail price.

All programs are subject to change. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions. Healthy Discounts offers discounts on health products and reduced-fee health services. Healthy Discounts is not part of your Health Net benefit program, is not intended to take the place of any covered benefits, and is offered to the member in addition to, rather than instead of, covered benefits. It is made available to specified Health Net members at no additional cost as part of Health Net's Wellness Program. Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions or complaints regarding the Healthy Discounts program should be directed to Health Net's Member Services. Questions or complaints regarding a Healthy Discounts provider should be directed to that provider. Price and availability: Discounts for Healthy Discounts products are based on the providers' regular retail prices. Discounts on Healthy Discounts services are based on the providers' usual charges. Providers' prices and charges are subject to change without notice.

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments and restrictions may apply. Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year.

The provider network may change at any time. You will receive notice when necessary.

All discounted products and services are subject to availability. Some restrictions may apply. Liability: Health Net makes no endorsements or warranties on any of the products or services offered through the Healthy Discounts program and assumes no liability for such.

Health Net has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Health Net of California, Inc. grievance process.