

Statin Use Measures

At Wellcare By Health Net (Health Net*), we value everything you do to deliver quality care to our members. We appreciate your commitment to their positive health care experience.



Quality measures

Below are two examples of Centers for Medicare & Medicaid Services (CMS) Star Ratings, which use statin therapy to evaluate health plans.

Quality measure	Description
Statin use in persons with diabetes (SUPD)	Percentage of members ages 40-75 years with at least two diabetes medications dispensed on unique dates of service who also received a statin medication fill during the year.
SUPD exclusions¹	Members enrolled in hospice or with a diagnosis of end-stage renal disease (ESRD), rhabdomyolysis, myopathy, pregnancy, lactating, fertility, cirrhosis, pre-diabetes, and/or polycystic ovary syndrome.
Statin therapy for members with cardiovascular disease (SPC)	Percentage of males ages 21-75 years and females ages 40-75 years who were identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and received at least one high- or moderate-intensity statin medication during the year.
SPC exclusions¹	Members enrolled in hospice or with a diagnosis of ESRD, rhabdomyolysis, myopathy, pregnancy, in vitro fertilization, and/or cirrhosis. Also, members 66 years old as of Dec. 31 of calendar year with two diagnoses of frailty and one diagnosis of advanced illness.



Action

For your convenience, we have listed high- and moderate-intensity statin medications.

High-intensity ¹	Moderate-intensity ¹
atorvastatin 40, 80 mg	lovastatin 40 mg simvastatin 20, 40 mg rosuvastatin 5, 10 mg
rosuvastatin 20, 40 mg	pravastatin 40, 80 mg atorvastatin 10, 20 mg

¹ Not an inclusive list.



Rationale

The rationale behind these recommendations is to promote primary and secondary prevention for atherosclerotic cardiovascular disease (ASCVD) in high-risk populations, such as members with diabetes.

American College of Cardiology (ACC)/American Heart Association (AHA) guidance on the management of blood cholesterol

Patient risk category	ACC/AHA recommendation
Members 40-75 years of age with diabetes and LDL-C \geq 70 mg/dL.	A moderate-intensity statin.
Members 40-75 years of age without diabetes with LDL-C \geq 70 mg/dL and ASCVD risk \geq 7.5%.	A moderate-intensity statin.
Members with severe hypercholesterolemia (LDL-C level \geq 190 mg/dL).	A high intensity statin.
Members with established clinical ASCVD.	A high intensity statin.

We recognize that you are best qualified to evaluate the potential risks versus benefits in choosing the most appropriate medications for members.

References

- Grundy SM, Stone NJ, Bailey AL, Beam C, Birtcher KK, Blumenthal RS, Braun LT, de Ferranti S, Faiella-Tommasino J, Forman DE, Goldberg R, Heidenreich PA, Hlatky MA, Jones DW, Lloyd-Jones D, Lopez-Pajares N, Ndumele CE, Orringer CE, Peralta CA, Saseen JJ, Smith SC Jr, Sperling L, Virani SS, Yeboah J.
- 2018 AHA/ACC/ AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA guideline on the management of blood cholesterol: a report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Circulation*. 2018;0:1-120. DOI: 10.1161/CIR.000000000

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