

# Colorectal Cancer Screening (COL)

## Tip Sheet

**Improve your COL HEDIS<sup>1</sup> rates by using this tip sheet for key details about the measure, codes and documentation guidelines.**

Early treatment can lead to a 90% survival rate after five years<sup>2</sup>. Colorectal cancer is the third most common cancer in men and women. It is also the second most common cause of cancer-related deaths in the U.S. Screening patients can greatly reduce the incidence and death rates of colorectal cancer. Only about 70% of adults ages 45–75 are reported as having received a colorectal screening test based on the 2020 Behavioral Risk Factor Surveillance System survey.

### Measure

Patients ages 45–75 who had appropriate screening for colorectal criteria anytime during the measurement year (MY) period January 1 through December 31<sup>2</sup>:

- The U.S. Preventive Services Task Force recommends screening for colorectal cancer in all adults ages 45 to 75 years. Potential screening methods include an annual guaiac-based fecal occult blood test (gFOBT),
- Annual fecal immunochemical test (FIT),
- Colonoscopy every 10 years.
- Computed tomography (CT) colonography every 5 years.
- Flexible sigmoidoscopy every 5 years or flexible sigmoidoscopy every 10 years, with FIT every year.
- FIT-DNA (multi-targeted stool DNA test – Cologuard<sup>®</sup>) every 3 years.

### Exclusions

Members who meet any of the following criteria are excluded from the measure:

- Members who use hospice services or elect to use a hospice benefit.
- Members who had colorectal cancer any time during the member's history through December 31 of the measurement year.
- Members who had a total colectomy.
- Members ages 66 and older with frailty and advanced illness (telephone visits, e-visits and virtual check-ins were added to the advanced illness exclusion).
- Patients in palliative care.

<sup>1</sup> HEDIS – Healthcare Effectiveness Data and Information Set. NCQA. HEDIS 2023 Technical Specifications for Health Plans, Volume 2, Washington, D.C., 2022.

<sup>2</sup> Refer to the National Committee for Quality Assurance (NCQA) website at [www.ncqa.org/hedis/measures/colorectal-cancer-screening](http://www.ncqa.org/hedis/measures/colorectal-cancer-screening).

## Medical record documentation and best practices

- Need date and type of colorectal cancer screening(s) performed. A result is not required if the documentation is clearly part of the “medical history” section of the medical record. If it is not clear, results or findings need to be provided to show screening was performed and not just ordered.
- Colonoscopy must be complete, or evidence must show that the scope advanced beyond splenic flexure to be considered compliant within the time frame. An incomplete colonoscopy or evidence that the scope advanced into the sigmoid colon can be considered compliant as a flexible sigmoidoscopy.
- Do not count a digital rectal exam (DRE) or FOBT test performed in an office setting or performed on a sample collected via DRE as evidence of colorectal cancer screening. Assess potential barriers to follow-up (e.g., need for family/caregiver support, transportation challenges, language barriers) and provide support and referrals as needed.
- Ensure patients obtain durable medical equipment, physical therapy, home health services, and community-based resources when needed.
- Reconcile medications on discharge instructions with those on the list of patients’ outpatient medications.
- Inform patients of their available care options including urgent, emergent and postoperative care. Provide phone numbers and addresses for patients.

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| Exclusion codes                                  |  |
|--|--|
| <b>Colorectal cancer</b>                         | HCPCS: G0213–G0215, G0231<br>ICD10CM: C18.0–C18.9, C19, C20, C21.2, C21.8, C78.5, Z85.038, Z85.048   |
| <b>Total colectomy</b>                           | CPT: 44150–44153, 44155–44158, 44210–44212<br>ICD10PCS: 0DTE7ZZ, 0DTE4ZZ, 0DTE7ZZ, 0DTE8ZZ   |
| <b>Hospice, deceased member, palliative care</b> | HCPCS: G9473, G9474, G9475, G9476, G9477, G9478, G9479, Q5003, Q5004, Q5005, Q5006, Q5007, Q5008, Q5010, S9126, T2042, T2043, T2044, T2045, T2046<br>CPT: 99377, 99378 |
| <b>Palliative care</b>                           | HCPCS: G9054, M1017  |

Advanced illness and frailty codes are too numerous to list. Please refer to the latest NCQA Quality Rating System (QRS) HEDIS Value Set Directory (VSD).

(continued)

| Medical record documentation and best practices   | COL codes                     |  |
|---|-------------------------------|--|
| <ul style="list-style-type: none"> <li>Educate patients on the importance of colorectal cancer screening. Discuss different screening options and make a recommendation based on patients' risks and preferences.</li> <li>Use standing orders and empower office staff to give FOBT or FIT kits to patients who need colorectal cancer screening or prepare referral for a colonoscopy.</li> <li>Implement a FLU-FOBT program to increase access to colorectal cancer screening by offering home tests to patients at the time of their flu shots.</li> </ul> <p>Note: Rates stratified by race and ethnicity.</p> | <b>FOBT</b>                   | CPT: 82270, 82274<br>HCPCS: G0328<br>LOINC: 12503-9 12504-7, 14563-1, 14564-9, 14565-6, 2335-8, 27396-1, 27401-9, 27925-7, 27926-5, 29771-3, 56490-6, 56491-4, 57905-2, 58453-2, 80372-6 |
|   | <b>Flexible sigmoidoscopy</b> | CPT: 45330-45335, 45337, 45338, 45340-45342, 45346, 45347, 45349, 45350<br>HCPCS: G0104  |
|   | <b>Colonoscopy</b>            | CPT: 44388-44394, 44401-44408, 45378-45382, 45384-45393, 45398<br>HCPCS: G0105, G0121  |
|   | <b>CT colonography</b>        | CPT: 74261-74263<br>LOINC: 60515-4, 72531-7, 79069-1, 79071-7, 79101-2, 82688-3  |
|   | <b>FIT-DNA</b>                | CPT: 81528<br>HCPCS: G0464<br>LOINC: 77353-1, 77354-9  |

## Questions?

Contact the Health Equity department for more details at [CQI\\_Medicare@healthnet.com](mailto:CQI_Medicare@healthnet.com).

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