

Authorization Guide for Sobering Centers

Sobering Centers are alternative destinations for individuals publicly intoxicated (due to alcohol and/or other drugs) who would otherwise be transported to the emergency department or jail.

Members must meet the following criteria to qualify for the Sobering Centers service:

Program overview	Required documentation
<ul style="list-style-type: none"> ● Provide members (primarily those who are homeless or in unstable living situations) with a safe, supportive environment to become sober. ● Provide services such as: medical triage, lab testing, a temporary bed, rehydration and food service, treatment for nausea, wound and dressing changes, shower and laundry facilities, substance use education and counseling, navigation and warm hand-offs for additional substance use services or other necessary health care services, and homeless care support services. 	<p>Providers are required to maintain documentation of eligibility and service requirements.</p> <p>Documentation does not need to be submitted, unless requested by the Plan.</p>
Service Requirements	
<ul style="list-style-type: none"> ● Direct coordination with behavioral health agency, and warm hand-offs for additional behavioral health services. ● Screening and linkage to supportive services such as mental health, substance use disorder treatment and housing options. ● Partnership with law enforcement, emergency personnel, and outreach teams to identify and divert individuals to Sobering Centers. ● Utilize best practices for members experiencing homelessness and who have complex health and/or behavioral health. 	
Eligibility	
<ul style="list-style-type: none"> ● Individuals aged 18 and older who are intoxicated and: <ul style="list-style-type: none"> ○ Conscious ○ Cooperative ○ Able to walk ○ Nonviolent ○ Free from any medical distress ○ Have no apparent underlying symptoms ● Members who would be transported to the emergency department or a jail. ● Members who present to an emergency department and are appropriate for a Sobering Center. 	
Authorization	
<p>Prior authorization is not required for this service.</p> <p>This service is covered for a duration of up to 24 hours.</p>	

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Restrictions	State services to be avoided:
<ul style="list-style-type: none"> Member is participating in a duplicative state funded sobering program. 	<p>Examples of services to be avoided include but are not limited to: inpatient and outpatient hospital services, emergency department services and emergency transportation services.</p>
Codes	
<p>H0014 U6 Alcohol and/or drug services; ambulatory detoxification.</p>	
Total lifetime maximum	
<p>N/A</p>	
Eligible providers:	
<p>Providers must have experience and expertise with providing these unique services.¹</p>	

¹Examples of possible providers: Sobering Centers, or other appropriate and allowable substance use disorder facilities.