

Authorization Guide for Day Habilitation Programs

Day Habilitation Programs assist the member in acquiring, retaining, and improving self-help, socialization and adaptive skills necessary to successfully reside in the person’s natural environment. Services are provided in the member’s home or in an out-of-home, non-facility setting.

Program overview

Member training on (among others):

- Members who are at risk of hospitalization or are post-hospitalization, and
- Using public transportation.
- Personal skills development in conflict resolution.
- Community participation.
- Developing and maintaining interpersonal relationships.
- Daily living skills (cooking, cleaning, shopping, money management).
- Awareness of community resources, such as police, fire, and local services, to support independence in the community.

Member assistance with (among others):

- Selecting and moving into a home.¹
- Locating and choosing suitable housemates.
- Locating household furnishings.
- Settling disputes with landlords.²
- Managing personal financial affairs.
- Recruiting, screening, hiring, training, supervising, and dismissing personal attendants.
- Dealing with and responding to governmental agencies and personnel.
- Asserting civil and statutory rights through self-advocacy.
- Building and maintaining interpersonal relationships, including a circle of support.
- Coordination with managed care plan to link the member to any Community Supports (CS) or Enhanced Care Management (ECM).
- Referral to non-CS housing resources if the member does not meet Housing Transition/Navigation Services CS eligibility criteria.
- Income and benefits advocacy including general assistance/general relief and supplemental security income (SSI) if the member is not receiving these services through CS or ECM.
- Coordination with managed care plan to link the member to health care, mental health services, and substance use disorder services based on the member’s individual needs.

Required documentation

Initial assessment of needs

¹Refer to the Housing Transition/Navigation Services CS.

²Refer to the Housing Tenancy and Sustaining Services CS.

Eligibility	
<ul style="list-style-type: none"> • Members who are at risk of hospitalization or are post-hospitalization, and • Individuals who live alone with no formal supports; or • Individuals who face housing insecurity or have housing that would jeopardize their health and safety without modification. 	
Authorization	
<p>Initial authorization varies based on needs. The authorization must be used within 90 days.</p> <p>Reauthorization: If service extension is needed, collaboration between Member and Provider is necessary to determine need.</p> <p>The services are available for as long as necessary.</p>	
Restrictions	State services to be avoided
Member must not be participating in duplicative state, local, or federally funded programs.	Examples include inpatient and outpatient hospital services, emergency department services, and skilled nursing facility services.
Codes	
T2020 U6	
Total lifetime maximum	
Services are available for as long as necessary. Services can be provided continuously or through intermittent meetings, in an individual or group setting.	
Unit of service	
Per Diem	
Eligible providers	
Providers must have experience and expertise with providing day habilitation services in a culturally and linguistically appropriate manner. Provider must use best practices in rendering services. ⁱ	

ⁱExamples of provider mental health or substance use disorder treatment providers, including county behavioral health agencies • licensed psychologists • licensed certified social workers • registered nurses • home health agencies • professional fiduciary • vocational skills agencies.