





# Postpartum Care



Learn how to improve your Healthcare Effectiveness Data and Information Set (HEDIS®) rates.

<p><b>Measure</b></p> 	<p>The percentage of deliveries that had a postpartum visit on or between 7 and 84 days after delivery.</p> <p>Timing of the measurement year: The deliveries on or between October 8 of the year prior to the measurement year and October 7 of the measurement year.</p>
<p><b>Scheduling – access to care</b></p> 	<p>Make sure patients are scheduled for postpartum visits:</p> <ul style="list-style-type: none"> <li>• During one of the last prenatal care visits.</li> <li>• Prior to discharge from the hospital after delivery.</li> </ul> <p>Offer flexible appointment times. Telehealth visits will count for postpartum care.</p>
<p><b>Best practices</b></p> 	<p>Talk about the importance of postpartum care with patients during prenatal care visits.</p> <ul style="list-style-type: none"> <li>• Ask patients about cultural considerations, such as quarantines after childbirth.</li> <li>• Send frequent appointment reminders by telephone or text messaging.</li> <li>• Visit the American College of Obstetricians and Gynecologists (ACOG) website at <a href="http://www.acog.org">www.acog.org</a>. Enter Postpartum Toolkit in the Search bar for more about best practices.</li> </ul>
<p><b>Documentation</b></p> 	<p>Enter the date of the postpartum visit in the patient’s chart, and document one of the following:</p> <ul style="list-style-type: none"> <li>• Pelvic exam.</li> <li>• Evaluation of weight, blood pressure, breasts, and abdomen – note can include breastfeeding for the evaluation of breasts.</li> <li>• Notation of postpartum care, such as postpartum care, PP care, PP check, or 6-week check.</li> <li>• A preprinted postpartum care form filled out during the visit.</li> <li>• Perineal or cesarean incision/wound check.</li> <li>• Screening for depression, anxiety, tobacco use, substance use disorder, or pre-existing behavioral health disorders.</li> <li>• Glucose screening for women with gestational diabetes.</li> <li>• Notes on topics about:             <ul style="list-style-type: none"> <li>– Infant care or breastfeeding.</li> <li>– Waiting period for intercourse, birth spacing or family planning.</li> <li>– Sleep/fatigue.</li> <li>– When to start physical activity and reaching a healthy weight.</li> </ul> </li> </ul>



(continued)

## Billing

**Postpartum care** – Any of the following meet the criteria for postpartum care:

- Bundled service – Provide dates for postpartum visits. Bundled service codes are used on the date of delivery, not on the date of the postpartum visit. These codes may be used only if the claim form indicates when postpartum care was given.
- Postpartum visit.
- Cervical cytology.

**National Provider Identifier (NPI)** – The individual NPI must be used. Do not use the clinic NPI.

## Coding

The table below lists the appropriate codes to use when billing postpartum claims.

Services	Codes <sup>1</sup>			
	CPT	CPT Cat II	HCPCS	ICD-10 diagnosis <sup>2</sup>
Postpartum bundles	59400, 59410, 59510, 59515, 59610, 59614, 59618, 59622		H1005	
Postpartum visits	57170, 58300, 59430, 99501	0503F	G0101	Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2
Cervical cytology	88141–88143, 88147, 88148, 88150–88154, 88164–88167, 88174, 88175			

<sup>1</sup>Use a CPT, CPT II or HCPCS code.

<sup>2</sup>ICD-10 – Due to numerous code options, all have not been documented. Refer to the current American Academy of Professional Coders (AAPC) ICD-10 code book.