



Health Net®

## List of Investigational Procedures

**Initial Date: August 2004**

**Revised: January 2020**

**This list is subject to the terms in the  
IMPORTANT NOTICE  
at the end of this document**

### Disclaimer

This list is subject to member evidence of coverage guidelines. For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions on this list, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this list. For Medicare members, to ensure consistency with the Medicare National Coverage Determinations (NCD) and Local Coverage Determinations (LCD), all applicable NCDs, LCDs and Medicare Coverage Articles should be reviewed prior to using this list. Refer to the CMS website at <https://www.cms.gov/> for additional information.

### Definition

Health Net considers as Experimental or Investigational if it meets any of the following:

- It is currently the subject of active and credible evaluation (e.g., clinical trials or research) to determine:
  - clinical efficacy,
  - therapeutic value or beneficial effects on health outcomes, or
  - benefits beyond any established medical based alternative.
- It is the subject of an active and credible evaluation and does not have final clearance from applicable governmental regulatory bodies (such as the US Food and Drug Administration "FDA") and unrestricted market approval for use in the treatment of a specified medical condition or the condition for which authorization of the Service is requested.
- The most recent peer-reviewed scientific studies published or accepted for publication by nationally recognized medical journals do not conclude, or are inconclusive in finding, that the Service is safe and effective for the treatment if the condition for which authorization of the Service is requested.

**A**

Acoustic heart sound recording, computer analysis and interpretation

Acoustic rhinometry

Active Specific Immunotherapy with Therapeutic Melanoma Vaccines

Aerosolized Anti-infective Treatment for Sinusitis (AdhesENT)

Alexander's Technique

AMPLIFY Recombinant Human Bone Morphogenetic Protein (rhBMP-2) Matrix

Angiotensin Receptor 1 (AGTR1) c.\*86A>C (1166A>C, A1166C) Polymorphism testing for evaluation of hypertension in symptomatic patients  
Angiotensin Receptor 1 (AGTR1) c.\*86A>C (1166A>C, A1166C) Polymorphism testing for evaluation of hypertension risk in asymptomatic individuals  
Anticonvulsants in the treatment of posttraumatic stress disorder  
Antineoplastin Therapy  
Anti-silicone antibody testing  
Apligraft in conjunction with breast reconstruction surgery  
Apitherapy  
Applied Kinesiology  
Apostherapy as a medical program for the treatment of various orthopedic conditions  
ARISk Autism Risk Assessment Test  
Aromatherapy  
Art Therapy  
ATI Neurostimulation System for Electrical Stimulation of the Sphenopalatine Ganglion for Headache  
Autologous serum eyedrops for initial treatment of dry eye syndrome  
Automated whole breast ultrasound (e.g., sono-v Automated Breast Ultrasound System) as a screening tool  
Axial lumbar interbody fusion (AxiaLIF)  
Ayurveda

## **B**

Biochemical markers of Alzheimer's disease  
Bioenergetic therapy  
Bioimpedance for assessment of lymphedema  
Biological terrain assessment  
Biomagnetic Therapy, Bioelectromagnetic Therapy  
Biomet Signature System  
Blood-brain barrier disruption for treatment of malignant brain tumors  
Blood product injections for tendonopathies  
Body Restoration Technique  
Brachytherapy of the femoralpopliteal arterial system  
Bracing for the treatment of asymptomatic pectus carinatum (e.g., T-Joe brace, WPC compressor)  
Breast Elastography  
BreastNextNext-Gen Cancer Panel  
Breast reduction for reduction of breast cancer risk  
BREVAGen

## **C**

Cancell (Entelev)  
CancerIntercept Detect  
CancerIntercept Monitor  
CancerNext Next-Gen Cancer Panel  
Carbogen therapy  
Cardiac Contractility Modulation Therapy  
Carotid Artery Intimal-Medial Thickness  
Cautery-Assisted Palatal Stiffening (CAPSO)  
Cefaly device for migraines  
Cellular therapy  
Chemokine CC Motif Receptor 5 (CCR5) CCR5- Δ32 Polymorphism testing to Predict Resistance to Human Immunodeficiency Virus (HIV) Infection

Chronic Intermittent Intravenous Insulin Therapy (CIIT), (also know as hepatic activation therapy, metabolic activation therapy, pulse insulin therapy, and pulsatile intravenous insulin therapy)  
CMI Magnetocardiograph Model 2409 (CardioMag Imaging Inc.) for Diagnosis of Acute Chest Pain  
CO2 laser for the treatment of breast cancer  
Collagen and Procollagen analysis for screening, diagnosis or management of any disease affecting bone formation or resorption  
Collagen nerve conduit  
Color Doppler for breast cancer screening  
Color Doppler for prostate cancer (CDI-TRUS)  
Comprehensive Urine Elements Profile  
Computer-Aided Semen Analysis (CASA) for the Diagnosis of Male Infertility  
Computer assisted orthopedic surgery  
Computerized Dynamic Posturography  
Conexa Reconstructive Matrix  
Confocal Microendoscopy (e.g. Cell-viZio, image enhanced endoscopy)  
Continuous Rotation Therapy for Patients with Acute Respiratory Distress Syndrome (e.g. RotoRest bed, Effica bed)  
Convection-enhanced drug delivery for breast cancer  
CorMatrix pericardial patch  
Corneal hysteresis determination by air impulse stimulation (e.g. ocular response analyzer)  
Cranial electrotherapy stimulation (Alpha Stim 100, Alpha Stim SCS)  
Craniosacral therapy  
Craniosynostosis NGS Panel and/or HDT array (Connective Tissue Gene Tests)  
CRBI / DNA extraction and storage for pigmentary retinal dystrophy  
Cryoablation of sural nerve  
Cryoangioplasty of the femoral-popliteal arteries  
Crystal Healing  
Cunningham Panel (Moleculera Labs)  
Cupping  
Current Perception Threshold Testing/Sensory Nerve Conduction Threshold  
Custom (personalized) knee replacement

## **D**

Dance and Movement Therapy  
Delcath drug delivery system  
Digital Mole Mapping  
Devices for annular repair (e.g., Xclose Tissue Repair System)  
DNA banking/storage  
Decompression System  
Dry needle stimulation  
Ductal Lavage for Breast Cancer  
Dune Margin Probe  
Dynamic cardiomyoplasty  
Dynamic spinal visualization (not medically necessary)

## **E**

Early CDT-Lung Risk Assessment Test (Oncimmune)  
Electrical impedance scan of the breast  
Electromagnetic navigational bronchoscopy  
Electromagnetic therapy in healing of pressure sores  
Electrical stimulation for:

- Amyotrophic Lateral Sclerosis
- Dyspareunia
- Dysphagia
- Facial nerve palsy
- Tinnitus

Electrocardiographic Body Surface Mapping

Electrothermal coagulation of knee, wrist, ankle and elbow joints (thermal shrinkage)

Endoscopic approach to anterior spinal surgery

Endoscopic ultrasound-guided fine needle aspiration (EUS-FNA) for diagnosis of malignancy when a pancreatic mass lesion is resectable by CT or EUS evaluation

ENDURAGen

Enzyme-potentiated desensitization

epiSEEK Comprehensive Sequence Analysis for Epilepsy and Seizure Disorders

E-tegrity Test for Evaluation of Uterine Receptivity

eVox system (Evoke Neuroscience)

Exhaled Breath Condensate pH Testing for Asthma Management

Extracorporeal liver assist device (ELAD)

Extracorporeal shock wave therapy (ESWT) for:

- Peyronie's disease

## F

Factor XIII A1 (F13A1) p.Val34Leu Polymorphism Testing for Hypercoagulability

Fecal analysis for diagnosis of intestinal dysbiosis

Fetal mesencephalic transplantation for treatment of Parkinson's Disease

Fibrinogen-Beta (FGB) c.-455G>A Polymorphism Testing

FlexHD Acellular Dermis for Hernia Repair

Functional anesthetic discography

## G

Galvanic stimulation devices

Gene expression profiling for cancers of unknown origin

Genetic Testing for Capillary Malformation-Arteriovenous Malformation Syndrome (CMAVM)

Genetic testing for classic Ehlers-Danlos Syndrome (EDS) using COL5A1 and COL5A2 gene sequencing for any of the following:

- Individuals with the clinical symptoms of classic EDS (EDS I/II)
- Testing in the asymptomatic family members of patients with genetically confirmed classic EDS (EDS I/II)
- For the prenatal testing or PGD of classic EDS (EDS I/II) in families transmitting a known COL5A1/COL5A2 gene variant.

Genetic testing Factor XI Deficiency (for any of the following):

- For confirmation of diagnosis of factor XI deficiency in patients with symptoms compatible with factor XI deficiency.
- In asymptomatic individuals with a family history of factor XI deficiency and a known familial pathogenic variant, for prediction of risk of factor XI deficiency.
- In asymptomatic individuals with a family history of factor XI deficiency and a known familial pathogenic variant, to facilitate reproductive decision making.
- For prenatal genetic diagnosis in families with genetically confirmed factor XI deficiency.

Genetic testing for Generalized Epilepsy with Febrile Seizures Plus (unless for Dravet Syndrome):

- For the diagnosis of generalized epilepsy with febrile seizures plus (GEFS+) in symptomatic individuals.
- For the presymptomatic diagnosis of GEFS+ in at-risk relatives of individuals with genetically confirmed GEFS+.
- For prenatal or preimplantation genetic diagnosis in families with genetically confirmed GEFS+.

Genetic testing for isolated autosomal dominant thrombocytopenia.

Genetic testing for narcolepsy

Genetic testing for Oculofaciocardiodental (OFCD) Syndrome (Syndromic Microphthalmia 2; MCOPS2)

Genetic Testing for Parkinson Disease

Genetic test for Partial HPRT Deficiency (Kelley-Seegmiller Syndrome) for Gout

Genetic testing for Pediatric Neurology Region of Interest Trio (Claritas Genomics Inc.)

Genetic testing for Nonsyndromic Peripheral Pulmonary Stenosis; PPS for Nonsyndromic Peripheral Pulmonary Stenosis

Genetic Testing for Proteus Syndrome

Genetic testing for SCN9A-Related Inherited Erythromelalgia

Genetic testing for sequence variants and deletions/duplications in the COL2A1, COL11A1, COL11A2, COL9A1, and COL9A2 gene in individuals with a suspected diagnosis of Stickler syndrome, and to detect the presence or absence of a familial variant in an at-risk asymptomatic relative of an individual with Stickler syndrome.

Genetic testing of individuals clinically diagnosed with thoracic aortic aneurysms and dissections, with a positive family history of the disorder, and for whom a genetic syndrome has been excluded

Gene Testing for von Willebrand Disease

GenoType IL-1 testing for periodontal disease

Genotyping for statin associated myopathy (ie SLCO1B1)

Genotyping for apolipoprotein E (Apo E) to determine therapeutic response to lipid-lowering medications

Gerson Therapy (Metabolic Therapy, Kelley's treatment, Gonzalez treatment, Issels whole body therapy)

Guided Imagery, Hypnosis, Relaxation Therapy

## H

Hair analysis (except for diagnosis of heavy metal poisoning)

Healthy Weight DNA Insight

Hellerwork

HemiCap patello-femoral resurfacing system (Knee joint patello-femoral resurfacing prosthesis)

Hepatic dialysis

Herbalism

High powered therapeutic laser therapy for pain (K-Laser)

Hippotherapy (Equestrian Therapy)

Histamine desensitization therapy for headaches

Hivamat Therapy

HLA-B\*27 testing for confirmation of diagnosis in patients with symptoms compatible with ankylosing spondylitis

For HLA-B\*27 testing for presymptomatic testing of relatives of ankylosing spondylitis patients.

Holmium Laser Endopyelotomy for Ureteropelvic Junction Obstruction in Adults and Children

Home monitoring of pulmonary function unless post lung transplant

Homeopathy

Hoxsey Method

Humor Therapy  
H-Wave electrical stimulation device for home use  
Hydrodiscectomy (e.g., Spinejet HydroSurgery system)

## I

IBD sgi Diagnostic Test for Inflammatory Bowel Disease  
ileoinguinal nerve entrapment  
Ilizarov technique for the treatment of short stature (cosmetic)  
Immunoaugmentive therapy  
Infrared light therapy (Anodyne Therapy) for treatment of pain or neuropathy  
Infrared therapy for the treatment of in-situ anal carcinoma or high-grade squamous intraepithelial lesions (HSIL) with anal carcinoma  
Injection snoreplasty for the treatment of obstructive sleep apnea  
Interferential current therapy, interferential stimulation  
Interspinous fixation devices (e.g., Univise Spinous Process Fixation Plate, Affix, Spire etc)  
Interspinous Process Decompression System (X-Stop, Coflex Interlaminar Stabilization Device)  
Intravenous lidocaine for tinnitus aurium  
Inversion Therapy  
ImmuKnow  
Immunohistochemistry and staining of skin fibers for neuropathies to rule out migraines  
Intratympanic Steroid Injection for Ménière's Disease  
Iontophoresis for Epicondylitis  
Insulin-like growth factor receptor (IGF-IR) for cancer treatment  
Interstitial hyperthermia for malignant brain tumor  
Intestinal rehabilitation therapy - inpatient and outpatient  
Intravascular near infrared spectroscopy (e.g LipiScan Coronary Imaging System, InfraReDx)  
Intravenous Vitamin C injection for treatment of cancer  
Intravenous lidocaine infusion test  
Iridology

## J

JaundiceChip Resequencing Array

## K

Ketamine infusion for reflex sympathetic dystrophy  
Knee ligament arthometer testing

## L

Live Blood Cell Analysis  
Lokomat (Hocoma AG) Driven Gait Orthosis (DGO) for Use in Children with Cerebral Palsy  
Laparoscopic Electromechanical Morcellation of Uterine Fibroids During Myomectomy or Hysterectomy  
Laparoscopic Ileal Interposition for treatment of type 2 diabetes  
Laser ablation (Interstitial Laser Coagulation) for treatment of localized breast cancer  
Laser photocoagulation for macular drusen

Laser prostatectomy for prostate cancer  
Laser treatment of onychomycosis  
Laser vitreolysis for treatment of vitreous floaters of the eye  
Low Level Laser therapy for pain  
Low pressure pulse generator (Meniett Pressure Therapy)

## **M**

Macula Risk PGx Test  
Magnetic bio-stimulation therapy  
Magnet Therapy  
MAKOplasty Total Hip Arthroplasty using the Robotic Arm Interactive Orthopedic System  
MAKOplasty Partial Knee Resurfacing using the Robotic Arm Interactive Orthopedic System  
Megavitamin Therapy  
MelanoSITE FISH Test for the Diagnosis of Melanoma  
Metatarsal to TMJ transplant  
Micra Leadless Pacemaker  
Micronutrient Panel Testing  
Microcurrent stimulation for home use  
MicroVas  
Microwave thermotherapy for breast cancer  
MindStreams Cognitive Health Assessment for Assessing Mild Cognitive Impairment  
MitoMet Mitochondrial/Metabolic Microarray Analysis  
Molecular Topographic genotyping  
Monochromatic infrared energy (MIRE) therapy  
Monocusp surgery for chronic deep venous insufficiency  
Morcher 67B artificial iris implant  
Moxibustion  
MRI guided ultrasound ablation of uterine fibroids  
MtDNA testing for mitochondrial dysfunction (e.g., mtSEEK)  
Multifunction Cardiogram  
Multifocal Electroretinography (mfERG) for indications other than detection of chloroquine (Aralen) and hydroxychloroquine (Plaquenil) toxicity or monitoring late stages of retinitis pigmentosa  
Multigene Panels for X-Linked Intellectual Disability (XLID)  
Music Therapy  
Myer's Cocktail  
Myotherapy  
myPath Melanoma test

## **N**

NanoKnife System for Irreversible Electroporation Treatment of Pancreatic Cancer  
NanoKnife System for Irreversible Electroporation Treatment of Primary and Metastatic Liver Tumors  
Natural Orifice Transluminal Endoscopic Surgery  
Naturopathy  
Neural Therapy  
Ness H200 (neuroprosthetic and rehabilitation system)  
Neutralizing antibody testing in multiple sclerosis  
NeuroCybernetic Prosthesis System for intractable hiccups  
Neurodevelopmental Treatment (e.g. Bobath method) for cerebral palsy  
NeuraGen Nerve Guide (Integra LifeSciences Corp.) for Repair of Severed Peripheral Nerves of the Upper Extremity

Neuroform (NF) Microdelivery Stent System for Intracranial Aneurysms:

- NF stent-assisted coiling of wide-neck intracranial aneurysms in adult in whom antiplatelet or anticoagulant use is contraindicated
- NF stent-assisted coiling of unruptured or ruptured wide-neck intracranial aneurysms in adults

Neuroma surgery of peripheral nerves for pain

Neuromuscular retraining for facial paralysis

Neuro-optometric rehabilitation

NeuroTrax Testing

NexCourse CRC for evaluation of colorectal cancer

Non-contact normothermic wound therapy (NNWT) - also known as non-contact radiant heat bandage devices or Warm-Up Active Wound Therapy

Noninvasive Peripheral Arterial Tonometry

NPDX ASD ADM Panel I for autism spectrum disorders

Nucleoplasty

NutrEval test

## O

Ocular Blood flow analyzer

Olfactory ensheathing cell transplantation for spinal cord injury

Omnicardiogram/Cardiointegram

OnDose (My5-FU)

Onyx liquid embolization system

Optical Coherence Tomography for Coronary Artery Plaque Characterization and Stent Evaluation for assessment of intracoronary plaques and stents

Optiwave Refractive Analysis (ORA) system

OrthAdapt Bioimplant

Orthoptics (eye exercises) for learning disabilities and traumatic brain injury

Osteopathic cranial manipulation

OtoSCOPE genetic testing for hereditary hearing loss

Ozone Therapy

## P

Paraspinal surface electromyography

Partial left ventriculectomy (e.g., Batista procedure)

Penile vein embolization

Percutaneous sacroplasty

Permacol Biologic Implant

Permacol Crosslinked Porcine Dermal Collagen Surgical Mesh

Permacol Surgical Implant

Permacol Surgical Implant T-piece

Personalized Knee replacement (e.g., Biomet signature system, Trumatch, OtisKnee, Visionaire technology)

Photodynamic Therapy with Visudyne (verteporfin) for Choroidal Hemangioma

Photodynamic Therapy with Visudyne (verteporfin) for Idiopathic Subfoveal Choroidal Neovascularization (CNV)

Physiologic recording of tremor using accelerometer(s) and gyroscope(s), (including frequency and amplitude including interpretation and report

Pillar Palatal Implant System for treatment of obstructive sleep apnea

Placement alpha microglobulin-1-rapid immunoassay for detection of rupture of fetal membranes (e.g., AmniSure)

Plasma kinetic vaporization of prostate (also known as bipolar vaporization)

Polarity Therapy

Primal Therapy



Prolotherapy  
Prometheus Liver Support System  
Proteomic-based testing of serum (e.g. OvaCheck, OvaSure, OVA1, ROMA) for the detection of ovarian cancer  
P Stim auricular stimulation  
Pudendal Nerve Block for Treatment of Pudendal Neuralgia  
Pulsed-dye laser treatment of vocal cord polyp  
Pulsed lavage wound therapy  
Pulsed radiofrequency ablation

## Q

Quantitative Sensory Thermal Testing (QST)

## R

Radiofrequency ablation of breast tumors  
Radiofrequency ablation for the treatment of complex regional pain syndrome  
Radiofrequency Discectomy  
Radiofrequency lesioning for plantar fasciitis  
Radiofrequency stimulation devices for wound care (e.g., Provant Wound Closure System, MicroVas Vascular Treatment System)  
Radiofrequency treatment of knee pain  
Rapid Anesthesia Assisted Detoxification (RAAD)  
Reflexology  
Reiki (Energy Healing, Biofield Therapeutics, Palm Healing, Tenohira)  
Revici's Guided Chemotherapy  
Rhinomanometry  
Rolfing (Structural Integration)  
Roux-en-Y Gastric Bypass for Gastroesophageal Reflux Disease in individuals who are not obese or severely obese  
Roux-n-Y for the treatment of esophageal achalasia  
Rubinfeld Synergy Method (RSM)

## S

Saliva tests:

- Estriol hormone level to predict pre-term labor
- Hormone levels for menopause and aging (e.g., cortisol, DHEA, estradiol, estriol, estrone, progesterone, testosterone)

ScoliScore Adolescent Idiopathic Scoliosis (AIS) Prognostic Test

See Sick Syndrome Treatment (e.g., eye exercises)

SensiGene Fetal RhD Genotyping

Sentinel node mapping for cancers other than breast cancer and melanoma

Septin 9 (SEPT9) Methylation Analysis' for Colorectal Cancer

Serial Transverse Enteroplasty (STEP) for Short Bowel Syndrome

Signal-Averaged Electrocardiography

Single Nucleotide Polymorphism (SNP) Testing for Breast Cancer Risk Assessment

Sjö test (Nicox Inc.) for Early Detection of Sjögren's Disease

Skin advanced glycation endproducts (AGE) measurement by multi-wavelength fluorescent spectroscopy

Skin Autofluorescence (AFR) to Aid in Assessing Diabetes-Related Complications

SLE-key for biomarkers for systemic lupus erythematosus

Sleeve gastrectomy for treatment of type 2 diabetes

SPECT for Lyme neuroborreliosis

SpeechEasy fluency device

Sperm Hyaluronan binding assay  
 Staggered Spondaic Word Test  
 Stem Cells for Spinal Fusion  
 Stem Cell Implantation for Spinal Cord Injury  
 Stem Cell Therapy for treatment of heart failure and acute myocardial infarction  
 Stealth System for spinal surgery (e.g. Medtronic StealthStation)  
 Subtalar Implant for Pes Planus  
 Suit Therapy for cerebral palsy  
 Superconducting Quantum Interference Devices (SQUIDs) used to measure the magnetic field strength and record a magnetocardiogram  
 Superconducting Quantum Interference Devices (SQUIDs) for the measurement of hepatic iron concentration when there is chronic iron overload.  
 Supraorbital nerve stimulation for treatment of headache  
 Sural nerve graft with radical prostatectomy  
 Surgical deactivation of refractory migraine headache refractory  
 Surgical Decompression for treatment of diabetic neuropathy (not medically necessary)  
 Surgical Repair of athletic pubalgia  
 Surgical Ventricular Restoration for Heart Failure  
 Sympathetic therapy  
 Synthetic Sentence Identification Test

## T

TenoGlide tendon protector sheet (Tendon Wrap tendon protector) for the management and protection of tendon injuries or for any other indications  
 Therapeutic Eurythmy (Movement Therapy)  
 Therapeutic Touch (TT, Non-Contact Therapeutic Touch (NCTT) or Distance Healing)  
 Thermal shrinkage of knee, wrist, ankle and elbow joints  
 Thermography  
 T-Joe Bracing System for asymptomatic pectus carinatum  
 Threshold electrical stimulation  
 Thoracoscopic laser ablation for treatment of emphysema  
 Thought field therapy  
 Thyroid Hormone Receptor Beta (THRB) Gene Testing in Resistance to Thyroid Hormone (RTH)  
 Tinnitus maskers  
 Tinnitus retraining therapy  
 TMR device for chronic pain  
 Topaz microdebrider for musculoskeletal conditions  
 TP63 testing  
 Transcendental Meditation  
 Transcription Factor 4 (TCF4) Testing for Pitt-Hopkins Syndrome (PTHS)  
 Transmeatal laser irradiation for treatment of tinnitus  
 Triangle Tilt Surgery for Treatment of Obstetric Brachial Plexus Injury  
 Trufuse Facet Fusion for Spinal Instability (not medically necessary)  
 Trumatch personalized knee replacement  
 Tumor Necrosis Factor (TNF) Receptor – Associated Periodic Syndrome (TRAPS; Familial Hibernian Fever):
 

- Presymptomatic testing in asymptomatic individuals with a family history of TRAPS and an identified pathogenic familial variant in TNFRSF1A
- Prenatal or preimplantation genetic diagnosis in familial cases of TRAPS with an identified pathogenic familial variant in TNFRSF1A

 Tumor vaccines unless otherwise specified

## U

Ultrasound for evaluation of paranasal sinuses  
Ultrasound guidance for podiatry and other joint injections  
Ultrasound of the carotid and/or femoral artery(s) to assess risk for coronary artery disease  
Unicondylar Interpositional Spacer  
Urinary Cross-Linked N-Telopeptide of Type I Collagen Biomarker for Diagnosis of Osteoporosis and Fracture Risk Assessment

## V

Vacuum therapy for treatment of female sexual dysfunction  
Vascular stents for deep vein thrombosis  
Vascular surgery as treatments for refractory migraine headache  
Vascular surgery for impotence  
Vectra DA  
VersaJet Hydrosurgery System for treatment of burns  
Vertebral Axial Decompression (VAX-D)  
Vertical Auto Profile cholesterol test (VAP)  
Vestibular autorotation test  
Vestibular evoked myogenic potential (VEMP) testing  
Videofluoroscopy of the elbow  
Vision therapy for the treatment of learning disabilities and mild traumatic brain injury, including:

- Training glasses
- Prism glasses
- Tinted or colored lens

VitalStim therapy

## W

WalkAide neuromuscular stimulator  
Weighted vest for children with ADHD  
Whole Body CT Scan for screening  
Whole body DEXA for body composition studies  
Whole body hyperthermia  
Whole body vibration (WBV) to bone growth in postmenopausal women diagnosed with osteoporosis  
Whole Exome Sequencing for noncancer indications, for identification of variants in undiagnosed disorders  
Willow Curve

## X

Xclose Tissue Repair System following a lumbar discectomy procedure  
Xpresys Lung Test

## Z

Zimmer Trabecular Metal Vertebral Body Replacement System

### **General Purpose.**

Health Net's National Medical Policies (the "Policies") are developed to assist Health Net in administering plan benefits and determining whether a particular procedure, drug, service or supply is medically necessary. The Policies are based upon a review of the available clinical information including clinical outcome studies in the peer-reviewed published medical literature, regulatory status of the drug or device, evidence-based guidelines of governmental bodies, and evidence-based guidelines and positions of select national health professional organizations. Coverage determinations are made on a case-by-case basis and are subject to all of the terms, conditions, limitations, and exclusions of the member's contract, including medical necessity requirements. Health Net may use the Policies to determine whether under the facts and circumstances of a particular case, the proposed procedure, drug, service or supply is medically necessary. The conclusion that a procedure, drug, service or supply is medically necessary does not constitute coverage. The member's contract defines which procedure, drug, service or supply is covered, excluded, limited, or subject to dollar caps. The policy provides for clearly written, reasonable and current criteria that have been approved by Health Net's National Medical Advisory Council (MAC). The clinical criteria and medical policies provide guidelines for determining the medical necessity criteria for specific procedures, equipment, and services. In order to be eligible, all services must be medically necessary and otherwise defined in the member's benefits contract as described in this "Important Notice" disclaimer. In all cases, final benefit determinations are based on the applicable contract language. To the extent there are any conflicts between medical policy guidelines and applicable contract language, the contract language prevails. Medical policy is not intended to override the policy that defines the member's benefits, nor is it intended to dictate to providers how to practice medicine.

**Policy Effective Date and Defined Terms.**

The date of posting is not the effective date of the Policy. The Policy is effective as of the date determined by Health Net. All policies are subject to applicable legal and regulatory mandates and requirements for prior notification. If there is a discrepancy between the policy effective date and legal mandates and regulatory requirements, the requirements of law and regulation shall govern. \* In some states, new or revised policies require prior notice or posting on the website before a policy is deemed effective. For information regarding the effective dates of Policies, contact your provider representative. The Policies do not include definitions. All terms are defined by Health Net. For information regarding the definitions of terms used in the Policies, contact your provider representative.

**Policy Amendment without Notice.**

Health Net reserves the right to amend the Policies without notice to providers or Members. In some states, new or revised policies require prior notice or website posting before an amendment is deemed effective.

**No Medical Advice.**

The Policies do not constitute medical advice. Health Net does not provide or recommend treatment to members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

**No Authorization or Guarantee of Coverage.**

The Policies do not constitute authorization or guarantee of coverage of particular procedure, drug, service or supply. Members and providers should refer to the Member contract to determine if exclusions, limitations, and dollar caps apply to a particular procedure, drug, service or supply.

**Policy Limitation: Member's Contract Controls Coverage Determinations.**

The determination of coverage for a particular procedure, drug, service or supply is not based upon the Policies, but rather is subject to the facts of the individual clinical case, terms and conditions of the member's contract, and requirements of applicable laws and regulations. The contract language contains specific terms and conditions, including pre-existing conditions, limitations, exclusions, benefit maximums, eligibility, and other relevant terms and conditions of coverage. In the event the Member's contract (also known as the benefit contract, coverage document, or evidence of coverage) conflicts with the Policies, the Member's contract shall govern. Coverage decisions are the result of the terms and conditions of the Member's benefit contract. The Policies do not replace or amend the Member's contract. If there is a discrepancy between the Policies and the Member's contract, the Member's contract shall govern.

**Policy Limitation: Legal and Regulatory Mandates and Requirements.**

The determinations of coverage for a particular procedure, drug, service or supply is subject to applicable legal and regulatory mandates and requirements. If there is a discrepancy between the Policies and legal mandates and regulatory requirements, the requirements of law and regulation shall govern.

**Policy Limitations: Medicare and Medicaid.**

Policies specifically developed to assist Health Net in administering Medicare or Medicaid plan benefits and determining coverage for a particular procedure, drug, service or supply for Medicare or Medicaid members shall not be construed to apply to any other Health Net plans and members. The Policies shall not be interpreted to limit the benefits afforded Medicare and Medicaid members by law and regulation.