

**L**et us help you grow into the best person and parent you can be. Our case managers work with you to build upon your current strengths and qualities to help you achieve your life goals. We help you build the skills and connect you to the resources you need to reach your dreams!

### We work with you

- Answering your parenting questions
- Helping you complete or enroll in school
- Offering support with the decisions you need to make regarding you and your baby
- Connecting you to helpful community resources

### Let's talk!

**Adolescent Family Life Program**  
**Positive Youth Development**

# You have dreams. We can help.

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A free service for expectant and parenting young Californians



We build upon your strengths to help you reach your parenting and life goals

#### Contact us:

Yuba County Public Health  
5730 Packard Ave., Suite 100  
Marysville, CA 95901  
1-800-794-4067

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