Community Resource Centers

The Community Resource Centers are open to both Health Net members and non-members. The centers offer no-cost local services and activities designed to support healthy living.

Health Net's Community Resource Center

Sacramento

Inside the Greater Sacramento Urban League
3725 Marysville Blvd., Suite 160
Sacramento, CA 95838
1-916-309-2099 (TTY: 711), call rates may apply
Monday – Friday, 9:00 a.m. to 5:00 p.m.

Los Angeles

5047 East Whittier Blvd.
East Los Angeles, CA 90022
1-323-415-9120 (TTY: 711), call rates may apply
1-877-698-7662 (TTY: 711), toll-free
Monday – Friday, 8:00 a.m. to 4:30 p.m.

Services

We're ready to help you:

- Understand your health plan
- Change doctors
- Schedule doctor's appointments
- Set up no-cost transportation or language services
- Connect to programs to help manage chronic health issues, or help with access to community resources
- Read and explain letters or emails from your health plan, doctor's office, or hospital
- Fill out forms to renew your Medi-Cal coverage every year

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Activities, learning resources and support

The Community Resource centers offer many no-cost programs for the entire community, such as:

- Helping people select a plan and enroll in all types of coverage.

- Health education workshops and wellness events:
  - Diabetes Prevention Program
  - Car seat / booster seat safety
  - Healthy cooking classes
  - How to manage high blood pressure

- Referrals to community programs for housing, food banks and shelters

For help, call Member Services toll-free at **1-800-675-6110 (TTY: 711),** *24 hours a day, 7 days a week.*

Check out the center online

Visit the Community Resource Center page on **www.healthnet.com** to view a monthly Calendar of Events.

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