

# Health Net Medicare Advantage Silver&Fit<sup>®</sup> Provider Directory

This directory is current as of [Date].

This directory provides a list of Health Net contracted Silver&Fit<sup>®</sup> fitness centers and exercise clubs.

This directory is for Contra Costa, San Joaquin, San Mateo, Santa Barbara, Santa Cruz, Solano and Sonoma counties, CA.

Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up to-date information about Silver&Fit<sup>®</sup> contracted facilities in your area, you can visit [www.silverandfit.com](http://www.silverandfit.com) or call Silver&Fit<sup>®</sup> Customer Service at 1-888-797-7757, Monday through Friday, 5 a.m. to 6 p.m. PST, except holidays. TTY users should call 711.

Information is subject to change without notice. Fitness facilities within this listing may cater to a specialized population, including but not limited to gender. Members are encouraged to contact the fitness facilities to determine whether a fitness facility is suitable to their needs. Silver&Fit<sup>®</sup> has a contract with Health Net. Silver&Fit<sup>®</sup> is a registered trademark of American Specialty Health, Inc.

This information is available for free in other languages. Please call our Member Services number at 1-800-275-4737. TTY users should call 711. From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

To access Health Net Medicare Advantage Silver&Fit<sup>®</sup>'s online provider directory, you can visit [healthnet.com](http://healthnet.com). For any questions about the information contained in this directory, please call our Member Services Department at 1-800-275-4737. From October 1 through March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m. A messaging system is used after hours, weekends, and on federal holidays. TTY users should call 711.

This information is also available in a different format including larger print and audio. Please call Member Services at the number listed above if you need plan information in another format.

Please contact your plan for details.

# Directorio de Proveedores de Silver&Fit<sup>®</sup> de Health Net Medicare Advantage

Este directorio está actualizado al [Date].

Este directorio proporciona una lista de los centros de acondicionamiento físico y gimnasios de Silver&Fit<sup>®</sup> contratados de Health Net.

Este directorio es para los condados de Contra Costa, San Joaquin, San Mateo, Santa Barbara, Santa Cruz, Solano y Sonoma, CA.

Puede que se hayan incorporado o eliminado algunos proveedores de nuestra red después de imprimir este directorio. No garantizamos que cada proveedor aún acepte nuevos miembros. Para obtener la información más actualizada sobre las instalaciones contratadas por Silver&Fit<sup>®</sup> en su área, puede visitar [www.silverandfit.com](http://www.silverandfit.com) o llamar al Servicio de Atención al Cliente de Silver&Fit<sup>®</sup> al 1-888-797-7757, de lunes a viernes, de 5 a.m. a 6 p.m., PST, excepto los días festivos. Los usuarios de TTY deben llamar al 711.

La información está sujeta a cambios sin previa notificación. Los centros de acondicionamiento físico en esta lista pueden atender a una población con requerimientos especiales, incluidos, entre otros, aquellos relacionados con el género. Se anima a los miembros a comunicarse con los centros de acondicionamiento físico para determinar si un centro de acondicionamiento físico es el adecuado para sus necesidades. Silver&Fit<sup>®</sup> tiene un contrato con Health Net. Silver&Fit<sup>®</sup> es una marca comercial de American Specialty Health, Inc.

Esta información está disponible gratuitamente en otros idiomas. Llame al número de Servicios para Miembros al 1-800-275-4737. Los usuarios de TTY deben llamar al 711. Desde el 1 de octubre hasta el 31 de marzo, puede llamarnos los 7 días de la semana, de 8 a.m. a 8 p.m. Desde el 1 de abril hasta el 30 de septiembre, puede llamarnos de lunes a viernes, de 8 a.m. a 8 p.m. Fuera del horario laboral, los fines de semana y los días festivos federales se utiliza un sistema de mensajería.

Para acceder al directorio de proveedores en línea de Health Net Medicare Advantage Silver&Fit<sup>®</sup>, puede visitar [healthnet.com](http://healthnet.com). Si tiene alguna pregunta sobre la información contenida en este directorio, llame a nuestro Departamento de Servicios para Miembros al 1-800-275-4737. Desde el 1 de octubre hasta el 31 de marzo, puede llamarnos los 7 días de la semana, de 8:00 a.m. a 8:00 p.m. Desde el 1 de abril hasta el 30 de septiembre, puede llamarnos de lunes a viernes, de 8:00 a.m. a 8:00 p.m. Fuera del horario laboral, los fines de semana y los días festivos federales se utiliza un sistema de mensajería. Los usuarios de TTY deben llamar al 711.

Esta información también está disponible en un formato diferente, como audio y en letra imprenta grande. Llame a Servicios para Miembros al número indicado arriba si necesita información del plan en otro formato.

Comuníquese con su plan para obtener más detalles.H0562\_CNC\_108201M\_C 07262022

# Health Net Medicare Advantage Silver&Fit® 服務提供者名錄

本名錄截至 [Date] 為最新。

本名錄提供和 Health Net 簽約的 Silver&Fit® 健身中心和運動俱樂部名單。

本名錄用於 CA 的 Contra Costa、San Joaquin、San Mateo、Santa Barbara、Santa Cruz、Solano 及 Sonoma 郡縣。

本名錄印行後，我們網絡中的某些網絡服務提供者可能會有所增刪。我們不保證每個服務提供者仍會接受新會員。如需取得您所在區域之 Silver&Fit® 簽約機構的最新資訊，請造訪 [www.silverandfit.com](http://www.silverandfit.com)，或撥打 1-888-797-7757 致電 Silver&Fit® 的客戶服務部，週一至週五 PST 上午 5:00 至晚上 6:00，假日除外。TTY 使用者請致電 711。

資訊如有變更，恕不另行通知。此名單中的健身機構可滿足特定族群的需求，包括但不限於性別。我們鼓勵會員與健身機構聯絡，以判斷健身機構是否適合他們的需求。Silver&Fit® 與 Health Net 有簽約。Silver&Fit® 是 American Specialty Health, Inc. 的註冊商標。

本資訊免費提供其他語言版本。請與我們的會員服務部聯絡，電話號碼為 1-800-275-4737。TTY 使用者請致電 711。從 10 月 1 日至 3 月 31 日，您可以致電我們的時間為一週 7 天，上午 8:00 至晚上 8:00。從 4 月 1 日至 9 月 30 日，您可以致電我們的時間為週一至週五，上午 8:00 至晚上 8:00。非服務時間、週末和聯邦假日會由留言系統接聽。

若要取得 Health Net Medicare Advantage Silver&Fit® 的線上版服務提供者名錄，您可以造訪 [healthnet.com](http://healthnet.com)。如對本名錄所含資訊有任何疑問，請撥打 1-800-275-4737 致電我們的會員服務部。從 10 月 1 日至 3 月 31 日，您可以致電我們的時間為一週 7 天，上午 8:00 至晚上 8:00。從 4 月 1 日至 9 月 30 日，您可以致電我們的時間為週一至週五，上午 8:00 至晚上 8:00。非服務時間、週末和聯邦假日會由留言系統接聽。TTY 使用者請致電 711。

此資訊也提供其他格式，包括較大的印刷字體和音訊。如果您需要其他格式的計劃資訊，請撥打以上所列的號碼聯絡會員服務部。

請與您的計劃聯絡以了解詳情。



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## SECTION 1

# Introduction

This directory provides a list of participating Silver&Fit® contracted fitness clubs and exercise centers. To get detailed information about your fitness and exercise coverage, please see your Evidence of Coverage. Silver&Fit® has a contract with Health Net.

### Membership Choices

1. Silver&Fit® Annual Fitness Center Membership is a membership at a participating fitness club or exercise center, or
2. Silver&Fit® Home Fitness Program is a home-based fitness and health education program for members who do not have access to a participating fitness facility or prefer to work out at home.

### To Enroll

1. You will receive a temporary ID card in your Silver&Fit® pre-enrollment packet.
2. Simply choose a fitness facility by using this directory, going online to [www.silverandfit.com](http://www.silverandfit.com), or by calling Silver&Fit® Customer Service 1-888-797-7757, Monday through Friday, 5 a.m. to 6 p.m. PST, except holidays. TTY users should call 711.
3. Take your temporary ID card to the participating fitness facility to sign a membership agreement. The membership agreement that you may be required to sign at the fitness facility is for a “standard fitness facility membership” at no additional cost, which includes the covered services available through the program .
4. If you choose to access fitness facility services otherwise available by the facility at an additional fee, then the agreement you have with the fitness facility may reflect costs associated with those non- program related services.
5. The “network providers” (participating facilities) listed in this directory have agreed to provide you with your fitness and exercise coverage. You may go to any of the fitness facilities listed in this directory. You may change fitness facilities any time.
6. If you choose the Silver&Fit® Home Fitness Program, you can enroll online at [www.silverandfit.com](http://www.silverandfit.com), or by calling Silver&Fit® Customer Service 1-888-797-7757, Monday through Friday, 5 a.m. to 6 p.m. PST, except holidays. TTY users should call 711.

It is important to consult your physician before you begin the Silver&Fit® program or any physical fitness program.

To get detailed information about your health care coverage, please see your Evidence of Coverage (EOC).

For directories listing other Health Net participating network providers and/or Silver&Fit® facilities, call our Member Services department at 1-800-275-4737. From October 1 through March 31, you can call us 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 to September 30, you can call us Monday through Friday from 8:00 a.m. to 8:00 p.m. A messaging system is used after hours, weekends, and on federal holidays. TTY users should call 711. Or, you can visit [www.silverandfit.com](http://www.silverandfit.com).

# What Is the Service Area for Silver&Fit® Providers?

The **counties** in our service area are listed below

Contra Costa County

San Joaquin County

San Mateo County

Santa Barbara County for the following ZIP codes only:

93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107, 93108,  
93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121, 93130, 93140,  
93150, 93160, 93190, 93199, 93252, 93427, 93436, 93437, 93438, 93440,  
93441, 93460, 93463, 93464

Santa Cruz County

Solano County

Sonoma County

# How Do You Find Silver&Fit® Providers that Serve Your Area?

We have arranged the information in several different ways. If you are interested in a particular contracted fitness facility, turn to the Provider Index. If you are interested in finding a fitness facility in your community, turn to the Health Net Silver&Fit® Provider Listing.

To get the most up-to-date information about Silver&Fit® providers in your area, you can visit **[www.silverandfit.com](http://www.silverandfit.com)** or call Silver&Fit® Customer Service at 1-888-797-7757, Monday through Friday, 5:00 a.m. to 6:00 p.m. PST, except holidays. TTY users should call 711.

The provider network may change at any time. You will receive notice when necessary



## SECCIÓN 1

# Introducción

En este directorio se ofrece una lista de los gimnasios y centros de acondicionamiento físico participantes contratados por Silver&Fit®. Para obtener información detallada acerca de su cobertura para los gimnasios y centros de acondicionamiento físico, consulte su Evidencia de Cobertura. Silver&Fit® tiene un contrato con Health Net.

### Opciones de Membresía

1. Silver&Fit® La Membresía Anual en los Centros de Acondicionamiento Físico es una membresía en un gimnasio o club de acondicionamiento físico participante; o
2. Silver&Fit® El Programa Home Fitness Program es un programa educativo sobre acondicionamiento físico y salud en el hogar para los miembros que no tienen acceso a un centro de acondicionamiento físico participante o prefieren hacer ejercicio en casa.

### Para inscribirse

1. Recibirá una tarjeta de identificación temporal en su paquete de preinscripción de Silver&Fit®.
2. Simplemente elija un centro de acondicionamiento físico utilizando este directorio, visitando en línea [www.silverandfit.com](http://www.silverandfit.com), o llamando al Servicio de Atención al Cliente de Silver&Fit® al 1-888-797-7757, de lunes a viernes, de 5 a.m. a 6 p.m., PST, excepto los días festivos. Los usuarios de TTY deben llamar al 711.
3. Lleve su tarjeta de ID temporal al centro de acondicionamiento físico participante para firmar un acuerdo de membresía. El acuerdo de membresía que podría tener que firmar en el centro de acondicionamiento físico es para una “membresía estándar del centro de acondicionamiento físico” sin costo adicional, el cual incluye los servicios cubiertos disponibles a través del programa.
4. Si decide acceder a los servicios del centro de acondicionamiento físico, que ofrece el centro por una tarifa adicional, el acuerdo que tiene con el centro de acondicionamiento físico podría incluir los costos asociados con esos servicios no relacionados con el programa.
5. Los “proveedores de la red” (instalaciones participantes) enumerados en este directorio acordaron proporcionarle su cobertura de acondicionamiento físico y ejercicio. Usted puede asistir a cualquiera de los centros de acondicionamiento físico de nuestra red listados en este directorio. Puede cambiar de centro de acondicionamiento físico en cualquier momento.
6. Si elige el Programa Home Fitness Program de Silver&Fit®, puede inscribirse en línea en [www.silverandfit.com](http://www.silverandfit.com), o también lo puede hacer llamando al Servicio de Atención al Cliente de Silver&Fit® al 1-888-797-7757, de lunes a viernes, de 5 a.m. a 6 p.m. PST, excepto los días festivos. Los usuarios de TTY deben llamar al 711.

Es importante consultar a su médico antes de comenzar el programa de Silver&Fit® o cualquier programa de acondicionamiento físico.

Para obtener información detallada acerca de su cobertura de cuidado de la salud, consulte su Evidencia de Cobertura (EOC).

Para los directorios en los que se enumeran otros proveedores participantes de la red de Health Net y/o instalaciones de Silver&Fit®, llame al departamento de Servicios para Miembros al 1-800-275-4737. Desde el 1 de octubre hasta el 31 de marzo, puede llamarnos los 7 días de la semana, de 8:00 a.m. a 8:00 p.m. Desde el 1 de abril hasta el 30 de septiembre, puede llamarnos de lunes a viernes, de 8:00 a.m. a 8:00 p.m. Fuera del horario laboral, los fines de semana y los días festivos federales se utiliza un sistema de mensajería. Los usuarios de TTY deben llamar al 711.  
O también puede visitar [www.silverandfit.com](http://www.silverandfit.com).

# ¿Cuál es el Área de Servicio de Proveedores de Silver&Fit®?

Los condados de nuestra área de servicio se enumeran a continuación.

Condado de Contra Costa

Condado de San Joaquin

Condado de San Mateo

Condado de Santa Barbara solo para los siguientes códigos ZIP:

93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107,  
93108, 93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121,  
93130, 93140, 93150, 93160, 93190, 93199, 93252, 93427, 93436,  
93437, 93438, 93440, 93441, 93460, 93463, 93464

Condado de Santa Cruz

Condado de Solano

Condado de Sonoma

## ¿Cómo encontrar Proveedores de Silver&Fit® que brindan servicios en su área?

Hemos organizado la información de varias maneras diferentes. Si está interesado en un centro de acondicionamiento físico contratado en particular, consulte el Índice de Proveedores. Si está interesado en encontrar un centro de acondicionamiento físico en su comunidad, consulte la Lista de Proveedores de Silver&Fit® de Health Net.

Para obtener la información más actualizada acerca de los proveedores de Silver&Fit® en su área, puede visitar [www.silverandfit.com](http://www.silverandfit.com) o llamar al Servicio al Cliente de Silver&Fit® al 1-888-797-7757, de lunes a viernes, de 5:00 a. m. a 6:00 p. m., PST, excepto los días feriados. Los usuarios de TTY deben llamar al 711.

La lista de medicamentos, red de farmacias y/o red de proveedores pueden cambiar en cualquier momento. Recibirá una notificación cuando sea necesario.

## 第 1 節

# 引言

本名錄提供參與 Silver&Fit® 的簽約健身俱樂部與健身中心名單。如需了解有關您健身及運動承保的詳細資訊，請參閱您的《承保證明》。Silver&Fit® 與 Health Net 有簽約。

### 會員資格選擇

1. Silver&Fit® 年度健身中心會員資格是參與健身俱樂部或進行運動的會員資格，或
2. Silver&Fit® 家庭健身計劃是家庭式的健身與健康教育計劃，適合沒有參與健身機構使用權或偏好在家健身的會員。

### 投保

1. 您在 Silver&Fit® 投保前的文件中會收到一張臨時會員 ID 卡。
2. 只要使用本名錄選擇健身機構、線上造訪 [www.silverandfit.com](http://www.silverandfit.com)，或撥打 1-888-797-7757 致電 Silver&Fit® 客戶服務部即可，服務時間為週一至週五，PST 上午 5 點至下午 6 點，假日除外。TTY 使用者請致電 711。
3. 請攜帶您的臨時 ID 卡到參與健身機構簽署會員合約。您可能必須在健身機構簽署的會員合約是「標準健身機構會員資格」，無需支付額外費用，涵蓋透過本計劃提供的承保服務。
4. 如果您選擇支付額外費用使用機構提供的其他健身機構服務，則您與健身機構簽訂的合約可能反映與這些非計劃相關服務相關的費用。
5. 本名錄中載列的「網絡服務提供者」(參與機構) 已同意為您提供健身及承保服務。您可造訪本名錄中載列的任何一個健身機構。您可以隨時變更健身機構。
6. 如果您選擇 Silver&Fit® 家庭健身計劃，您可以在 [www.silverandfit.com](http://www.silverandfit.com) 線上投保，或撥打 1-888-797-7757 致電客戶服務部 Silver&Fit®，週一至週五，PST 上午 5 點至晚上 6 點，假日除外。TTY 使用者請致電 711。

在開始 Silver&Fit® 計劃或任何體適能計劃前，請務必諮詢您的醫師。

如需了解有關您的健康護理保險的詳細資訊，請參閱您的《承保證明》(EOC)。

如需列出其他 Health Net 參與網絡服務提供者及/或 Silver&Fit® 機構的名錄，請撥打 1-800-275-4737 致電我們的會員服務部。從 10 月 1 日至 3 月 31 日，您可以致電我們的時間為一週 7 天，上午 8:00 至晚上 8:00。從 4 月 1 日至 9 月 30 日，您可以致電我們的時間為週一至週五，上午 8:00 至晚上 8:00。非服務時間、週末和聯邦假日會由留言系統接聽。TTY 使用者請致電 711。或者，您可以造訪 [www.silverandfit.com](http://www.silverandfit.com)。

# Silver&Fit® 服務提供者的 服務區域是哪裡？

我們服務區域的郡縣請見下方所列

Contra Costa County

San Joaquin County

San Mateo County

Santa Barbara County 僅限以下郵遞區號區域：

93013、93014、93067、93101、93102、93103、93105、93106、  
93107、93108、93109、93110、93111、93116、93117、93118、  
93120、93121、93130、93140、93150、93160、93190、93199、  
93252、93427、93436、93437、93438、93440、93441、93460、  
93463、93464

Santa Cruz County

Solano County

Sonoma County

# 如何找到為您所在區域服務的 Silver&Fit® 服務提供者？

我們以多種不同形式提供資訊。如果您對特定簽約健身機構感興趣，請翻到服務提供者索引頁面。如果您有興趣在您所在的社區中尋找健身機構，請翻到 Health Net Silver&Fit® 服務提供者清單。

如需取得您所在區域之 Silver&Fit® 服務提供者的最新資訊，請造訪 [www.silverandfit.com](http://www.silverandfit.com)，或撥打 1-888-797-7757 致電 Silver&Fit® 的客戶服務部，週一至週五 PST 上午 5:00 至晚上 6:00，假日除外。TTY 使用者請撥打 711。

醫療服務提供者網絡可能會隨時變更。您將在必要時收到通知

SECTION 2

## **List of Network Providers**

SECCIÓN 2

## **Lista de Proveedores de la Red**

第 2 節

## **網絡服務提供者清單**



# Section 2 – List of Network Providers

# Sección 2 – Lista de Proveedores de la Red

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## Silver&Fit Providers

(908)

### ALAMEDA COUNTY

#### Alameda

#### AES Therapy & Fitness

1725 Webster St  
5107480158

#### AES Therapy & Fitness - The Lodge

801 Island Dr  
5107480158

#### Crunch Fitness & Alameda

2247 S Shore Ctr Unit 310 Unit 435  
5108004001

#### Berkeley

#### Anytime Fitness - Berkeley - Club 3296

1820 Solano Ave  
5105264900

#### City Sports Club - Berkeley

3100 San Pablo Ave Ste 110  
5102015576

#### Castro Valley

#### 24 Hour Fitness - Club 514 - Active

3839 E Castro Valley Blvd  
5107336448

#### Dublin

#### Fitness 19 - Dublin

7201 Regional St  
9252714248

#### The Well Studio Dublin

7151 Regional St  
9259994320

#### Fremont

#### 24 Hour Fitness - Club 493 - Super Sport

4500 Auto Mall Pkwy  
5102266900

#### 24 Hour Fitness - Club 543 - Active

39300 Paseo Padre Pkwy  
5107956666

#### City Sports Club - Fremont - Farwell Dr

39153 Farwell Dr  
5107890161

#### Live 2 B Healthy at Carlton Plaza Fremont

3800 Walnut Ave  
9254170589

#### Planet Fitness - Fremont

39161 Farwell Dr  
5107975000

#### Hayward

#### 24 Hour Fitness - Club 488 - Super Sport

2480 Whipple Rd  
5104040803

#### 24 Hour Fitness - Club 536 - Active

24727 Amador St  
5102643275

#### City Sports Club - Hayward - Foothill Blvd

22327 Foothill Blvd  
5107803321

#### City Sports Club - Hayward - Hesperian Blvd

24500 Hesperian Blvd  
5107312724

#### Hayward

#### City Sports Club - Hayward - Whipple Rd

2401 Whipple Rd  
5104040211

#### Fitness 19 - Hayward

26905 Mission Blvd Ste C  
5104133919

31199 Mission Blvd

5104133919

#### Fitness 19 - Hayward

26905 Mission Blvd Ste C  
5104133919

31199 Mission Blvd

5104133919

#### Planet Fitness - Hayward

214B Southland Mall  
5102641800

#### Livermore

#### 24 Hour Fitness - Club 895 - Super Sport

2650 Kittyhawk Rd  
9254474496

#### Fitness 19 - Livermore

1456 Railroad Ave  
9252639219

#### Heritage Estates - Temporarily Closed

900 E Stanley Blvd  
9253733636

#### Newark

#### 24 Hour Fitness - Club 875 - Super Sport

2086 Newpark Mall  
5104949348

## Silver&Fit Providers

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### Newark

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#### **Fitness 19 - Newark**

6203 Jarvis Ave  
5102980819

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### Oakland

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#### **24 Hour Fitness - Club 532 - Active**

2050 Webster St  
5104331140

#### **24 Hour Fitness - Club 802 - Sport**

3950 Alameda Ave  
5104342495

#### **East Oakland Sports Center**

9161 Edes Ave  
5106155838

#### **Fitness 19 - Oakland**

10950 International Blvd  
5103687999

#### **Planet Fitness - Hegenberger**

610 Hegenberger Rd  
5105779636

#### **RGym**

5357 College Ave  
5106558808

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### Pleasanton

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#### **24 Hour Fitness - Club 836 - Super Sport**

4770 Willow Rd  
9254631515

#### **Fitness 19**

4250 Rosewood Dr  
9254161100

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### San Leandro

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#### **24 Hour Fitness - Club 272 - Sport**

567 Floresta Blvd  
5103517579

#### **24 Hour Fitness - Club 501 - Sport**

304 Bayfair Mall  
5102789744

#### **Live 2 B Healthy at Carlton Place San Leandro**

1000 E 14th St  
5308640153

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### San Lorenzo

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#### **Crunch - San Lorenzo**

177 Lewelling Blvd  
5109244200

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### Union City

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#### **Mark Green Sports Center**

31224 Union City Blvd  
5106755808

#### **Zereh Chiropractic & iHeal Wellness Center**

32623 Alvarado Blvd  
5103248551

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### CONTRA COSTA COUNTY

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#### **Antioch**

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#### **24 Hour Fitness - Club 456 - Super Sport**

2520 Somersville Rd  
9257531553

#### **City Sports Club - Antioch CA**

5001 Lone Tree Way  
9257329488

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### Antioch

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#### **Planet Fitness - Williamson Ranch**

4863 Lone Tree Way  
9254773250

#### **Solar Swim & Gym**

111 W 15th St  
9257577412

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### Brentwood

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#### **24 Hour Fitness - Club 457 - Super Sport**

5961 Lone Tree Way  
9253262266

#### **In-Shape - Brentwood**

180 Griffith Ln  
9255138700

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### Clayton

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#### **Snap Fitness - Clayton - Club 905**

1516 Kirker Pass Rd Ste A  
9252763166

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### Concord

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#### **24 Hour Fitness - Club 511 - Sport**

359 Sun Valley Mall  
9256748412

#### **Anytime Fitness - Concord - Club 4622**

1150 Concord Ave  
9253633301

#### **City Sports Club - Concord - Diamond Blvd**

2075 Diamond Blvd Ste 170  
9253320200

## Silver&Fit Providers

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Concord	Martinez	Pinole
<b>Curves - 5742</b> 2962 Treat Blvd Ste C 9252889344	<b>Martinez Athletic Club</b> 729 Castro St 9258497128	<b>X Fit Training - Pinole</b> 812 San Pablo Ave Ste 5 5102894200
<b>Fitness 19</b> 4115 Concord Blvd Ste 10 9255211919	<b>Moraga</b>	<b>Pittsburg</b>
<b>Live 2 B Healthy at Carlton On Broadway</b> 1700 Broadway St 5308640153	<b>24 Hour Fitness - Club 812 - Super Sport</b> 351 Rheem Blvd 9253772400	<b>Planet Fitness - Pittsburg</b> 2240 Loveridge Rd 9254391518
<b>Planet Fitness - Concord</b> 3375 Port Chicago Hwy Ste 51 9258265709	<b>Oakley</b>	<b>Pleasant Hill</b>
<b>Tap Into Health - Concord</b> 2190 Meridian Park Blvd Ste H 9256094426	<b>California Fitness 24/7</b> 2515 Main St 9256792348	<b>Live 2 B Healthy at Carlton of Downtown Pleasant Hill</b> 175 Cleveland Rd 5308640153
<b>UFC Gym - Concord</b> 1975 Diamond Blvd 9252658130	<b>Orinda</b>	<b>Live 2 B Healthy at Carlton Pleasant Hill</b> 2770 Pleasant Hill Rd 5308640153
<b>Danville</b>	<b>Anytime Fitness - Orinda - Club 6118</b> 2 Orinda Theatre Square Ste 148 9255420342	<b>Live 2 B Healthy at Poet's Corner (Private Club)</b> 540 Patterson Blvd 5308640153
<b>Fitness 19 - Danville</b> 101 Town and Country Dr Ste A 9257433919	<b>Pinole</b>	<b>Richmond</b>
<b>El Cerrito</b>	<b>Anytime Fitness - Pinole CA - Club 3944</b> 1477 Fitzgerald Dr Ste 100 5102225646	<b>24 Hour Fitness - Club 494 - Sport</b> 2126 Hilltop Mall Rd 5107582224
<b>24 Hour Fitness - Club 937 - Active</b> 10636 San Pablo Ave 5109006279	<b>Her365 Fitness</b> 1573 Tara Hills Dr 8554920635	<b>City Sports Club - Richmond - Klose Way</b> 4100 Klose Way 5102108291
<b>Martinez</b>	<b>Pinole Senior Center</b> 2500 Charles St 5107249802	<b>San Ramon</b>
<b>California Fitness 24/7</b> 621 Alhambra Ave 9252934097	<b>Planet Fitness - Pinole</b> 1570 Fitzgerald Dr 5102438791	<b>24 Hour Fitness - Club 512 - Super Sport</b> 4450 Norris Canyon Rd 9252449855

Silver&Fit Providers

## Silver&Fit Providers

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### San Ramon

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#### HAWC Gym

12811 Alcosta Blvd Ste A  
9254992128

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### Walnut Creek

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#### 24 Hour Fitness - Club 885 - Super Sport

2800 N Main St  
9253574733

#### Fitness 19 - Walnut Creek

1853 Ygnacio Valley Rd  
9259351132

#### Live 2 B Healthy at Heather Wood (Private Club)

1315 Mt Pisgah Rd  
9255530864

#### Snap Fitness - Club 703

1533A Palos Verdes Mall  
9259388006

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### FRESNO COUNTY

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#### Clovis

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#### Crunch - Shaw

284 W Shaw Ave  
5593220700

#### Planet Fitness - Clovis

634 Shaw Ave  
5592973455

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### Fresno

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#### Crunch - Figarden

6360 N Figarden Dr  
5594227222

#### Curves - 144

339 E Shaw Ave  
5592217001

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### Fresno

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#### Everyday Iron

4762 W Jennifer Ave  
5593226805

#### Fairwinds Woodward Park

9525 N Fort Washington Rd  
5594346444

#### Planet Fitness - Fresno Manchester North

3756 N Blackstone Ave  
5592417288

#### Planet Fitness - Fresno-West Shaw

3382 W Shaw Ave  
5592765770

#### Valley Fitness - Ashlan

4175 E Ashlan Ave  
5593692469

#### Valley Fitness - Herndon

6735 N 1st St  
5595001344

#### Valley Fitness - Maroa

3003 N Maroa Ave  
5592860591

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### Kingsburg

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#### Workouts Unlimited Gym

1301 Draper St  
5598972624

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### Reedley

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#### Fitness Quest Health Club

1601 10th St  
5596389895

#### Xcelerate Fitness

555 I St  
5596382300

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### Selma

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#### Valley Fitness - Selma

2851 Whitson St  
5596914370

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### IMPERIAL COUNTY

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#### Brawley

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#### 4:13 Fitness Center - Brawley

435 W Main St Ste A  
7606231225

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### Calexico

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#### Planet Fitness - Calexico

2304 N Imperial Ave  
7607682962

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### El Centro

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#### 4:13 Fitness Center - El Centro

3451 S Dogwood Rd  
7609704074

#### Imperial Valley Fitness Club

220 Wake Ave  
4422835029

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### Planet Fitness - El Centro

1910 N Imperial Ave  
7603709435

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### Imperial

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#### 4:13 Fitness Center - Imperial

2415 La Brucherie Rd  
7603371400

#### Fitness Oasis Health Club & Spa

504 W Aten Rd  
7603558888

## Silver&Fit Providers

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### KERN COUNTY

#### Bakersfield

##### Body Xchange - Allen Road

1433 Allen Rd  
6617162639

##### Body Xchange - Bernard Street

3400 Bernard St  
6613770600

##### Body Xchange - Olive Drive

11100 Olive Dr  
6614100200

##### Body Xchange - Panama Lane

3515 Panama Ln  
6618332639

##### Body Xchange - White Lane

7691 White Ln  
6618472639

##### Chuze fitness - Bakersfield

5200 Stockdale Hwy  
6613024985

##### Crunch - Bakersfield

2401 N Chester Ave  
6612461611

##### In-Shape - Bakersfield California Ave

4230 California Ave  
6618433100

##### In-Shape - Bakersfield Oswell

2681 Oswell St  
6613712990

##### In-Shape - Bakersfield White Lane

4801 White Ln  
6613984970

#### Bakersfield

##### In-Shape - River Lakes

5423 Calloway Dr  
6613873671

##### Planet Fitness - Airport

731 Airport Dr  
6613918525

##### Planet Fitness - Ashe

6300 Ashe Rd  
6617358467

##### Planet Fitness - Cal Ave

4001 California Ave  
6613748429

##### Planet Fitness - Niles

6151 Niles St  
6617421920

##### Planet Fitness - White Lane

2300 White Ln  
6618362300

##### Sculpt 365 - Oildale

200 China Grade Loop  
6613938400

#### Boron

##### Bo's Fitness Center

27012 Twenty Mule Team Rd  
7607626301

#### Delano

##### Planet Fitness - Delano

625 Cecil Ave  
6617780049

#### Lake Isabella

##### Valley Fitness

6200 Lake Isabella Blvd  
7604172206

#### Ridgecrest

##### 760 Fitness

923 S China Lake Blvd  
7603752275

#### Rosamond

##### One Core Fitness

2972 Poplar St  
6618105753

#### Taft

##### West Side Recreation & Park District Center

500 Cascade PL Bldg D  
6617656677

#### Tehachapi

##### Sculpt 365 - Tehachapi

20936 Sage Ln  
6618238205

#### Wasco

##### Anytime Fitness - Wasco - Club 1389

2445 Highway 46 Ste A  
6617581500

### LOS ANGELES COUNTY

#### Agoura Hills

##### Agoura Fitness

28716 Roadside Dr  
8187060003

##### LA Fitness - Agoura Hills

5075 Roadside Rd  
7472129535

Silver&Fit Providers

## Silver&Fit Providers

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### Alhambra

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#### LA Fitness - Alhambra

412 E Main St  
6262995980

#### LA Fitness -

#### Alhambra-Fremont Ave

920 S Fremont Ave  
6263103030

#### YMCA of West San Gabriel Valley

401 Corto St  
6265760226

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### Altadena

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#### 24 Hour Fitness - Club 62 - Sport

2180 Lincoln Ave Ste 4  
6262968700

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### Arcadia

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#### 24 Hour Fitness - Club 906 - Sport

125 N 1st Ave  
6264463000

#### Gold's Gym - Arcadia

400 S Baldwin Ave Ste 3000  
6264471500

#### LA Fitness - Arcadia

1325 S Baldwin Ave  
6264005001

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### Artesia

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#### Steel Feather Senior Fitness at Artesia Christian Home

11614 183rd St  
7145864819

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### Baldwin Park

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#### LA Fitness - Baldwin Park - E Garvey Ave

13822 Garvey Ave  
6265215293

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### Bellflower

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#### Blink Fitness - Bellflower

16121 Bellflower Blvd  
5627257133

#### Fitness 19 - Bellflower

9044 Alondra Blvd  
5628671919

#### Planet Fitness - Bellflower

9055 Artesia Blvd  
5628668800

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### Beverly Hills

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#### LA Fitness - Beverly Hills - Wilshire Blvd

9100 Wilshire Blvd Ste 100E  
3107340942

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### Burbank

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#### 24 Hour Fitness - Club 883 - Super Sport

1903 W Empire Ave  
8185310257

#### Blink Fitness - Burbank

1060 W Alameda Ave  
8186865930

#### Burbank Fitness Club

226 E Palm Ave  
8188617530

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### Carson

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#### 24 Hour Fitness - Club 192 - Sport

945 E Dominguez St  
3103231424

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### Cerritos

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#### 24 Hour Fitness - Club 931 - Super Sport

17970 Studebaker Rd Plz 183  
5622635154

#### Crunch - Cerritos

11881 Del Amo Blvd  
5627415321

#### Gold's Gym - Cerritos

13233 South St  
5623545444

#### LA Fitness - Cerritos - Alondra Blvd

10802 Alondra Blvd  
5629248737

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### Chatsworth

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#### Anytime Fitness - Chatsworth, CA - Club 6889

21525 Devonshire St  
8183490349

#### Crunch - Chatsworth

20914 Nordhoff St  
8187750300

#### Fitness 19 - Chatsworth

10130 Mason Ave  
8188552219

#### Planet Fitness - Chatsworth

9825 Mason Ave  
8185310399



## Silver&Fit Providers

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City of Industry	Cudahy	Downey
<b>24 Hour Fitness - Club 58 - Sport</b> 1600 S Azusa Ave 6268391700	<b>Chuze Fitness - Cudahy</b> 8017 Atlantic Ave 3237438049	<b>Nifty After Fifty - Downey</b> 10000 Lakewood Blvd 5628627950
<b>24 Hour Fitness - Club 860 - Sport</b> 21560 Valley Blvd 9099786046	<b>Culver City</b> <b>Gold's Gym - Culver City</b> 6000 Sepulveda Blvd Ste 1200 3103130033	<b>Duarte</b> <b>Anytime Fitness - Duarte - Club 5057</b> 2217 Huntington Dr 6263596394
<b>UFC Gym - City of Industry</b> 17638 Castleton St 6026069030	<b>LA Fitness - Culver City II</b> 3827 Overland Ave 3102042030	<b>El Monte</b> <b>El Monte Aquatic Center</b> 11001 Mildred St 6265802213
<b>Claremont</b> <b>Fitness 19 - Claremont</b> 364 S Indian Hill Blvd 9095219519	<b>Diamond Bar</b> <b>Crunch - Diamond Bar</b> 1132 S Diamond Bar Blvd 9094440142	<b>El Segundo</b> <b>Anytime Fitness - El Segundo - Club 3401</b> 630 N Sepulveda Blvd Ste 10 4242779000
<b>Pacific Athletic Center</b> 1599 Monte Vista Ave 8184687630	<b>LA Fitness - Diamond Bar</b> 20801 Golden Springs Dr 9095950045	<b>Gardena</b> <b>Blink Fitness - Gardena</b> 15501 Normandie Avenue 4242928150
<b>Compton</b> <b>24 Hour Fitness - Club 916 - Sport</b> 110 Towne Center 3107359114	<b>Planet Fitness - Diamond Bar</b> 2797 S Diamond Bar Blvd 9093232060	<b>Fitness 19 - Gardena</b> 1310 W Rosecrans Ave 3103231920
<b>Covina</b> <b>Fitness 19</b> 205 N Grand Ave 6263391919	<b>Downey</b> <b>24 Hour Fitness - Club 877 - Super Sport</b> 8810 Apollo Way 5623826230	<b>Glendale</b> <b>24 Hour Fitness - Club 219 - Super Sport</b> 450 N Brand Blvd 8182474334
<b>Planet Fitness - Covina</b> 1480 N Azusa Ave Ste A 6263322190	<b>LA Fitness - Downey</b> 7230 Firestone Blvd 5629275688	
	<b>LA Fitness - Downey II</b> 12074 Lakewood Blvd 5628033432	

Silver&Fit Providers

## Silver&Fit Providers

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Glendale	Harbor City	Hollywood
<b>Anytime Fitness - Glendale - Club 1588</b> 300 E Colorado St 8185847700	<b>LA Fitness - Harbor City</b> 908 Sepulveda Blvd 4242032060	<b>24 Hour Fitness - Club 088 - Super Sport</b> 6380 W Sunset Blvd 3106527440
<b>Gold's Gym - Glendale</b> 3211A Glendale Galleria 8185489000	<b>Hawaiian Gardens</b> <b>EoS Fitness - Hawaiian Gardens</b> 12120 Carson St 5622783481	<b>Huntington Park</b> <b>Blink Fitness - Huntington Park</b> 6714 Pacific Blvd 3235388705
<b>LA Fitness - Glendale - Brand Blvd</b> 144 S Brand Blvd 8186381762	<b>Planet Fitness - Hawaiian Gardens</b> 21101 Norwalk Blvd 5626531100	<b>LA Fitness - Huntington Park</b> 3081 E Slauson Ave 3235898935
<b>Lindonna Fitness</b> 3601 Ocean View Blvd Ste 1 8183309022	<b>Hawthorne</b> <b>24 Hour Fitness - Club 55 - Sport</b> 2831 W 120th St 3237562466	<b>Inglewood</b> <b>LA Fitness - Inglewood</b> 3531 W Century Blvd 3106726002
<b>YMCA of Glendale</b> 140 N Louise St 8182404130	<b>LA Fitness - Hawthorne - 147th St</b> 4949 W 147th St 3108440653	<b>La Canada Flintridge</b> <b>Crescenta-Cajada Family YMCA</b> 1930 Foothill Blvd 8187900123
<b>Glendora</b> <b>24 Hour Fitness - Club 910 - Sport</b> 1357 E Gladstone Ave 6268042403	<b>Hermosa Beach</b> <b>24 Hour Fitness - Club 97 - Sport</b> 1601 Pacific Coast Hwy Ste 100 3103744524	<b>La Crescenta</b> <b>Crescenta Valley Family YMCA</b> 3931 Lowell Ave 8187900123
<b>Fit Gym</b> 1838 E Route 66 6263350300	<b>Anytime Fitness - Hermosa Beach - Club 2851</b> 300 Pacific Coast Hwy 3103033334	<b>La Mirada</b> <b>Crunch - La Mirada</b> 12805 Valley View Ave 5623157007
<b>King's Fitness</b> 917 E Route 66 6269635464		
<b>LA Fitness - Glendora</b> 820 S Grand Ave 6263355474		
<b>Total Solution Wellness for Women</b> 303 W Foothill Blvd Ste 11 6269631700		

## Silver&Fit Providers

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La Mirada	Lakewood	Long Beach
<b>Gold's Gym - La Mirada</b> 13395 Beach Blvd 5622329500	<b>Lakewood Family YMCA</b> 5835 Carson St 5624257431	<b>24 Hour Fitness - Club 936 - Active</b> 1 World Trade Center 5622067150
<b>UFC Gym - La Mirada</b> 14920 La Mirada Blvd 7143321770	<b>The Sweat Shop Gym</b> 3671 Industry Ave Ste A1 5623537496	<b>Alpert Jewish Community Center</b> 3801 E Willow St 5624267601
La Puente	Lancaster	
<b>Fitness One80</b> 1655 N Hacienda Blvd Ste A 6268775187	<b>24 Hour Fitness - Club 878 - Super Sport</b> 1220 W Avenue K 6612063045	<b>California Aquatic Therapy and Wellness Center</b> 6801 Long Beach Blvd 3105372224
<b>La Puente Combatives</b> 525 N Azusa Ave Ste 106 6264333517	<b>Crunch - Lancaster</b> 1020 Commerce Center Dr 6615229587	<b>Crunch - Downtown Long Beach</b> 100 Oceangate Ste P200 5624531030
La Verne		
<b>Chuze Fitness - LaVerne</b> 2244 Foothill Blvd 9094518792	<b>Ladies First Fitness &amp; Spa</b> 42015 10th St W Ste D&E 6619426496	<b>Crunch - Long Beach</b> 4280 Long Beach Blvd 5624721780
<b>Crunch - La Verne</b> 1473 Foothill Blvd Ste A 9092567001	<b>Planet Fitness - Lancaster</b> 44600 Valley Central Way 6619413333	<b>Esporta Fitness - North Long Beach</b> 5810 Downey Ave 5622727255
<b>LA Fitness - La Verne</b> 1275 Foothill Blvd 9093921063	<b>Total Health &amp; Fitness</b> 1051 W Columbia Way Ste 202 6617235204	<b>Fairfield Family YMCA</b> 4949 Atlantic Ave 5624230491
Lakewood	Lawndale	
<b>24 Hour Fitness - Club 890 - Super Sport</b> 4821 Del Amo Blvd 5626302668	<b>Nifty After Fifty - Lawndale</b> 15230 Hawthorne Blvd 4242693629	<b>Gold's Gym &amp; Long Beach</b> 345 Pine Ave 5624364653
<b>Crunch - Lakewood</b> 5815 Bellflower Blvd 5622620404	<b>Long Beach</b>  <b>24 Hour Fitness - Club 186 - Super Sport</b> 3030 N Bellflower Blvd 5624201444	<b>LA Fitness - Long Beach</b> 2140 E Carson St 5629979176
		<b>LA Fitness - Long Beach II</b> 4438 E Pacific Coast Hwy 5624941216

Silver&Fit Providers

## Silver&Fit Providers

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### Long Beach

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**LA Fitness - Long Beach-Bellflower**  
2180 N Bellflower Blvd  
5623141820

**Lifefit Center @ The Beach**  
1250 N Bellflower Blvd Life Fit Center MS 5605  
5629852087

**Los Altos Family YMCA**  
1720 N Bellflower Blvd  
5625963394

**Metroflex Gym Long Beach**  
3200 E 59th St  
5625317040

**Steel Feather Senior Fitness at Vista Del Mar**  
3360 Magnolia Ave  
7145864819

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### Los Angeles

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**24 Hour Fitness - Club 118 - Active**  
3699 Wilshire Blvd Ste 110  
2133882700

**24 Hour Fitness - Club 490 - Sport**  
5045 W Slauson Ave  
3232932481

**Blink Fitness - Watts**  
2450 E Century Blvd  
2132798879

**EoS Fitness - Los Angeles - Downtown LA/Cesar**  
701 W Cesar E Chavez Ave  
2135283132

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### Los Angeles

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**Fitness 19 - Crenshaw**  
3222 W Slauson Ave  
3232991919

**Fitness 19 - Eagle Rock**  
2700 Colorado Blvd Ste 254  
3234713019

**Gold's Gym - Hollywood**  
1016 Cole Ave  
3234627012

**Gold's Gym - Los Angeles**  
735 S Figueroa St Ste 100  
2136881441

**Gold's Gym - Northridge**  
9301 Tampa Ave  
8185343331

**Hollywood Gym Inc**  
1551 N La Brea Ave  
3238451420

**LA Fitness - Downtown LA Bloc - Flower St**  
700 W 7th St Ste G300  
2136243933

**LA Fitness - Hollywood Blvd**  
7021 Hollywood Blvd  
3234625199

**LA Fitness - Hollywood li**  
1628 N El Centro Ave  
3234610227

**LA Fitness - La Cienega**  
1833-C S La Cienega Blvd  
3102026823

**LA Fitness - Miracle Mile**  
5950 Wilshire Blvd  
3239346150

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### Los Angeles

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**LA Fitness - Universal City**  
3400 Cahuenga Blvd West  
3238761076

**LA Fitness - West Los Angeles**  
1914 S Bundy Dr  
3108207571

**LA Fitness - Westwood**  
10921 Wilshire Blvd  
3102095002

**Nifty after Fifty - West LA**  
3711 S La Brea Ave  
3235964837

**Pilates By Shay**  
7000 W Manchester Ave  
8182549437

**Planet Fitness - DTLA**  
437 S Broadway  
2136990030

**Steel Feather Senior Fitness at Sakura Gardens**  
325 S Boyle Ave  
7145864819

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### Manhattan Beach

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**24 Hour Fitness - Club 163 - Active**  
1500 Rosecrans Ave  
3105369300

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### Maywood

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**Fitness 19 - Maywood**  
4427 Slauson Ave Ste 14  
3235671919

## Silver&Fit Providers

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Mission Hills	North Hollywood	Northridge
<b>24 Hour Fitness - Club 874 - Super Sport</b> 10400 Sepulveda Blvd 8184935440	<b>24 Hour Fitness - Club 889 - Super Sport</b> 5300 Lankershim Blvd 8187381798	<b>LA Fitness - Northridge Balboa Blvd</b> 8400 Balboa Blvd 8184573863
<b>Monrovia</b>  <b>24 Hour Fitness - Club 170 - Active</b> 715 E Huntington Dr 6263583333	<b>Gold's Gym - North Hollywood</b> 6233 Laurel Canyon Blvd 8185064600	<b>Steel Feather Senior Fitness at Pacifica Northridge</b> 8700 Lindley Ave 7145864819
<b>Ultra Flex</b> 204 W Foothill Blvd 6263037667	<b>LA Fitness - North Hollywood</b> 13069 VICTORY BLVD 8185064208	<b>Norwalk</b>  <b>Crunch - Norwalk</b> 11029 Alondra Blvd 5627415331
<b>Montebello</b>  <b>LA Fitness - Montebello</b> 2222 W Beverly Blvd 3237220994	<b>LA Fitness - North Hollywood - Laurel Canyon</b> 6150 Laurel Canyon Blvd 8052004706	<b>Esporta Fitness - Norwalk Imperial</b> 12545 Imperial Hwy 5622025723
<b>Monterey Park</b>  <b>24 Hour Fitness - Club 867 - Sport</b> 500 N Atlantic Blvd 6265372144	<b>Northridge</b>  <b>24 Hour Fitness - Club 866 - Super Sport</b> 19350 Nordhoff St Ste D 7472242000	<b>Pacoima</b>  <b>Alicia Broadous-Duncan MultiPurpose Senior Center</b> 11300 Glenoaks Blvd 8188346100
<b>LA Fitness - Monterey Park</b> 416 S Atlantic Blvd Bldg B 3233466061	<b>Crunch - Northridge</b> 10155 Reseda Blvd 8184357545	<b>Palmdale</b>  <b>Crunch - Palmdale</b> 2210 E Palmdale Blvd 6612663200
<b>Newhall</b>  <b>F45 Training Stevenson Ranch</b> 24142 Lyons Ave 8444345348	<b>Fitness Unlimited</b> 17048 Devonshire St 8183688140	<b>In-Shape - Palmdale East</b> 4644 E Avenue S 6617944045
	<b>Jazzercise at Northridge Women's Club</b> 18401 Lassen St 8184228851	<b>In-Shape - Palmdale West</b> 39331 10Th St W 6617944050
	<b>LA Fitness - Northridge</b> 18679 Devonshire St 8188325496	<b>Planet Fitness - Palmdale</b> 40014 10th St W 6616223333

Silver&Fit Providers

## Silver&Fit Providers

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Panorama City	Playa Vista	Rosemead
<b>24 Hour Fitness - Club 145 - Active</b> 8350 Van Nuys Blvd 8188301600	<b>LA Fitness - Playa Vista</b> 5570 Lincoln Blvd 3108813460	<b>Steel Feather Senior Fitness at California Mission</b> 8417 Mission Dr 7145864819
Pasadena	Pomona	UFC Gym - Rosemead
<b>24 Hour Fitness - Club 179 - Sport</b> 525 E Colorado Blvd 6267957121	<b>Curves - 1967</b> 3258 N Garey Ave 9095966000	8920 Glendon Way 6263919645
<b>Anytime Fitness - Pasadena - Club 6923</b> 600 E Colorado Blvd Ste 140 6264086500	<b>Planet Fitness - Pomona</b> 2057 Rancho Valley Dr 9097846220	San Dimas
<b>Curves - 12121</b> 1633 E Washington Blvd 6267945294	<b>Rancho Palos Verdes</b>  <b>LA Fitness - Palos Verdes</b> 28901 S Western Ave 3107322100	<b>Crunch - San Dimas</b> 192 Village Ct 9098953180
<b>LA Fitness - Pasadena</b> 201 S Lake Ave 6265683598	<b>Redondo Beach</b>  <b>Center for Health &amp; Fitness</b> 514 N Prospect Ave FL 2 3103743426	<b>Planet Fitness - San Dimas</b> 601 W Arrow Hwy 9095051525
<b>LA fitness - Pasadena rosemead Blvd</b> 355 N Rosemead Blvd 6262649138	<b>Reseda</b>  <b>ONEgeneration Senior Enrichment Center</b> 18255 Victory Blvd 8187086618	<b>San Dimas Recreation Center</b> 990 W Covina Blvd 9093946269
<b>Steel Feather Senior Fitness at MorningStar Pasadena</b> 951 S Fair Oaks Ave 7145864819	<b>Rosemead</b>  <b>California Table Tennis</b> 2727 Stingle Ave Ste 10 6267657772	San Marino
Pico Rivera	<b>LA Fitness - Rosemead</b> 3508 Rosemead Blvd 6265710228	<b>Snap Fitness - San Marino - Club 2079</b> 2451 Mission St 6266393787
<b>Fitness 19 - Pico Rivera</b> 8676 Whittier Blvd 5629421919		<b>Snap Fitness - San Marino - Club 2167</b> 2000 Huntington Dr 6262342398
<b>LA Fitness - Pico Rivera</b> 8909 Washington Blvd 5628010637		Santa Clarita
		<b>Anytime Fitness - Santa Clara - Club 50073</b> 26869 Bouquet Canyon Rd 6613096299

## Silver&Fit Providers

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Santa Clarita	Sherman Oaks	Sun Valley
<b>Anytime Fitness - Santa Clarita - Club 2843</b> 16676 Soledad Canyon Rd 6612507191	<b>24 Hour Fitness - Club 70 - Sport</b> 15301 Ventura Blvd 8187286777	<b>Valley Fitness Center</b> 7630 Vineland Ave 8185030342
<b>Crunch - Santa Clarita</b> 18655 Soledad Canyon Rd 6616754478	<b>LA Fitness - Sherman Oaks</b> 5300 Coldwater Canyon Ave 8185050772	<b>Sylmar</b> <b>Fitness19 - Sylmar</b> 13227 Gladstone Ave 8183020619
<b>LA Fitness - Santa Clarita - Canyon Country</b> 26455 Golden Valley Rd 6612548268	<b>Sherman Oaks East Valley Adult Center</b> 5056 Van Nuys Blvd Ste B 8189811284	<b>Tarzana</b> <b>Anytime Fitness - Tarzana - Club 2488</b> 19235 Ventura Blvd 8183000348
<b>Planet Fitness - Santa Clarita</b> 19150 Soledad Canyon Rd 6615609900	<b>Sierra Madre</b> <b>Sierra Fitness</b> 20 N Baldwin Ave 6268361236	<b>LA Fitness - Tarzana</b> 18620 Ventura Blvd 8186509042
<b>Snap Fitness - Santa Clarita - Club 1876</b> 19233 Golden Valley Rd 6614242700	<b>Signal Hill</b> <b>Nu Image Now Wellness Center</b> 3351 E Hill St 5629387665	<b>Torrance</b> <b>24 Hour Fitness - Club 130 - Sport</b> 2685 Pacific Coast Hwy 3105345100
<b>Santa Fe Springs</b> <b>24 Hour Fitness - Club 69 - Sport</b> 13312 Imperial Hwy 5624072424	<b>South Pasadena</b> <b>Snap Fitness - Club 347</b> 807 Meridian Ave 6264036463	<b>24 Hour Fitness - Club 397 - Super Sport</b> 21501 Hawthorne Blvd 4242064207
<b>Esporta Fitness - Santa Fe Springs</b> 13332 Telegraph Rd 5629416200	<b>Stevenson Ranch</b> <b>LA Fitness - STEVENSON RANCH</b> 24945 Pico Canyon Rd 6612190722	<b>Curves - 727</b> 3535 Torrance Blvd Ste 13 3105400083
<b>Santa Monica</b> <b>24 Hour Fitness - Club 183 - Super Sport</b> 2929 31st St 3104504464		<b>UFC Gym - Torrance</b> 19800 Hawthorne Blvd 3106978090

## Silver&Fit Providers

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Tujunga	Walnut	Westchester
<b>USA Gym Tujunga</b> 6656 Foothill Blvd 8189515222	<b>24 Hour Fitness - Club 934 - Super Sport</b> 18730 Amar Rd 6269231202	<b>LA Fitness - Westchester</b> 8601 Lincoln Blvd 3108460070
<b>Verdugo Hills Family YMCA</b> 6840 Foothill Blvd 8187900123	<b>West Covina</b>	<b>Whittier</b>
<b>Valencia</b>	<b>24 Hour Fitness - Club 81 - Sport</b> 1530 W West Covina Pkwy 6268512600	<b>24 Hour Fitness - Club 123 - Active</b> 10125 Whittwood Dr 5629433771
<b>Gold's Gym - Valencia</b> 24445 Town Center Dr Ste 195 6612881818	<b>Fitness 19 - West Covina</b> 1422 S Azusa Ave 6265946599	<b>EoS Fitness - Whittier</b> 11830 Whittier Blvd 5622671732
<b>Henry Mayo Fitness and Health</b> 24525 Town Center Dr 6612002348	<b>Gold's Gym - West Covina</b> 502 Plaza Dr 6263382444	<b>Eos Fitness - Whittier</b> 11863 Whittier Blvd 5622671732
<b>LA Fitness - Valencia</b> 28211 Newhall Ranch Rd 6612940985	<b>LA Fitness - West Covina E Garvey Ave</b> 3101 E Garvey Ave N 6262512133	<b>LA Fitness - WHITTIER</b> 13806 Whittier Blvd 5623326205
<b>Van Nuys</b>	<b>Nifty after Fifty - West Covina</b> 301 N Azusa Ave 6262142650	<b>Nifty after Fifty - Whittier</b> 16405 Whittier Blvd 5625012200
<b>Crunch - Van Nuys</b> 6723 Van Nuys Blvd 8187426044	<b>Steel Feather Senior Fitness at Regency Grand</b> 150 S Grand Ave 7145864819	<b>Woodland Hills</b>
<b>LA Fitness - VAN NUYS - SEPULVEDA BLVD</b> 6161 Sepulveda Blvd 8189887411	<b>West Hills</b>	<b>24 Hour Fitness - Club 929 - Super Sport</b> 6220 N Topanga Canyon Blvd Ste 2410 8187371177
<b>Venice</b>	<b>24 Hour Fitness - Club 904 - Super Sport</b> 6653 Fallbrook Ave 8188872582	<b>LA Fitness - WoodLand Hills</b> 6401 Canoga Ave 8182247820
<b>Gold's Gym - Venice</b> 360 Hampton Dr 3103926004	<b>Fairwinds West Hills</b> 8138 Woodlake Ave 8187130900	



## Silver&Fit Providers

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### ORANGE COUNTY

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#### Anaheim

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#### 24 Hour Fitness - Club 195 - Sport

300 S Festival Dr  
7146374262

#### 24 Hour Fitness - Club 64 - Sport

1430 N Lemon St  
7145259924

#### Blink Fitness - Anaheim

2251 W Ball Rd  
7147903555

#### Chuze Fitness - Anaheim

135 N Beach Blvd  
6575498988

#### Crunch - Garden Grove

9822 Katella Ave  
7144623611

#### Gold's Gym - Garden Grove

10870 Katella Ave  
7147413926

#### Gold's Gym - Anaheim Town Square

2280 E Lincoln Ave  
7147865683

#### LA Fitness - Anaheim Hills

5757 E Santa Ana Canyon Rd  
7142823931

#### The Salvation Army Anaheim Corps & Community Center

1515 W North St  
7144911450

#### UFC Fit - Anaheim Garden

321 W Katella Ave Ste 94  
6572958399

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### Brea

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#### 24 Hour Fitness - Club 159 - Sport

965 E Birch St  
7142562500

#### City of Brea - Brea Fitness

695 Madison Ave  
7149907100

#### Fitness 19 - Brea

706 E Imperial Hwy  
9516000019

#### St Jude Wellness Center

2767 E Imperial Hwy  
7145788770

#### Steel Feather Senior Fitness at Lake Park Brea

625 N Puente St  
7145864819

#### The Brea Senior Center

500 Sievers Ave  
7149907750

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### Buena Park

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#### 24 Hour Fitness - Club 855 - Sport

8430 On the Mall  
7142361800

#### Fitness 19 - Buena Park

7886 Valley View St  
7145211919

#### Planet Fitness - Buena Park

8379 La Palma Ave  
7146760944

8960 Knott Ave

7149523000

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### Buena Park

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#### Planet Fitness - Buena Park

8379 La Palma Ave  
7146760944

8960 Knott Ave

7149523000

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### Costa Mesa

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#### 24 Hour Fitness - Club 185 - Sport

555 W 19th St  
9496503600

#### 24 Hour Fitness - Club 78 - Super Sport

589 Anton Blvd  
7147512724

#### 24 Hour Fitness - Club 891 - Super Sport

1870 Harbor Blvd Costa Mesa  
Harbor Super Sport  
9496100651

#### Body Wise Fitness

640 Terminal Way  
9496456110

#### Planet Fitness - Costa Mesa

2200 Harbor Blvd  
9495484090

#### UFC Gym - Costa Mesa

2860 Harbor Blvd  
6572154700

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### Coto de Caza

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#### Coto Valley Club - Fitness Classes

23331 Via Venado  
9493038451

Silver&Fit Providers

## Silver&Fit Providers

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Cypress	Fountain Valley	Garden Grove
<b>Chuze Fitness - Cypress</b> 9851 Walker St 7148205859	<b>Planet Fitness - Fountain Valley</b> 16201 Harbor Blvd 6572324460	<b>24 Hour Fitness - Club 156 - Sport</b> 9561 Chapman Ave 7145373000
<b>Steel Feather Senior Fitness at Westmont Cypress</b> 4889 Katella Ave 7145864819	<b>Fullerton</b>	<b>Hoan Nhien</b> 8345 Garden Grove Blvd Ste 104 7144943369
<b>Dana Point</b>	<b>24 Hour Fitness - Club 844 - Super Sport</b> 130 Imperial Hwy 7148690643	<b>LA Fitness - Garden Grove</b> 11932 Valley View St 7143799744
<b>Rado's Fitness</b> 24470 Del Prado 9498781188	<b>Chuze Fitness - Fullerton</b> 246 E Orangethorpe Ave 6572178855	<b>Studio B Fitness</b> 12046 West St 7143068440
<b>Foothill Ranch</b>	<b>Fullerton Community Center</b> 340 E Commonwealth Ave 7147386575	<b>Huntington Beach</b>
<b>Planet Fitness - Foothill Ranch</b> 26682 Portola Pkwy 9496194600	<b>Fullerton Family YMCA</b> 2000 Youth Way 7148799622	<b>24 Hour Fitness - Club 105 - Active</b> 5858 Warner Ave 7148403888
<b>Fountain Valley</b>	<b>Gold's Gym - Fullerton</b> 1973 W Malvern Ave 5623545444	<b>24 Hour Fitness - Club 851 - Sport</b> 7887 Center Ave 7143738969
<b>24 Hour Fitness - Club 448 - Super Sport</b> 17200 Brookhurst St 7142744396	<b>Meridian Qube Fitness Center</b> 1535 Deerpark Dr 7145198933	<b>24 Hour Fitness - Club 932 - Super Sport</b> 9051 Atlanta Ave 7143743700
<b>Anytime Fitness - Fountain Valley - Club 5161</b> 9394 Warner Ave 7149646443	<b>Nifty after Fifty - Fullerton</b> 1521 S Harbor Blvd 7143991111	<b>Crunch - Huntington Beach</b> 5894 Edinger Ave 7143160110
<b>Crunch - Fountain Valley</b> 18081 Magnolia St 7149632050	<b>Planet Fitness - Fullerton</b> 104 N Raymond Ave 7142020513	<b>Fitness 19 - Huntington Beach</b> 19111 BEACH BLVD 7148471919
<b>Esporta Fitness - Fountain Valley</b> 10115 Talbert Ave 7149621374	<b>Steel Feather Senior Fitness at Sunrise of Fullerton</b> 2226 N Euclid St 7145864819	

## Silver&Fit Providers

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Huntington Beach	Irvine	Ladera Ranch
<b>Huntington Beach Family YMCA</b> 8875 Adams Ave 7143784784	<b>24 Hour Fitness - Club 884 - Super Sport</b> 13752 Jamboree Rd 7146651233	<b>24 Hour Fitness - Club 53 - Sport</b> 200 Corporate Dr 9493655000
<b>LA Fitness - Huntington Beach Seacliff</b> 19330 Goldenwest St 6574642464	<b>LA Fitness - Irvine Crossrds</b> 3960 Barranca Pkwy 9495022777	<b>EoS Fitness - Ladera Ranch</b> 27592 Antonio Pkwy 9496945811
<b>Planet Fitness - Huntington Beach</b> 19081 Goldenwest St 6572158596	<b>LA Fitness - Irvine East</b> 6400 Irvine Blvd 9495022043	<b>Laguna Hills</b>
<b>Senior Center in Central Park</b> 18041 Goldenwest St 7145365541	<b>LA Fitness - Irvine Jamboree</b> 2880 Michelle 7145058958	<b>Body Works Gym and Spa</b> 23541 Calle de la Louisa Ste B 9493289163
<b>Steel Feather Senior Fitness at Skandia</b> 18191 Parktree Cir 7145864819	<b>LA Fitness - Irvine Michelson Dr</b> 3021 Michelson Dr 9499885372	<b>Laguna Niguel</b>
<b>Steel Feather Senior Fitness at Sunrise of Huntington Beach</b> 7401 Yorktown Ave 7145864819	<b>La Habra</b>	<b>24 Hour Fitness - Club 85 - Sport</b> 32451 Golden Lantern 9494432440
<b>UFC Gym - Huntington Beach</b> 17091 Beach Blvd 6572377500	<b>Brown Chiropractic-Fitness-Wellness</b> 721 W Whittier Blvd Ste C 5629053434	<b>24 Hour Fitness - Club 862 - Super Sport</b> 27921 La Paz Rd 9496141024
<b>Irvine</b>	<b>Esporta Fitness - La Habra</b> 1621 W Imperial Hwy 5626978899	<b>Laguna Niguel Family YMCA</b> 29831 Crown Valley Pkwy 9494959622
<b>24 Hour Fitness - Club 196 - Super Sport</b> 8697 Irvine Center Dr 9495850060	<b>La Palma</b>	<b>Planet Fitness - Laguna Niguel</b> 30272 Crown Valley Pkwy 9494294378
<b>Anytime Fitness - La Palma - Club 50009</b> 5100 Orangethorpe Ave Ste G 5627253539	<b>Anytime Fitness - La Palma - Club 50009</b> 5100 Orangethorpe Ave Ste G 5627253539	<b>Laguna Woods</b>
<b>Steel Feather Senior Fitness at Sunrise of La Palma</b> 5321 La Palma Ave 7145864819	<b>Anytime Fitness - Laguna Hills - Club 50014</b> 24290 El Toro Rd 9499466996	

Silver&Fit Providers

## Silver&Fit Providers

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Laguna Woods	Lake Forest	Mission Viejo
<b>Clubhouse 5 Laguna Woods Village</b> 24262 Punta Alta 7148786632	<b>Steel Feather Senior Fitness at Freedom Village</b> 23442 El Toro Rd 7145864819	<b>Sierra Recreation &amp; Fitness Center</b> 26887 Recodo Ln 9498594348
<b>Clubhouse 6 Laguna Woods Village</b> 24061 Algarrobo 7148786632	<b>Los Alamitos</b>  <b>24 Hour Fitness - Club 111 - Sport</b> 4951 Katella Ave 7148267172	<b>Newport Beach</b>  <b>Newport Mesa Family YMCA</b> 2300 University Dr 9496429990
<b>Laguna Woods Clubhouse 2 - Outdoor Patio - Temporarily Closed</b> 24112 Moulton Pkwy 9495974273	<b>Mission Viejo</b>  <b>24 Hour Fitness - Club 157 - Active</b> 23166 Los Alisos Blvd 9498556800	<b>Orange</b>  <b>24 Hour Fitness - Club 127 - Active</b> 3521 E Chapman Ave 7146399300
<b>Laguna Woods Clubhouse 4 - Outdoor Pool - Temporarily Closed</b> 23501 Via Mariposa 9495974344	<b>Fitness 19 - Mission Viejo</b> 27742 Vista Del Largo STE J4 9495950800	<b>24 Hour Fitness - Club 63 - Sport</b> 3600 W Oranewood Ave 7143850024
<b>Laguna Woods Clubhouse 5 - Temporarily Closed</b> 24262 Punta Alta Clubhouse 5 9495974273	<b>LA Fitness - Mission Viejo</b> 24491 Alicia Pkwy 9494216082	<b>24 Hour Fitness - Club 922 - Super Sport</b> 2102 N Tustin St 7149230284
<b>Steel Feather Senior Fitness at Ivy of Laguna Woods</b> 24441 C Sonora 7145864819	<b>LA Fitness - Mission Viejo - Crown Valley</b> 27741 Crown Valley Pkwy Ste 101 9492038805	<b>Anytime Fitness - Orange - Club 4588</b> 2688 N Santiago Blvd 7149984348
<b>Lake Forest</b>  <b>24 Hour Fitness - Club 73 - Sport</b> 26781 Rancho Pkwy 9498304213	<b>Mission Viejo Family YMCA</b> 27341 Trabuco Cir 9498599622	<b>Esporta Fitness - Orange At The Block</b> 3901 W Metropolitan Dr 7147698000
<b>LA Fitness - Lake Forest</b> 29400 Portola Pkwy 9495972077	<b>Montanoso Recreation Center</b> 25800 Montanoso Dr 9498594348	<b>Fitness 19 - Orange</b> 1845 E Chapman Ave 7145321919
		<b>Fitness of America</b> 8412 E Chapman Ave 7147697627

## Silver&Fit Providers

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Orange	San Clemente	Santa Ana
<b>Planet Fitness - Orange</b> 764 N Tustin St 7147162100	<b>Anytime Fitness - San Clemente - Club 5025</b> 811 Via Suerte 9492768888	<b>Esporta Fitness - Santa Ana</b> 1945 E 17th St Ste 103 7145589700
<b>Sports Conditioning and Rehabilitation of California</b> 871 S Tustin St 7146337227	<b>Crunch - San Clemente</b> 638 Camino De Los Mares Ste E220 9496616060	<b>LA Fitness - Santa Ana - Bristol - Macarthur</b> 3701 S Plaza Dr 7145573550
Placentia	<b>Fitness 19- San Clemente</b> 93A Via Pico Plz 9493691999	<b>Planet Fitness - Bristo</b> 2725 N Bristol St 7145689700
<b>Cornertone United Methodist Church Placentia</b> 2050 Valencia Ave 7148799622	<b>San Clemente Gym</b> 1108 N El Camino Real 9493611007	<b>Planet Fitness - Santa Ana</b> 1760 E Edinger Ave 7149129450
<b>Crunch - Placentia</b> 1882 N Placentia Ave 7149968000	San Clemente Senior Center	<b>Seal Beach</b>
<b>Steel Feather Senior Fitness at Cresendo</b> 351 E Palm Dr 7145864819	117 Avenida Victoria 9494983322	<b>Anytime Fitness - Seal Beach - Club 2399</b> 2920 Westminster Ave 5625982100
<b>Steel Feather Senior Fitness at Ivy Park Branford</b> 1180 N Bradford Ave 7145864819	San Juan Capistrano	<b>Steel Feather Senior Fitness at Sunrise of Seal Beach</b> 3850 Lampson Ave 7145864819
Rancho Santa Margarita	<b>24 Hour Fitness - Club 898 - Super Sport</b> 27124 Calle Arroyo 9494899900	Stanton
<b>24 Hour Fitness - Club 171 - Active</b> 22331 El Paseo 9495898500	Santa Ana	<b>Planet Fitness - Garden Grove</b> 12927 Beach Blvd 7144624692
San Clemente	<b>24 Hour Fitness - Club 876 - Super Sport</b> 1400 W Edinger Ave 6572735919	Tustin
<b>24 Hour Fitness - Club 845 - Super Sport</b> 110 Avenida La Pata 9492450265	<b>24 Hour Fitness - Club 899 - Super Sport</b> 2800 N Main St Unit 3100 6572053758	<b>Crunch - Tustin</b> 502 E 1st St Ste B 7147342350
	<b>Eos Fitness - Santa Ana</b> 1501 N Tustin Ave 7146480642	

Silver&Fit Providers

## Silver&Fit Providers

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### Tustin

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#### Koflex Sports & Fitness Studios

2882 Walnut Ave Ste A  
9494442717

#### Planet Fitness - Tustin

2495 Park Ave  
9499300085

#### Studio J Fit

17291 17th St  
7143934437

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### Westminster

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#### Steel Feather Senior Fitness at Westminster Terrace

7571 Westminster Blvd  
7145864819

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### Yorba Linda

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#### 24 Hour Fitness - Club 896 - Super Sport

4848 Valley View Ave  
7149830091

#### Anytime Fitness - Yorba Linda - Club 5563

21550 Yorba Linda Blvd  
7144636260

#### Fanatics Athletic Club

22222 La Palma Ave  
7146921007

#### Fitness 19 - Yorba Linda

20535 Yorba Linda Blvd Ste A  
7149701919

#### LA Fitness - Yorba Linda

16951 Imperial Hwy  
7148547936

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### PLACER COUNTY

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#### Auburn

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#### Anytime Fitness - Auburn - Club 2531

12130 New Airport Rd Ste 200  
5308871265

#### CACFit

2514 Bell Rd  
5308851964

#### Fit1

680 Auburn Folsom Rd Ste 109

5308203513

#### Lifestyle Gym

11800 Enterprise Dr  
5308870215

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### Granite Bay

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#### Anytime Fitness - Granite Bay - Club 1955

9711 Village Center Dr  
9167863999

#### Crunch - Granite Bay

4130 Douglas Blvd  
9166776860

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### Lincoln

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#### Anytime Fitness - Lincoln - Club 4625

880 Sterling Pkwy Ste 10  
9165876100

#### Stone Fitness

120 Gateway Dr Ste 150  
9162539265

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### Loomis

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#### Anytime Fitness - Penryn - Club 2481

3226 Boyington Road  
9166600700

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### Rocklin

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#### Anytime Fitness - Rocklin - Club 50086

3001 Stanford Ranch Rd  
9164357900

#### Crunch - Rocklin

6680 Lonetree Blvd  
9162591599

#### Planet Fitness - Rocklin

6831 Lonetree Blvd  
9167556015

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### Roseville

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#### 24 Hour Fitness - Club 592 - Sport

336 N Sunrise Ave  
9167722400

#### Anytime Fitness - Roseville - Club 3149

1850 Douglas Blvd Ste 204  
9167890110

#### MAP Training

325 Riverside Ave  
9166667493

#### Planet Fitness & Roseville

1159 Roseville Sq Ste 10  
9166048235

## Silver&Fit Providers

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### RIVERSIDE COUNTY

#### Beaumont

##### Planet Fitness - Beaumont

1579 E Second St  
9518450966

#### Cathedral City

##### 24 Fit Fix

68100 Ramon Rd Ste B14  
7608951440

##### Anytime Fitness - Cathedral City - Club 5893

67555 E Palm Canyon Dr  
7604598101

##### In-Shape - Cathedral City

35935 Date Palm Dr  
7603213103

##### Planet Fitness - Cathedral City

34461 Date Palm Dr  
7602029999

#### Cherry Valley

##### Jazzercise at Cherry Valley

10135 Beaumont Ave  
9517692969

#### Coachella

##### Planet Fitness - Coachella

50249 Cesar Chavez St  
7603988888

#### Corona

##### 24 Hour Fitness - Club 198 - Sport

275 Teller St Ste 100  
9517340121

#### Corona

##### Anytime Fitness - Corona - Club 4563

2641 Green River Rd Ste 102  
9514751299

##### Chuze Fitness - Corona

705 N Main St Ste 110  
9518083440

##### Corona Hills Boxing & Fitness

4300 Green River Rd Ste 109A  
9516403883

##### Crunch - Corona

1292 Border Ave  
9514200570

##### LA Fitness - Corona South - Compton Ave

2355 Compton Ave  
9518981178

##### Planet Fitness - Corona

1540 W 6th St  
9518089705

##### Planet Fitness - Corona Grand Oaks

3685 Grand Oaks  
9513717825

##### Rhino Fitness

4300 Green River Rd Ste 114  
9512839473

##### UFC Gym - Corona

470 N McKinley St  
9518083850

#### Desert Hot Springs

##### Five Star Fitness & Gym

64949 Mission Lakes Blvd Ste 110  
7603299500

#### Eastvale

##### 24 Hour Fitness - Club 893 - Super Sport

12354 Limonite Ave  
9513601696

#### Hemet

##### Four Seasons

237 Four Seasons Blvd  
9513153889

##### Hands of Mercy Day Spas

463 W Esplanade Ave  
9516546655

##### Jazzercise Hemet Fitness Center

2888 E Florida Ave Ste 9 & 10  
9517659551

##### LA Fitness - Hemet

220 N Sanderson Ave  
9516634786

##### Planet Fitness - Hemet

1390 E Florida Ave Ste A8  
9517654330

##### Steel Feather Senior Fitness at Sierra Dawn Center

W Whittier Ave  
7145864819

## Silver&Fit Providers

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Indio	Menifee	Murrieta
<b>24 Hour Fitness - Club 921 - Sport</b> 42900 Jackson St 7602628771	<b>LA Fitness - Menifee</b> 29737 Antelope Rd 9513099017  <b>Powerhouse Gym - Menifee</b> 29700 Bradley Rd 9512463530	<b>Crunch - Murrieta</b> 40545 California Oaks Rd Ste C-2 9518341767  <b>EoS Fitness - Murrieta</b> 39400 Murrieta Hot Springs Rd Ste 101 9516985227
<b>Curves - 5213</b> 80-150 US Highway 111 Ste C10 7602892095	<b>Mira Loma</b>  <b>Fitness 19</b> 6429 Pats Ranch Rd 9515829919	<b>Esporta Fitness - Murrieta</b> 40985 California Oaks Rd 9516009998  <b>Fitness 19 - Murrieta II</b> 39530 Murrieta Hot Springs Rd 9516000019
<b>La Quinta</b>  <b>Planet Fitness - La Quinta</b> 78987 Highway 111 7607711671	<b>Moreno Valley</b>  <b>24 Hour Fitness - Club 925 - Super Sport</b> 12660 Day St 9515718335  <b>Crunch - Moreno Valley</b> 22500 Town Cir 9516161002	<b>Geri-Fit @ The Ballet Studio</b> 41581 Date St 8884384348  <b>Planet Fitness - Murrieta</b> 24380 Village Walk Pl 9514611008
<b>Lake Elsinore</b>  <b>LA Fitness - Lake Elsinore</b> 18550 Dexter Ave 9515794183  <b>Planet Fitness - Lake Elsinore</b> 32261 Mission Trl 9514714999	<b>Fitness 19 - Moreno Valley II</b> 16100 Perris Blvd 9516011990  <b>Fitness 19 - Moreno Valley III</b> 12220 Perris Blvd Ste B 9516011919	<b>Powerhouse Gym</b> 40396 Murrieta Hot Springs Rd 9514619106
<b>Menifee</b>  <b>Fitness 19- Menifee</b> 26100 Newport Rd Ste A 40 9516790019  <b>Geri-Fit @ Marion V Ashley Community Center</b> 25625 Briggs Rd 9516946873	<b>LA Fitness - Moreno Valley Eucalyptus Ave</b> 27610 Eucalyptus Ave 9515718039  <b>Planet Fitness - Moreno Valley</b> 12625 Frederick St Ste D 9516978445	<b>Norco</b>  <b>LA Fitness - Norco</b> 1377 Hamner Ave 9512804477
<b>Geri-Fit at Kay Cenicerros Senior Center</b> 29995 EVANS RD 9098381953		<b>Palm Desert</b>  <b>Anytime Fitness - Palm Desert - Club 5097</b> 36891 Cook St Ste 1 7604694648  <b>Bella Villaggio</b> 40235 Portola Ave 7606075200



## Silver&Fit Providers

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Palm Desert	Riverside	Riverside
<b>EoS Fitness - Palm Desert</b> 77900 Country Club Dr 7603600565	<b>24 Hour Fitness - Club 398 - Super Sport</b> 3490 Madison St 9513245334	<b>LA Fitness - Riverside Magnolia Ave</b> 10988 Magnolia Ave 9517744267
<b>Palm Desert Aquatic Center YMCA</b> 73751 Magnesia Falls Dr 7605657467	<b>Anytime Fitness - Riverside - Club 2721</b> 4270 Riverwalk Pkwy Ste 114 9519779607	<b>Planet Fitness - Riverside</b> 4135 Chicago Ave Ste 190 9517792977
<b>Power of Fitness</b> 72750 Dinah Shore Dr Ste 103 7607709393	<b>Anytime Fitness-Riverside - Club 1321</b> 3191 Mission Inn Ave Ste B 9516433992	<b>Rancho Physical Therapy Inc</b> 6850 Brockton Ave Ste 212 9515340600
<b>The Trainer Connection</b> 74350 Alessandro Dr Ste A2 7603462912	<b>Crunch - North Riverside</b> 7960 Limonite Ave 9519347007	<b>Steel Feather Senior Fitness at Magnolia Regency</b> 8537 Magnolia Ave 7145864819
<b>World Gym - Palm Desert</b> 72840 Highway 111 Ste A150 7603417620	<b>Curves - 2721</b> 4280 Latham St 9512767100	<b>Steel Feather Senior Fitness at Westmont of Riverside</b> 17050 Arnold Dr 7145864819
Palm Springs		
<b>EoS Fitness - Palm Spring</b> 4070 Airport Center Dr 7603222003	<b>Geri-Fit @ Rancho PT</b> 10020 Indiana Ave 9516946873	<b>The Marketplace Wellness Center</b> 3191 Mission Inn Ave Ste B 9516842874
<b>The Fitness Edge</b> 170 S Sunrise Way 7603277979	<b>Geri-Fit @Inter Valley HP Med Information &amp; Vitality Center</b> 2995 Van Buren Blvd Ste A13 9516946873	<b>USKO Family Super Center</b> 6794 Brockton Ave 9516861505
<b>World Gym Palm Springs</b> 1751 N Sunrise Way Ste E 7603277100	<b>LA Fitness - Moreno Valley</b> 2600 Canyon Springs Pkwy 9516533240	<b>Vim &amp; Vigor</b> 5225 Canyon Crest Dr Unit 18 9516831847
Perris		
<b>Fitness 19 - Perris</b> 2560 N Perris Blvd # S1 9513244419	<b>LA Fitness - Riverside</b> 19531 Mission Village Dr 9517804838	<b>San Jacinto</b>
<b>Planet Fitness - Perris</b> 1690 N Perris Blvd 9519404649	<b>LA Fitness - Riverside I-91 At Arlington</b> 3437 Arlington Ave 9512312088	<b>Physiques</b> 901 W Esplanade Ave 9513810487
		<b>Powerhouse Gym</b> 1635 S San Jacinto Ave 9514870725

Silver&Fit Providers

## Silver&Fit Providers

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Temecula	Wildomar	Citrus Heights
<b>EoS Fitness - Temecula Parkway</b> 32413 Temecula Pkwy Ste 400 9513653181	<b>Fitness 19 - Wildomar</b> 23877 Clinton Keith Rd Ste 2 9514612219	<b>Planet Fitness - Citrus Heights</b> 7016 Sunrise Blvd 9167273300
<b>Esporta Fitness - Temecula</b> 39716 Winchester Rd 9516761601	<b>Crunch - Temecula Valley</b> 36580 Penfield Ln 9519268886	<b>Elk Grove</b>  <b>24 Hour Fitness - Club 808 - Active</b> 8461 Elk Grove Florin Rd 9166812424
<b>Esporta Fitness - Temecula Parkway</b> 29920 Temecula Pkwy 9513652097	<b>SACRAMENTO COUNTY</b>  <b>Antelope</b>  <b>24 Hour Fitness - Club 498 - Sport</b> 7905 Walerga Rd 9167232432	<b>Anytime Fitness - Elk Grove - Club 4387</b> 9692 Elk Grove Florin Rd 9169363969
<b>Fitness 19 - Temecula II</b> 32909 Temecula Pkwy Ste 101 9513024747	<b>Carmichael</b>  <b>City Sports Club - Carmichael - Fair Oaks Blvd</b> 5114 Arden Way 9162437728	<b>City Sports Club - Elk Grove - Calvine Rd</b> 8438 Elk Grove Florin Rd 9162461099
<b>Geri-Fit @ Sweat Cardio &amp; Yoga</b> 32839 Temecula Pkwy 9516946873	<b>Lifeline Yoga - Temporarily Closed</b> 4701 Whitney Ave 9163993526	<b>Crunch - Elk Grove</b> 9661 E Stockton Blvd 9162363474
<b>Planet Fitness - Temecula</b> 40355 Winchester Rd 9512961120	<b>Citrus Heights</b>  <b>24 Hour Fitness - Club 523 - Sport</b> 6633 Auburn Blvd 9167227588	<b>Live 2 B Healthy at Carlton Elk Grove</b> 6915 Elk Grove Blvd 5308640153
<b>Power Pros Fitness</b> 32832 Wolf Store Rd 9513025995	<b>United Medical Fitness</b> 31170 Temecula Pkwy Ste 102 9514660004	<b>Premier Fitness</b> 9186 Harbour Point Dr 9166916100
<b>UFC Fit - Temecula</b> 27520 Ynez Rd 9513652649	<b>Crunch - Citrus Heights</b> 6124 San Juan Ave 9169366500	<b>Fair Oaks</b>  <b>1 Lifestyle Fitness - Fair Oaks</b> 4345 Sunrise Blvd 9169621900
<b>United Medical Fitness</b> 31170 Temecula Pkwy Ste 102 9514660004	<b>Lifestyle Gym</b> 7845 Lichen Dr 9167271919	<b>Excel Fitness - Fair Oaks</b> 8525 Madison Ave Ste 135 9165452235

## Silver&Fit Providers

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### Fair Oaks

**Planet Fitness - Northridge**  
4854 San Juan Ave  
9169681112

**Rollingwood YMCA**  
9373 Winding Oak Dr  
9169881727

### Folsom

**24 Hour Fitness - Club 809 - Super Sport**  
1006 Riley St  
9169841924

**Anytime Fitness - Folsom (West Folsom)**  
9500 Greenback Ln  
9167412030

**Crunch - Folsom**  
1010 E Bidwell St  
9165271190

**Planet Fitness - Folsom**  
875 E Bidwell St  
9169540275

### North Highlands

**Planet Fitness - North Highlands**  
5945 Watt Ave  
9163399176

### Rancho Cordova

**Anytime Fitness - Rancho Cordova - Club 3252**  
3161 Zinfandel Dr # 3225  
9167060090

**Moventous**  
11354 White Rock Rd Ste 130  
9165716333

### Rancho Cordova

**Planet Fitness - Rancho Cordova**  
10373 Folsom Blvd  
9163685000

### Sacramento

**24 Hour Fitness - Club 528 - Active**  
9574 Micron Ave  
9163634382

**24 Hour Fitness - Club 552 - Sport**  
8785 Center Pkwy  
9166888733

**24 Hour Fitness - Club 560 - Active**  
7600 Greenhaven Dr Ste 15  
9163998181

**24 Hour Fitness - Club 571 - Sport**  
1314 Fulton Ave  
9169257055

**24 Hour Fitness - Club 598 - Super Sport**  
1020 7th St  
9166581626

**Anytime Fitness - Sacramento - Club 2200**  
6350 Folsom Blvd Ste 160  
9164525555

**Anytime Fitness - Sacramento - Club 2207**  
4421 Gateway Park Blvd  
9165759999

### Sacramento

**Anytime Fitness - Sacramento - Club 4138**  
455 Watt Ave  
9164817555

**Chuze Fitness - Birdcage**  
6061 Florin Rd  
9167458725

**City Sports Club - Elk Grove - Calvine Rd**  
8438 ELK GROVE FLORIN RD  
9162461099

**Crunch - Howe Ave**  
1250 Howe Ave  
9163333209

**Dr Ephraim Williams Family Life Center**  
4036 14th Ave  
9167377064

**Elements Health Clubs**  
1900 Del Paso Rd  
9713536368

**Live 2 B Healthy at Carlton Plaza Sacramento**  
1075 Fulton Ave  
5308640153

**Neil Orchard Senior Activities Center**  
3480 Routier Rd  
9163663133

**Planet Fitness - Country Club Sacramento**  
2400 Watt Ave  
9164073280

**Planet Fitness - Mack Road**  
6051 Mack Rd Ste E  
9164271781

## Silver&Fit Providers

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### Sacramento

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#### Planet Fitness - Natomas

4750 Natomas Blvd  
9168578630

#### Planet Fitness - Rosemont

3615 Bradshaw Rd Ste C  
9167588995

#### Planet Fitness - Stockton

5138 Stockton Blvd  
9164577701

#### Sac Central

2021 W St  
9164529622

#### The Woodlake

1445 Expo Pkwy  
9166043780

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### SAN BERNARDINO COUNTY

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#### Apple Valley

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#### 24 Hour Fitness - Club 871 - Super Sport

18825 Bear Valley Rd  
7608104067

#### Anytime Fitness - Apple Valley - Club 2393

13692 Apple Valley Rd  
7602409933

#### Freedom Fitness

15850 Apple Valley Rd Ste 122  
7602426400

#### Nifty After Fifty - Apple Valley

19023 Bear Valley Rd Ste 4  
7605155033

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### Apple Valley

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#### The Gym - Apple Valley

20240 US Highway 18  
7602434020

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### Barstow

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#### Anytime Fitness - Barstow - Club 1239

1251 E Main St Ste 4-5  
7602568141

#### Fitness MD

320 E Main St  
7602553639

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### Big Bear City

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#### Big Bear Total Fitness

601 Valley Blvd Ste D  
9095856546

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### Chino

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#### 24 Hour Fitness - Club 897 - Super Sport

12155 Central Ave  
9095904454

#### Anytime Fitness - Chino - Club 3945

15709 Euclid Ave  
9095501016

#### Crunch - Chino

5420 Philadelphia St Ste A  
9092873808

#### Fitness 19 - Chino

12873 Mountain Ave Ste A  
9095483333

#### LA Fitness - Chino

14485 Pipeline Ave  
9093933101

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### Chino

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#### Planet Fitness - Chino

5515 Philadelphia St  
9093426360

#### Treasured Footsteps @ The Talent Factory

13613 12th St  
9095617278

#### West End YMCA Chino Valley

5665 Edison Ave  
9095977445

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### Chino Hills

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#### 24 Hour Fitness - Club 180 - Sport

4200 Chino Hills Pkwy Ste 780  
9093930724

#### Steel Feather Senior Fitness at Pacifica Chino Hills

6500 Butterfield Ranch Rd  
7145864819

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### Crestline

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#### Rim of the World Gym

565 Forest Shade Rd  
9095892800

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### Fontana

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#### 24 Hour Fitness - Club 907 - Sport

15310 Summit Ave  
9094639520

#### 24 Hour Fitness - Club 923 - Super Sport

17204 Slover Ave  
9093578000

## Silver&Fit Providers

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Fontana	Loma Linda	Rancho Cucamonga
<b>Chuze Fitness - Fontana</b> 14574 Baseline Ave 9515471219	<b>Fitness 19 - Loma Linda</b> 25586 Barton Rd 9094880317	<b>24 Hour Fitness - Club 197 - Sport</b> 11787 Foothill Blvd 9099441000
<b>LA Fitness - Fontana</b> 16289 Sierra Lakes Pkwy 9097435922	<b>Montclair</b>	<b>Anytime Fitness - Rancho Cucamonga - Club 1530</b> 7890 Haven Ave Ste 22 9094846880
<b>Planet Fitness - Fontana</b> 10200 Juniper Ave 9093503325	<b>Esporta Fitness - Montclair</b> 9385 Monte Vista Ave 9096252411	<b>Chuze Fitness - Rancho Cucamonga</b> 9080 Foothill Blvd 9092560787
<b>Planet Fitness - Fontana Summit</b> 14940 Summit Ave 9096467181	<b>Gold's Gym - Montclair</b> 5150 Moreno St 9093999992	<b>Esporta Fitness - Rancho Cucamonga</b> 10848 Foothill Blvd 9099487583
<b>Hesperia</b>	<b>Ontario</b>	<b>Fitness 19</b> 7207 Haven Ave 9094811919
<b>Akafitness</b> 11910 Hesperia Rd Unit 1 7609545930	<b>24 Hour Fitness - Club 920 - Super Sport</b> 2580 S Archibald Ave 9092183885	<b>Gold's Gym &amp; Rancho Cucamonga at Victoria Gardens</b> 12367 N Mainstreet Spc 3030 9092648855
<b>Planet Fitness - Hesperia</b> 12745 Main St 7609471288	<b>Blink Fitness - Ontario</b> 130 W G St 9097577894	<b>Rancho Physical Therapy</b> 11276 5th St Ste 400 9094810437
<b>Planet Fitness - Hesperia II</b> 18683 Bear Valley Rd 4423331643	<b>Planet Fitness - Ontario</b> 2446 S Vineyard Ave 9099470020	<b>Shape Your Destiny</b> 9542 Foothill Blvd 9096843095
<b>Rebirth Lifting Club</b> 15555 Main St Ste C1-2 7609953137	<b>Planet Fitness - Ontario CA</b> 1670 E 4th St 9093911515	<b>Steel Feather Senior Fitness at Brookdale Euclid</b> 1031 N Euclid Ave 7145864819
<b>Highland</b>	<b>Steel Feather Senior Fitness at Brookdale Euclid</b> 1031 N Euclid Ave 7145864819	<b>Phelan</b>
<b>Esporta Fitness - Highland</b> 28015 Greenspot Rd 9097425131	<b>Anytime Fitness - Phelan - Club 50033</b> 4371 Phelan Rd 4429369200	<b>Steel Feather Senior Fitness at Atria Del Rey</b> 8825 Base Line Rd 7145864819
<b>Steel Feather Senior Fitness at Brightwater Highland</b> 28807 Baseline St 7145864819		

Silver&Fit Providers

## Silver&Fit Providers

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Redlands	Rialto	San Bernardino
<b>24 Hour Fitness - Club 926 - Super Sport</b> 27621 San Bernardino Ave 9097987777	<b>Chuze Fitness - Rialto</b> 1521 S Riverside Ave 9095430625  <b>Fitness 19</b> 2019 N Riverside Ave Ste 7 9094211919	<b>Planet Fitness - San Bernardino</b> 2041 E Highland Ave 9098630718  435 E Hospitality Ln 9093811444
<b>Anytime Fitness - Redlands - Club 1060</b> 500 N Orange St 9097985000	<b>Planet Fitness - Rialto</b> 2008 N Riverside Ave 9094214815	570 S Mount Vernon Ave 9098858883
<b>EoS Fitness - Redlands - Alabama St/Almond Ave</b> 9930 Alabama St 9098095101	<b>Planet Fitness - Rialto S Riverside</b> 585 S Riverside Ave 9098209417	<b>Planet Fitness - San Bernardino</b> 2041 E Highland Ave 9098630718  435 E Hospitality Ln 9093811444
<b>Fitness 19 - Redlands</b> 1786 E Lugonia Ave 9093582119	<b>San Bernardino</b>	570 S Mount Vernon Ave 9098858883
<b>LA Fitness - Redlands</b> 1035 Parkford Dr 9097982880	<b>24 Hour Fitness - Club 933 - Super Sport</b> 897 Harriman Pl 9095213849	<b>Planet Fitness - San Bernardino</b> 2041 E Highland Ave 9098630718
<b>Steel Feather Senior Fitness at Mission Commons</b> 10 Terracina Blvd 7145864819	<b>Chuze Fitness - San Bernardino</b> 1585 E Highland Ave 9099929546	435 E Hospitality Ln 9093811444
<b>Rialto</b>	<b>Enhancing Forward Action</b> 141 N Arrowhead Ave Ste 4 9098773332	570 S Mount Vernon Ave 9098858883
<b>24 Hour Fitness - Club 847 - Super Sport</b> 1335 W Renaissance Pkwy 9093205289	<b>Esporta Fitness - San Bernardino</b> 555 E Hospitality Ln 9092198501	<b>Twentynine Palms</b>
<b>Anytime Fitness - Rialto - Club 1632</b> 1154 N Riverside Ave 9098741600	<b>Esporta Fitness - San Bernardino University Pkwy</b> 4404 University Pkwy 9093524147	<b>29 Fit</b> 73782 Two Mile Rd 7603618010
<b>Blink Fitness - Rialto</b> 1205 W Foothill Blvd Ste 1209 9099901266		<b>Curves - 5333</b> 73487 29 Palms Hwy 7603613065
		<b>Total Fitness</b> 71717 29 Palms Hwy 7608001310

## Silver&Fit Providers

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Twin Peaks	Victorville	SAN FRANCISCO COUNTY
<b>Apex Fitness Collective</b> 777 Rose Ln 9093275608	<b>Fitness 19</b> 13605C Bear Valley Rd 7602442219	<b>San Francisco</b>  <b>24 Hour Fitness - Club 435 - Active</b> 45 Montgomery St 4156232424
<b>Upland</b>	<b>In-Shape - Victorville North</b> 14601 Valley Center Dr 7603811200	<b>24 Hour Fitness - Club 502 - Active</b> 1200 Van Ness Ave 4157762200
<b>24 Hour Fitness - Club 165 - Sport</b> 685 W Foothill Blvd 9099492422	<b>Planet Fitness - Victorville</b> 12353 Mariposa Rd Ste B1 7602414300	<b>24 Hour Fitness - Club 521 - Active</b> 100 California St 4154345080
<b>Crunch - Upland</b> 380 S Mountain Ave 9099310303	<b>The Gym - Victorville</b> 14689 Valley Center Dr Ste F 7602434020	<b>24 Hour Fitness - Club 539 - Sport</b> 1850 Ocean Ave 4153341400
<b>LA Fitness - Upland - 210 Fwy</b> 1351 E 19th St 9099851050	<b>Yucaipa</b>	<b>24 Hour Fitness - Club 545 - Sport</b> 1645 Bryant St 4154374188
<b>Planet Fitness - Upland</b> 1028 N Mountain Ave 9092975090	<b>Fitness 19 - Yucaipa</b> 34448 Yucaipa Blvd STE B 9097976595	<b>City Sports Club - San Francisco - 20th Ave</b> 3201 20th Ave 4156801006
<b>Scheu Family YMCA Of Upland</b> 1150 E Foothill Blvd 9099466120	<b>Powerhouse Gym</b> 35120 Yucaipa Blvd 9097903539	<b>Planet Fitness- San Francisco</b> 417 Montgomery St 4154333033
<b>The Works Gym</b> 1330 W 9th St Units A & B 9099494411	<b>Reps For Life</b> 33492 Oak Glen Rd Ste A 9097976900	<b>SAN JOAQUIN COUNTY</b>
<b>Victorville</b>	<b>Yucaipa Jazzercise</b> 34900 Oak Glen Rd 9097909627	<b>Escalon</b>
<b>Anytime Fitness - Victorville - Club 2548</b> 12044 Dunia Rd 7609478900	<b>Yucca Valley</b>	<b>Snap Fitness - Escalon - Club 1862</b> 1900 McHenry Ave 2098387517
<b>Fit World</b> 16200 Bear Valley Rd 7607800770	<b>Five Star Fitness &amp; Gym</b> 57725 29 Palms Hwy Ste 300 7602289100	
	<b>The Center For Healthy Generations</b> 57121 Sunnyslope Dr 7603659661	

Silver&Fit Providers

## Silver&Fit Providers

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### Lathrop

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**Get Fit 24/7 of Lathrop**  
15362 S Harlan Rd  
2096243158

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### Lodi

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**Fitness Works Lodi**  
429 W Lockeford St Ste D  
2097122427

**In-Shape - Lodi**  
1320 W Lockeford St  
2093703500

**Lodi Aquatics**  
125 S Hutchins St  
2092694873

**Planet Fitness - Lodi**  
520 S Cherokee Ln Ste 104  
2093342001

**Twin Arbors Sports Club**  
1900 S Hutchins St  
2093344897

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### Manteca

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**California Total Fitness - Manteca**  
1090 N Main St  
2092392429

**Valley Fitness - Manteca**  
934 Perimeter Dr  
2096243266

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### Stockton

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**Crunch - Stockton**  
1155 E March Ln  
2092133333

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### Stockton

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**In-Shape - Stockton Hammer Lane**  
7920 Kelley Dr  
2092991195

**In-Shape - Stockton March Lane**  
4555 N Pershing Ave Ste 1  
2092192177

**Stronger Fitness INC**  
2233 Grand Canal Blvd Unit 105  
2096887609

**Valley Fitness - Stockton**  
3137 W Benjamin Holt Dr  
2098085352

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### Tracy

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**All City Fitness**  
1005 E Pescadero Ave Ste 211  
8334223496

**Planet Fitness - Tracy**  
3262 N Tracy Blvd  
2093192080

**World Gym International-Tracy**  
2340 East St  
2098363488

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### SAN MATEO COUNTY

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#### Daly City

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**24 Hour Fitness - Club 507 - Sport**  
373 Gellert Blvd  
6507563303

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### Daly City

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**Fitness 19 - Daly City**  
336 Westlake Ctr  
6507571919

**Fitness 19 - Daly City on Merced Blvd**  
263 Lake Merced Blvd  
6507571919

**Planet Fitness - Daly City**  
2945 Junipero Serra Blvd  
6509949080

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#### Half Moon Bay

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**Snap Fitness - Club 1089**  
20 Stone Pine Rd  
6507264600

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### Millbrae

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**24 Hour Fitness - Club 805 - Super Sport**  
979 Broadway  
6506511003

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### Pacifica

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**24 Hour Fitness - Club 487 - Active**  
555 Oceana Blvd  
6507387824

**Anytime Fitness - Pacifica - Club 4122**  
1367 Linda Mar Shopping Ctr  
6508087745

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### Redwood City

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**24 Hour Fitness - Club 475 - Super Sport**  
1050 Broadway St  
6504805118



## Silver&Fit Providers

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Redwood City	South San Francisco	Santa Barbara
<b>Planet Fitness - Redwood City</b> 242 Walnut St 6503631641	<b>Physique Magnifique</b> 387 Grand Ave 6505838648	<b>Fitness 19 - Santa Barbara</b> 187 S Turnpike Rd 8056173767
<b>Snap Fitness - Club 396</b> 3209 Oak Knoll Dr 6503657627	<b>SANTA BARBARA COUNTY</b>	
<b>San Bruno</b>	<b>Carpinteria</b>	<b>Santa Maria</b>
<b>Fitness 19 - San Bruno</b> 851 Cherry Ave 6504919232	<b>The Gym Next Door</b> 4915 Carpinteria Ave Ste A 8056842595	<b>Crunch - Santa Maria</b> 286 Town Ctr E Ste B13 8056217470
<b>Planet Fitness - San Bruno</b> 1150 El Camino Real Ste 209 6508702700	<b>Goleta</b>	<b>In-Shape - Santa Maria</b> 1318 S Broadway 8059287474
<b>San Carlos</b>	<b>Planet Fitness - Goleta</b> 7127 Hollister Ave 8054568666	<b>Planet Fitness - Santa Maria</b> 1505 S Broadway 8056217405
<b>24 Hour Fitness - Club 595 - Active</b> 1650 Industrial Rd 6505953000	<b>SANTA CLARA COUNTY</b>	
<b>San Mateo</b>	<b>Lompoc</b>	<b>Campbell</b>
<b>24 Hour Fitness - Club 813 - Super Sport</b> 93 Bovet Rd 6506532046	<b>Pier Fitness</b> 803 E Walnut Ave 8057363493	<b>Fitness 19 - Campbell</b> 1730 W Campbell Ave 4088668855
<b>Fitness 19 - San Mateo</b> 2727 S El Camino Real STE D 6502121919	<b>Planet Fitness - Lompoc</b> 1009 N H ST 8057353055	<b>Steel Feather Senior Fitness at Merrill Gardens</b> 2115 Winchester Blvd 7145864819
<b>Snap Fitness - Club 603</b> 1232 W Hillsdale Blvd 6503935625	<b>Orcutt</b>	<b>Gilroy</b>
	<b>Anytime Fitness - Orcutt - Club 1025</b> 3400 Orcutt Rd 8059381300	<b>Fate at Pulidos Pro Fitness</b> 30 3rd St 4082095145
	<b>Santa Barbara</b>	<b>Snap Fitness - Club 713</b> 8050 Santa Teresa Blvd 4088488701
	<b>24 Hour Fitness - Club 54 - Sport</b> 820 State St 8058994008	<b>Valley Fitness - Gilroy</b> 8540 Church St 4086635230
	<b>Curves - 6832</b> 185 S Patterson Ave Ste F 8056925712	

Silver&Fit Providers

## Silver&Fit Providers

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Los Altos	Mountain View	San Jose
<b>Snap Fitness - Los Altos - Club 1208</b> 955 Fremont Ave 6509485500	<b>City Sports Club - Mountain View</b> 1040 Grant Rd Ste 165 6504294085	<b>24 Hour Fitness - Club 930 - Super Sport</b> 2200 Eastridge Loop 4085133124
Milpitas	San Jose	City Sports Club - Almaden
<b>24 Hour Fitness - Club 602 - Super Sport</b> 719 E Calaveras Blvd 4088561961	<b>24 Hour Fitness - Club 268 - Sport</b> 2920 Aborn Square Rd 4082234411	5155 Cherry Ave 6692741010
<b>Fitness 19 - Milpitas</b> 1350 S Park Victoria Dr Ste 22 4089428819	<b>24 Hour Fitness - Club 497 - Sport</b> 6223 Santa Teresa Blvd 4082254024	<b>City Sports Club - San Jose - E Brokaw Rd</b> 1045 E Brokaw Rd 4082737185
<b>Planet Fitness - Milpitas</b> 158 Ranch Dr 4089578906	<b>24 Hour Fitness - Club 504 - Sport</b> 1825 Hillsdale Ave Ste A 4087232639	<b>City Sports Club - San Jose - Monterey Rd</b> 5502 Monterey Hwy Ste 10 4086203512
<b>Steel Feather Senior Fitness at Westmont Milipitas</b> 80 Cedar Way 7145864819	<b>24 Hour Fitness - Club 544 - Active</b> 1531 Parkmoor Ave 4082956666	<b>City Sports Club - San Jose - Newhall Dr</b> 610 Newhall Dr 4084902164
Morgan Hill	24 Hour Fitness - Club 810 - Active	Crunch - San Jose
<b>Fitness 19 - Morgan Hill</b> 850 Tennant Sta 4087625109	2306 Almaden Rd 4085133398	375 N Capitol Ave Ste A 6694000411
<b>Steel Feather Senior Fitness at Westmont of Morgan Hill</b> 1160 Cochrane Rd 7145864819	<b>24 Hour Fitness - Club 811 - Super Sport</b> 1610 Crane Ct 4084903019	<b>Fitness 19 - San Jose</b> 3000 Story Rd 4082721919
Mountain View	24 Hour Fitness - Club 821 - Super Sport	Fitness 19 - San Jose 2
<b>24 Hour Fitness - Club 513 - Sport</b> 550 Showers Dr 6509412268	2323 McKee Rd 4084576866	3055 Meridian Ave 4085800819
		<b>Focus Fitness Club</b> 868 Blossom Hill Rd 4082242700
		<b>Live 2 B Healthy at Carlton Senior Living San Jose</b> 380 Branham Ln 5308640153

## Silver&Fit Providers

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San Jose	Sunnyvale	Scotts Valley
<b>Planet Fitness - Aborn</b> 3251 S White Rd 4085321215	<b>24 Hour Fitness - Club 887 - Super Sport</b> 762 Sunnyvale Saratoga Rd 4082206588	<b>Toadal Fitness - Scotts Valley</b> 269 Mount Hermon Rd 8314309200
<b>Planet Fitness - Princeton</b> 1375 Blossom Hill Rd 4082666980	<b>City Sports Club - Sunnyvale - E Arques Ave</b> 1165 E Arques Ave 4089902216	<b>Watsonville</b>
<b>Planet Fitness - Saratoga</b> 1328 Saratoga Ave 4082481566	<b>Crunch - Sunnyvale</b> 1651 Hollenbeck Ave 6692639343	<b>Body Zone Health &amp; Fitness Club</b> 1810 Main St 8317281246
<b>Steel Feather Senior Fitness at Ivy of San Jose</b> 4855 San Felipe Rd 7145864819	<b>UFC Gym - Sunnyvale</b> 733 S Wolfe Rd 4089139800	<b>SOLANO COUNTY</b>
<b>UFC Fit - San Jose</b> 925 Blossom Hill Rd 4085782912	<b>SANTA CRUZ COUNTY</b>	<b>Dixon</b>
<b>Santa Clara</b>	<b>Aptos</b>	<b>Curves - 9767</b> 1145 Pitt School Rd Ste F 7076784200
<b>24 Hour Fitness - Club 823 - Santa Clara - Super Sport</b> 3615 El Camino Real 6692128994	<b>Cabrillo Fitness</b> 6200 Soquel Dr 8314755979	<b>Excel Fitness - Dixon</b> 400 Gateway Plz Ste B-G 7076765833
<b>Anytime Fitness - Santa Clara - Club 3144</b> 2718 Homestead Rd 4082442884	<b>Santa Cruz</b>	<b>Fairfield</b>
<b>Snap Fitness - Club 531</b> 60 N Winchester Blvd Ste 8 4082601111	<b>24 Hour Fitness - Club 517 - Sport</b> 1261 Soquel Ave 8314540333	<b>Anytime Fitness - Fairfield - Club 4921</b> 1955 W Texas St Ste 180 7076734244
<b>Sunnyvale</b>	<b>Toadal Fitness - Downtown</b> 113 Lincoln St 8314233764	<b>Anytime Fitness - Fairfield - Club 5059</b> 5089 Business Center Dr 7078641575
<b>24 Hour Fitness - Club 506 - Sport</b> 150 E Fremont Ave 4087378600	<b>Toadal Fitness - Live Oak</b> 1200 17th Ave Unit 108 8314643764	<b>Crunch - Fairfield</b> 1500 Oliver Rd 7073484488
	<b>Toadal Fitness - Westside</b> 2929 Mission St 8314663764	<b>Planet Fitness - Fairfield</b> 2525 N Texas St Ste D 7077595013

Silver&Fit Providers

## Silver&Fit Providers

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Suisun City	SONOMA COUNTY	Santa Rosa
<b>In-Shape - Suisun City</b> 125 Sunset Ave 7074394004  <b>The Salvation Army</b> 586 E Wigeon Way 7074397880	<b>Cotati</b>  <b>Energy Health Clubs</b> 680A E Cotati Ave 7077950400  <b>Petaluma</b>  <b>24 Hour Fitness - Club 577 - Active</b> 6 Petaluma Blvd N 7077899050  <b>Anytime Fitness - Petaluma - Club 1037</b> 2620 Lakeville Hwy 7077792155  <b>City Sports Club - Petaluma</b> 477 N McDowell Blvd 7077873101  <b>Rohnert Park</b>  <b>24 Hour Fitness - Club 815 - Super Sport</b> 6345 Commerce Blvd 7075360048  <b>Anytime Fitness - Rohnert Park - Club 1540</b> 939 Golf Course Dr 7075858795  <b>Planet Fitness - Rohnert Park</b> 6599 Commerce Blvd 7075858900  <b>Santa Rosa</b>  <b>24 Hour Fitness - Club 510 - Super Sport</b> 3550 Industrial Dr 7075429600	<b>Anytime Fitness - Santa Rosa - Club 2366</b> 2885 Santa Rosa Ave 7075426500  <b>Anytime Fitness - Santa Rosa - Club 2875</b> 620 Larkfield Ctr 7075784900  <b>Anytime Fitness - Santa Rosa CA Epicenter - Club 6858</b> 3215 Coffey Ln Ste 104 7078366649  <b>Crunch - Santa Rosa</b> 1630 Range Ave 7072717187  <b>Curves - 5600</b> 740 Montecito Ctr 7075379090  <b>Stan Bennett's Health &amp; Fitness</b> 3033 Coffey Ln Ste A 7075787406  <b>Windsor</b>  <b>Anytime Fitness - Windsor - Club 1348</b> 8928 Lakewood Dr 7078377450  <b>Curves - 4143</b> 9025 Old Redwood Hwy Ste F 7078388070
<b>Vacaville</b>  <b>Anytime Fitness - Vacaville - Club 1916</b> 3001 Alamo Dr 7076858000  <b>Fitness Essentials</b> 202 Bella Vista Rd Ste D 7077381754  <b>In-Shape - Vacaville Elmira</b> 615 Elmira Rd 7074555010  <b>Maximum Fitness Vacaville</b> 201 Main St 7074470606  <b>Planet Fitness - Vacaville</b> 154A Browns Valley Pkwy 7073051050  <b>Vacaville Fitness</b> 787 Orange Dr 7074517300		
<b>Vallejo</b>  <b>City Sports Club - Vallejo</b> 105 Plaza Dr Ste 115 7072155513		

## Silver&Fit Providers

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### STANISLAUS COUNTY

#### Hughson

#### Get Fit 24/7 of Hughson

6724 E Whitmore Ave  
2098839388

#### Modesto

#### In-Shape - Modesto Floyd

2254 Floyd Ave  
2095534928

#### In-Shape - Modesto Prescott

1800 Prescott Rd  
2095215900

#### Nifty after Fifty

1801 H St Ste C1  
2098468282

#### The House Fitness

1601 Coffee Rd  
2094998080

#### Valley Fitness - Modesto

4120 Dale Rd Ste G  
2095669627

#### Newman

#### Get Fit 24/7 of Newman

1925 N St  
2098620247

#### Oakdale

#### 1OAK Health Club - Oakdale

1275 E F St Ste 1  
2092658435

#### Downtown Fitness

231 E F St  
2098478888

#### Oakdale

#### Fitness Plus inc

1777 S Yosemite Ave  
2098477504

#### Riverbank

#### Action Fitness Health Club

2210 Patterson Rd  
2097325000

#### Turlock

#### In-Shape - Turlock Monte Vista

2821 Countryside Dr  
2096341035

#### Planet Fitness - Turlock

1360 W Main St  
2097774355

#### Waterford

#### MaxFit 24/7

12120 Yosemite Blvd Ste 2-3  
2098535131

### SUTTER COUNTY

#### Yuba City

#### CoreCycle Fitness

605 Plumas St  
5307635723

#### Planet Fitness - Yuba City

1215 Colusa Ave  
5306453790

#### Snap Fitness - Yuba City - Club 2595

1707 Colusa Hwy  
5309232360

### TULARE COUNTY

#### Porterville

#### In-Shape - Porterville

899 W Henderson Ave  
5597829000

#### Visalia

#### Valley Fitness - Visalia

4207 W Noble Ave  
5592052555

#### X Factor Fitness

1208 N Demaree St  
5597321700

### YOLO COUNTY

#### Davis

#### Live 2 B Healthy at Carlton Plaza Davis

2726 5th St  
5308640153

#### Rancho Yolo Senior Community

620 Pole Line Rd  
5304000675

#### Stonegate Country Club

919 Lake Blvd  
5304000675

#### Esparto

#### SL8 Fitness and Nutrition

16856 Yolo Ave  
5306816663

#### West Sacramento

#### Planet Fitness - West Sacramento

1270 W Capitol Ave  
9165161360

## Silver&Fit Providers

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### West Sacramento

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#### West Sacramento Recreation Center

2801 Jefferson Blvd  
9166174770

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### Woodland

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#### In-Shape - Woodland

285 California St  
5306655400

#### Planet Fitness - Woodland

31 West Main St  
9169540275

#### SL8 Fitness and Nutrition

1317 College St  
5306624444

#### Woodland YMCA

2001 East St  
5306669623

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## **Section 1557 Non-Discrimination Language**

### **Notice of Non-Discrimination**

Health Net complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

#### **Health Net:**

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact Health Net's Member Services at: **1-800-275-4737** (TTY: **711**). From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays.

If you believe that Health Net has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; Health Net's Member Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>** or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019** (TDD: **1-800-537-7697**).

Complaint forms are available at **<http://www.hhs.gov/ocr/office/file/index.html>**.

## Multi-Language Insert

### Multi-Language Interpreter Services

**Spanish:** Contamos con servicios de interpretación gratuitos para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para obtener un intérprete, llámenos al **1-800-275-4737** (TTY: **711**). Alguien que habla español puede ayudarle. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费翻译服务，以便回答您可能对我们的健康或药物计划提出的任何问题。如需翻译，请拨打电话 **1-800-275-4737** (TTY: **711**)。会说汉语普通话的人员可为您提供帮助。此项服务免费。

**Chinese Cantonese:** 我們提供免費口譯服務，可回答您任何關於我們健康或藥物計劃的問題。若要取得口譯服務，請致電**1-800-275-4737** (TTY: **711**)。會說粵語的人員可以幫助您。此為免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo ng tagasalin para sagutin ang anumang mga tanong na mayroon ka tungkol sa aming health o drug plan. Para kumuha ng tagasalin, tawagin lang kami sa **1-800-275-4737** (TTY: **711**). May nagsasalita ng Tagalog na puwedeng tumulong sa iyo. Ito ay libreng serbisyo.

**French:** Nous disposons de services d'interprétation gratuits pour répondre à toutes les questions que vous pouvez avoir sur notre régime de santé ou de médicaments. Pour entrer en contact avec un interprète, il suffit de nous appeler au **1-800-275-4737** (TTY: **711**). Une personne qui parle français peut vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch viên miễn phí để trả lời mọi câu hỏi quý vị có thể có về chương trình thuốc hoặc chương trình sức khỏe của chúng tôi. Để yêu cầu thông dịch viên, chỉ cần gọi cho chúng tôi theo số **1-800-275-4737** (TTY: **711**). Nhân viên nói tiếng Việt sẽ hỗ trợ quý vị. Dịch vụ này được miễn phí.

**German:** Unser kostenloser Dolmetscherdienst beantwortet mögliche Fragen zu Ihrem Gesundheits- oder Medikamentenplan. Wenn Sie einen Dolmetscher benötigen, rufen Sie uns gerne unter der folgenden Rufnummer an: **1-800-275-4737** (TTY: **711**). Sie erhalten Hilfe in deutscher Sprache. Dieser Service ist für Sie kostenlos.

**Korean:** 당사의 건강 또는 의약품 플랜과 관련해서 물어볼 수 있는 모든 질문에 답변하기 위한 무료 통역 서비스가 있습니다. 통역사가 필요한 경우, **1-800-275-4737**(TTY: **711**)번으로 당사에 문의해 주십시오. 한국어를 구사하는 통역사가 도움을 드릴 수 있습니다. 통역 서비스는 무료로 제공됩니다.

**Russian:** Если у вас возникли какие-либо вопросы о нашем плане медицинского страхования или плане с покрытием лекарственных препаратов, для вас предусмотрены бесплатные услуги переводчика. Чтобы воспользоваться услугами переводчика, просто позвоните нам по номеру **1-800-275-4737** (TTY: **711**). Вам поможет сотрудник, владеющий русским языком. Эта услуга предоставляется бесплатно.

**Arabic:** نوّقر خدمات ترجمة فورية مجانية للإجابة على أي أسئلة قد تكون لديك حول خطة الصحة أو الدواء الخاصة بنا. للحصول على مترجم فوري، ما عليك سوى الاتصال بنا على الرقم **1-800-275-4737** (TTY: **711**). يمكن أن يساعدك شخص يتحدث العربية وهذه الخدمة مجانية.

**Hindi:** हमारे पास अपने हेल्थ या ड्रग प्लान को लेकर संभवतः आपके मन में उठने वाले सवालों के जवाब देने के लिए मुफ्त में दुभाषिया सेवाएं हैं। दुभाषिया पाने के लिए, बस **1-800-275-4737** (TTY: **711**) पर हमें कॉल करें। हिंदी जानने वाला कोई व्यक्ति आपकी मदद करेगा। यह सेवा मुफ्त में है।

**Italian:** Sono disponibili servizi di interpretariato gratuiti per rispondere a qualsiasi domanda possa avere in merito al nostro piano farmacologico o sanitario. Per usufruire di un interprete, è sufficiente contattare il numero **1-800-275-4737** (TTY: **711**). Qualcuno la assisterà in lingua italiana. È un servizio gratuito.

**Portuguese:** Temos serviços de intérprete gratuitos para responder a quaisquer dúvidas que possa ter sobre o nosso plano de saúde ou medicação. Para obter um intérprete, contacte-nos através do número **1-800-275-4737** (TTY: **711**). Um falante de português poderá ajudá-lo. Este serviço é gratuito.

**French Creole:** Nou gen sèvis entèprèt gratis pou reponn nenpòt kesyon ou ka genyen sou plan sante oswa medikaman nou an. Pou jwenn yon entèprèt, jis rele nou nan **1-800-275-4737** (TTY: **711**). Yon moun ki pale Kreyòl-Franse ka ede w. Sa a se yon sèvis gratis.

**Polish:** Dysponujemy bezpłatnymi usługami tłumaczeniowymi w celu odpowiedzi na dowolne pytania dotyczące naszych planów zdrowotnych i lekowych. Aby uzyskać pomoc tłumacza, zadzwoń pod numer **1-800-275-4737** (TTY: **711**). Osoba mówiąca po polsku może Ci pomóc. Ta usługa jest bezpłatna.

**Japanese:** 無料の通訳サービスを利用して、健康や医薬品に関するご質問にお答えします。通訳をご希望の場合は、**1-800-275-4737** (TTY: **711**) までお電話ください。日本語話者がお手伝いいたします。このサービスは無料です。

This provider directory was updated on [Date]. For more recent information or other questions, please contact Health Net at 1-800-275-4737 or, for TTY users, 711. From October 1 to March 31, you can call us 7 days a week from 8 a.m. to 8 p.m. From April 1 to September 30, you can call us Monday through Friday from 8 a.m. to 8 p.m. A messaging system is used after hours, weekends, and on federal holidays. Or visit **healthnet.com**.

Changes to our provider network may occur during the benefit year. An updated provider directory is located on our website at **healthnet.com**. You may also call Member Services for updated provider information.

Este directorio de proveedores fue actualizado el [Date]. Si desea obtener información actualizada o si tiene otras preguntas, comuníquese con Health Net al 1-800-275-4737. Los usuarios de TTY deben llamar al 711. Entre el 1 de octubre y el 31 de marzo, puede llamarnos los 7 días de la semana, de 8 a.m. a 8 p.m. Entre el 1 de abril y el 30 de septiembre, puede llamarnos de lunes a viernes, de 8 a.m. a 8 p.m. Se utiliza un sistema de mensajería fuera del horario de atención, los fines de semana y los días festivos federales. También puede visitar **healthnet.com**.

Pueden producirse cambios en nuestra red de proveedores durante el año de beneficios. Un directorio de proveedores actualizado se encuentra en nuestro sitio web **healthnet.com**. También puede llamar a Servicios para Miembros para obtener información actualizada sobre proveedores

此服務提供者目錄已於 [Date] 更新。如需最新資訊或有其他疑問，請致電 1-800-275-4737 或 TTY 用戶致電 711 聯絡 Health Net。從 10 月 1 日至 3 月 31 日，您可以致電我們的時間為一週 7 天，上午 8 點至晚上 8 點。從 4 月 1 日至 9 月 30 日，您可以致電我們的時間為週一至週五，上午 8 點至晚上 8 點。非服務時間、週末和聯邦假日會由留言系統接聽。或請造訪 **healthnet.com**。

在福利年度，我們的服務提供者網絡可能會發生變化。我們的網站 **healthnet.com** 上有更新的服務提供者名錄。您還可聯絡保戶服務部，以獲取最新服務提供者資訊。

