

Dental Emergencies

Do you know what to do if your child has a dental emergency? Here are some tips to take care of them.

Toothache

- Rinse the mouth out with warm water.
- Use dental floss to remove food trapped between the teeth.
- If there is swelling, use an ice pack on the outside of the jaw.
- See a dentist as soon as possible.

Knocked-out tooth

- Rinse the tooth under running water.
- Place a baby tooth in cool milk or water.
- Place a permanent tooth in its socket or place it in milk or water.
- See a dentist as soon as possible.

Broken tooth

- Clean the tooth with warm water.
- Place a cold compress on the face.
- Place a permanent tooth in its socket or place it in milk or water.
- Using a clean cloth, apply pressure to the area if it is bleeding.
- See a dentist as soon as possible.



If you need help to find a dentist or have questions about your benefits, visit www.hndental.com.

Or, call:
Los Angeles County
1-844-233-4522

Sacramento County
1-833-493-0428

Hours: 8 a.m. to 5 p.m. PT
TDD/TTY users should dial
1-800-466-7566.

Source and website:

5th Edition Handbook of Pediatric Dentistry. American Academy of Pediatric Dentistry (AAPD), www.aapd.org.

This information is not meant to replace medical or dental care. Please always follow your healthcare provider's instructions.

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