

Saib Koj Tus Me Nyuam Cov Hniav

KOJ YUAV PAUB TAU LI CAS TIAS KOJ TUS ME NYUAM LI HNIIV MUAJ TEEB MEEM?

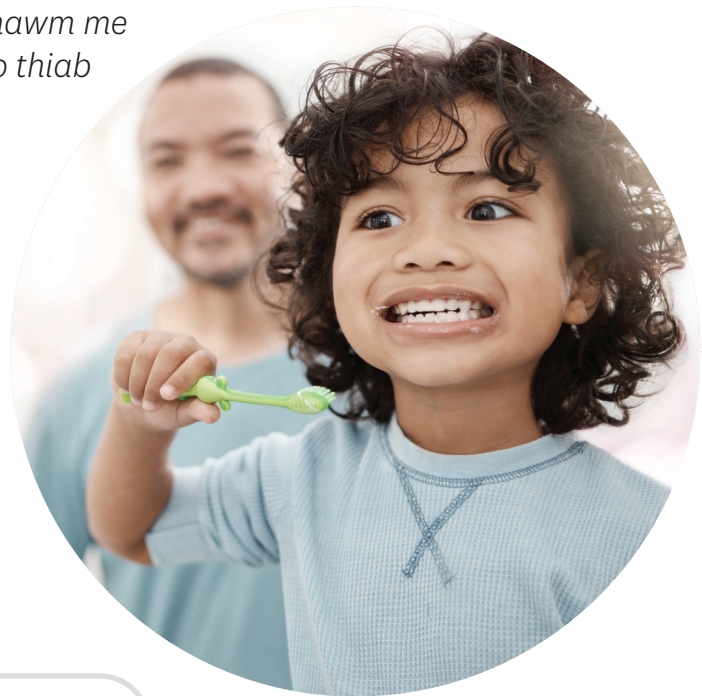
Thaum koj tus me nyuam txhuam lawv li hniav, siv sij hawm me ntsis los saib lawv li hniav seb lawv txhua puas tau zoo thiab saib seb lawv li hniav puas noj qab nyob zoo.

Saib seb puas muaj teeb meem:

- Dub tej tee ntawm cov hniav
- Cov hniav ua qhov
- Mob qhov ncauj los sis pos hniav los ntshav
- Mob hniav sov, txias los sis qab zib
- Mob hniav los sis mob thaum txhuam
- Cov pos hniav “sub tuaj” ntawm tus hniav

Yog koj pom tias muaj tej teeb meem no rau koj tus me nyuam li hniav, teem sij hawm mus ntsib kws kho hniav kom sai li sai tau.

Kho qhov teeb meem thaum ntxov yuav kho tau sai dua.



Yog tias koj xav tau kev pab nrhiav ib tus kws kho hniav los sis yog muaj lus nug txog ntawm koj cov txiaj ntsig kho hniav, mus saib **www.hndental.com**. Los sis hu rau:

- **Los Angeles Khauj Tim** cov tswv cuab: **1-844-233-4522**
- **Sacramento Khauj Tim** cov tswv cuab: **1-833-493-0428**

Cov Sij Hawm: 8 teev sawv ntxov txog 5 teev tsaus ntuj sij hawm PT

Cov TDD/TTY tsim nyog nias 1-800-466-7566.

Chaw muaj ntaub ntawv thiab lub vev xaib:

Phau Ntawv Qhia Siv Txog Hniav Rau Me Nyuam Kho Zaum Thib 5. Meskas Kev Kawm Txog Kev Kho Hniav Rau Me Nyuam Yaus (AAPD), www.aapd.org.

Cov ntaub ntawv no tsis yog muab los hloov kev saib xyuas kho mob los sis kev kho hniav. Thov ua raws nraim li koj tus muab kev pab cuam cov lus qhia txhua lub sij hawm.

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