

# **Healthy Discounts**

With Healthy Discounts, Health Net members get value-added discounts that help them save on lifestyle improvement services, products and more! Log in as a member at **www.healthnet.com**, click on *Wellness Center*, scroll down to Healthy Discounts, and select *View All Discounts* to learn more about these discounts and how to access them.

Please note that the items outlined below will be included only as they relate to your plan choice. Not all services are available in all plan areas, and hours of operation are subject to change.

## **Name/Contact information**

## **Products/Services**

#### **WEIGHT MANAGEMENT**



#### Weight Watchers®

For more information, call 1-866-896-2655 (TTY: 711), Monday through Friday, 7:00 a.m. to 9:00 p.m., and Saturday, 7:00 a.m. to 4:00 p.m. Central time (CT), or visit http://healthnet.join. weightwatchers.com. **Note:** You must be a Health Net member to access both weight-loss solutions.

WW® offers two weight-loss solutions:

**WW Digital** - The online digital weight-loss program includes:

- Personal food and fitness tracking from a mobile device or desktop computer.
- 24/7 expert chat with the WW coaching team.
- Seamlessly sync your mobile device to your favorite activity tracker to track fitness on the go.
- Weight Watchers Connect a members-only social networking site.
- Up to the first 6 months, eligible members qualify for a 50% discount (\$8.48 per month).

**WW Digital** + **Workshops**<sup>1</sup> – Combines WW meetings with all the benefits of Digital. Program includes:

- Unlimited access to local weekly meetings, led by trained leaders.
- Confidential weigh-ins.
- Digital and mobile tools to help members stay on track.
- Up to the first 6 months, eligible members qualify for a 50% discount (\$19.11 per month).

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## Name/Contact information | Products/Services

#### **WEIGHT MANAGEMENT (CONTINUED)**



#### Jenny Craig®

Log in to

www.jennycraig.com/healthnet to complete the online form and print your special-offer coupon.
Or call 1-877-536-6970 (TTY: 711),
Monday through Thursday,
5:00 a.m. to 8:00 p.m., Friday,
5:00 a.m. to 7:00 p.m., Saturday,
7:30 a.m. to 4:00 p.m., and
Sunday, 6:00 a.m. to 7:00
p.m. Pacific time (PT), and a
representative will help you enroll.
Please note: Call center hours may vary during the summer months.

Jenny Craig provides you with everything you need, so it's easier to reach your goals!<sup>2</sup>

With Jenny Craig you get:

- Ready to go Meals
- No prepping or cooking
- Plus, over 100 menu items, including low-carb and high-protein options!

#### **Start Somewhere Simple**

Join for free + \$200 in food savings + Free coaching with minimum purchase.

#### **Special Offer For Health Net Members**

Save an extra 5% off your full menu purchases.

#### **ACUPUNCTURE, CHIROPRACTIC, MASSAGE THERAPY**



#### The ChooseHealthy® Program

For a listing of participating specialty health care practitioners, access the ChooseHealthy website through the Health Net member portal under the Member Discount link or call 1-877-335-2746 (TTY: 711), Monday through Friday, 5:00 a.m. to 8:00 p.m. PT and Saturday from 12:00 p.m. to 8:00 p.m. PT. Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card and pay the provider.

#### **Acupuncture**

Through ChooseHealthy,<sup>3</sup> you can receive discounts on the usual and customary fees from a contracted ASH Group acupuncturist.<sup>4</sup>

#### Chiropractic

You can receive discounts on the usual and customary fees from a contracted ASH Group chiropractor. If you already have chiropractic benefits through your Health Net plan, you can always take advantage of Healthy Discounts chiropractic services after you reach your annual limit for services.<sup>4</sup>

#### Therapeutic Massage

You can receive discounts on the usual and customary fees from a contracted ASH Group massage therapist.<sup>4</sup>

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Log in as a member to **healthnet.com** and click on *Wellness Center > View All* Discounts to learn more about these discounts and how to access them.

## Name/Contact information

## **Products/Services**

#### **EYE CARE**



**EyeMed Vision Care** 

Contact EyeMed at
1-866-559-5252 (TTY: 711),
Monday through Saturday,
5:00 a.m. to 8:00 p.m., and
Sunday, 8:00 a.m. to 5:00 p.m. PT.
(TTY hours: Monday through
Friday, 5:00 a.m. to 5:00 p.m. PT.)
Or go to www.eyemed.com to find
a convenient location. Visit www.
eyemedvisioncare.com/healthnet
to view Health Net discount
program information. Bring the
group number and your Health Net
ID card to a participating provider
to receive the discount.

Receive discounts on eye exams, frames and lenses at more than 20,000 locations, including JCPenney Optical, Target Optical, Pearle Vision, and LensCrafters.

- \$5 off contact lens exam and \$5 off routine eye exam.
- Discount of 15% of retail price for conventional contact lenses.
- Discount of 35% of retail price for any available frame at a provider location.<sup>5</sup>
- \$50 single, \$70 bifocal, \$105 trifocal plastic lenses.5
- Discount of 15% on retail laser vision correction or 5% off the promotional price.

#### **HEARING AIDS AND SCREENINGS**



**Hearing Care Solutions** 

For more information and to make an appointment, call 1-866-344-7756 (TTY: 711), Monday through Friday, 5:00 a.m. to 5:00 p.m., PT or visit www.hearingcaresolutions.com

Health Net members and their families receive free hearing exams and discounts on hearing aids. All hearing aids include a 3-year comprehensive warranty (including loss and damage), 2-year supply of batteries (up to 128 cells), unlimited follow-up visits for one year, and a 60-day evaluation period.

#### Discount prices are:

Level 1 – \$500 Level 4 – \$1,275 Level 2 – \$675 Level 5 – \$1,675 Level 3 – \$825

#### **NATIONSHEARING PROVIDER CENTERS**

## nationshearing

For more information, call 1-800-996-0234 (TTY: 711), Monday through Friday, 8:00 a.m. to 8:00 p.m. Eastern time (ET), or go to www.nationshearing.com.

NationsHearing discount program offers:

- Free hearing screenings.
- Free three-year warranty, including three-year loss and damage coverage.
- Free three-year supply of hearing aid batteries (144 cells per aid).
- 60-day refund policy, including two-year hearing loss change protection.
- Hearing aids starting at \$681 for Ally 3 and Enya 3.
- Significant discounts (up to 50%) on many hearing aids.

<sup>1</sup>Available in participating areas only.

- <sup>2</sup>Includes 60-day trial membership, food not included. Food savings redeemed as 8 weeks of \$25 US/\$26 CAD food credits with planned menu purchase (avg. \$170 US/\$178 CAD) each week. Full planned menu required for additional 5% food discount. Active program enrollment and eligibility status required. Valid only for new members and former members who haven't had an active visit within the past 60 days. Valid at participating centers and Jenny Craig Anywhere. Not available at jennycraig.com. Not valid with any other offer. No cash value.
- <sup>3</sup>The ChooseHealthy Program is offered by ChooseHealthy Inc., an affiliate of ASH Group and a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy and the ChooseHealthy logo are trademarks of ASH and used with permission herein.
- 4The "usual and customary" charge is preset for each procedure. This charge is determined by the complexity of the treatment and the fee most commonly charged for that procedure in a particular geographic area. This is the "maximum allowable" for any procedure, and the benefit will be calculated based on the provider's submitted fee or the usual and customary amount whichever is lower.
- <sup>5</sup>The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% of the retail price.

All programs are subject to change. This information is not intended as a substitute for professional medical care. Please always follow your health care provider's instructions.

Healthy Discounts offers discounts on health products and reduced-fee health services. Healthy Discounts is not part of your Health Net benefit program, is not intended to take the place of any covered benefits, and is offered to the member in addition to, rather than instead of, covered benefits. It is made available to specified Health Net members at no additional cost as part of Health Net's Wellness Program. Healthy Discounts providers are independent businesses. Members purchase services and/or supplies directly from these providers. Questions or complaints regarding the Healthy Discounts program should be directed to Health Net's Member Services. Questions or complaints regarding a Healthy Discounts provider should be directed to that provider.

Price and availability: Discounts for Healthy Discounts products are based on the providers' regular retail prices. Discounts on Healthy Discounts services are based on the providers' usual charges. Providers' prices and charges are subject to change without notice.

All discounted products and services are subject to availability. Some restrictions may apply. Health Net makes no endorsements or warranties on any of the products or services offered through the Healthy Discounts program and assumes no liability for such.

Health Net has a contract with Medicare to offer HMO plans. Enrollment in a Health Net Medicare Advantage plan depends on contract renewal. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Health Net of California, Inc. grievance process.

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