

# Get a Flu Shot – Not the Flu!

## WHY GET THE FLU SHOT?

If you've been waiting for a good reason to get a flu shot, **we'll give you three!**

**1** Costs you nothing! Call your primary care physician to set up your annual flu shot with a \$0 copay.\*

**2** Getting sick is never fun. Protect yourself and your loved ones against targeted flu viruses, and decrease your chances of getting sick.

**3** Saves you from spending your money on cough drops and tissues – and sick days in bed.

## Who should get a flu shot?

Members 6 months and older should get a flu shot every season. This is very important for children under age 18 months, adults over age 65 and others with low immune systems. These people are at higher risk for developing serious problems caused by the flu.



Call the Customer Contact Center at the phone number listed on your ID card for information on other \$0 copay options.



Staying healthy is just as important as getting well.

\*Any services you get from out-of-network providers are not covered (except for emergency or urgent care and services approved by Health Net)

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