

# What You Should Know about the COVID-19 Vaccines

COVID-19 vaccines are very important tools to help end the pandemic. The vaccines can help keep you from getting sick and allow your body to build up defenses to fight off the virus.



How do I get the COVID-19 vaccine?

Visit healthnet.com/covid19 for information.

To book your vaccine appointment: Sign up at myturn.ca.gov.

### For more help:

**Call the California COVID-19 Hotline at 833-422-4255** for help (Monday through Friday: 8 a.m. to 8 p.m., Saturday through Sunday: 8 a.m. to 5 p.m., TTY 711)

Contact your doctor or pharmacist for guidance

**Check** with your county public health department

You may be able to access transportation. Check with your health plan, or go to 211.org for United Way transportation services.

## Can I get COVID-19 from the vaccine?

**No. The COVID-19 vaccines do not contain the coronavirus or any part of the virus.** You cannot get COVID-19 from the vaccines.<sup>1,2</sup>



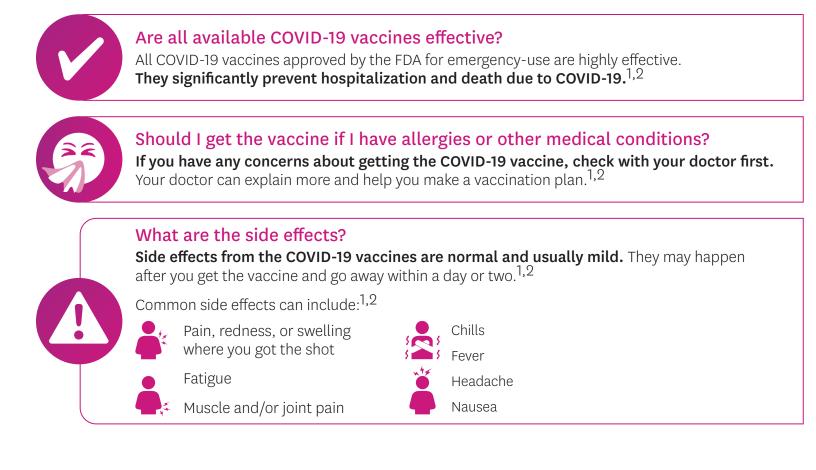
# How were the COVID-19 vaccines made so fast, and why was the government involved?

The COVID-19 vaccines were made using the same standards as for other approved medications and vaccines.<sup>1,2</sup> Because COVID-19 has spread so fast, the government gave extra money to speed up the process to help produce and distribute the vaccines across the country.



## Are the COVID-19 vaccines safe?

**Safety is a top priority during all vaccine clinical trials.** This is also true for the COVID-19 vaccines, which are approved for emergency-use by the FDA. To see how the vaccines offer protection, experts made sure to recruit adults from many different backgrounds, races, ethnicities, and geographic areas.<sup>3</sup> People with different health conditions were also part of the trials.<sup>3</sup>



This information is for your education only. The content does not replace medical advice, diagnosis, or treatment. New medical research about the COVID-19 vaccine may change this information. For updates, check the CDC website at www.cdc.gov/coronavirus/2019-ncov/vaccines.

#### **References:**

- <sup>1</sup>UCLA Health FAQs, *What everyone needs to know about COVID-19.* Available at: https://www.uclahealth.org/ coronavirus
- <sup>2</sup>Mayo Clinic, COVID-19 vaccines: *Get the Facts*. Available at: https://www.mayoclinic.org/diseases-conditions/ coronavirus/in-depth/coronavirus-vaccine/art-20484859#how-work
- <sup>3</sup>Kaiser Family Foundation, *Racial Diversity Within COVID-19 Clinical Trials: Key Questions and Answers*, January 26, 2021. Available at: https://www.kff.org/racial-equity-and-health-policy/issue-brief/racial-diversity-within-covid-19-vaccine-clinical-trials-key-questions-and-answers/

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