



# Tulare County Q3 Community Advisory Committee Meeting

September 24, 2024 Minutes

## ATTENDEES

Frank Ruiz: Champions Recovery - Executive Director	Criselda Ibarra: Child Abuse Prevention Council of Tulare County - Executive Administrative Assistant
Nayeli Heredia: California Farmworker Foundation, Outreach Coordinator	Argelia Flores: California Health Collaborative - Health Educator
Yesenia Avianeda: Kaweah Health - Community Health Worker II	Leticia Hinojosa: Kings Tulare Homeless Alliance - Executive Director of Programs
Josette Romero Guzman: Family HealthCare Network - Community Health Supervisor	Mary McGee: Health Care Options - Regional Manager-Central CA Field Operations
Aaron Olson: Central Valley Regional Center - Director of Community Services	Kevin Hamilton: Central California Asthma Collaborative - Senior Director, Government Affairs
Member 33	Member 34

## HEALTH NET ATTENDEES

Ayleen Dimailig, Sydney Turner, Sharon Rushing, Vernell Shaw III, and Perry Shelton Jr

*The purpose of the Community Advisory Committees is to empower members to bring their voices to the table to ensure Health Net is actively driving interventions and solutions to build more equitable care. The CAC advocates for Health Net members by ensuring that Health Net is responsive to their diverse health care needs.*

AGENDA ITEM	DISCUSSION	NEXT STEPS / ACTION	OWNER
Call to order, Introductions, & Agenda Overview	<ul style="list-style-type: none"><li>• Call to order at 12:03pm.</li><li>• Committee members and Health Net staff introduced themselves.</li></ul>	N/A	N/A
Diversity, Equity, and Inclusion (DEI) Training Program	<p>Sharon Rushing (Senior Health Equity Specialist) reviewed Health Net's DEI trainings for providers and staff as required by DHCS. Committee provided feedback on the 4 trainings -</p> <ul style="list-style-type: none"><li>• Advancing Health Equity: Understanding Drivers and Increasing Accountability<ul style="list-style-type: none"><li>○ Committee shared that this was a great list of training topics.</li><li>○ Committee expressed the need to address lack of respect from providers and the feeling of provider doesn't care.</li></ul></li><li>• Language Assistance Program/Services and Health Literacy<ul style="list-style-type: none"><li>○ No additional feedback for this training.</li></ul></li><li>• Cross-Cultural Communication and Competent Care for Diverse Populations<ul style="list-style-type: none"><li>○ No additional feedback for this training.</li></ul></li></ul>	N/A	N/A

	<ul style="list-style-type: none"> <li>• Transgender, Gender Diverse Inclusive and Affirming Care <ul style="list-style-type: none"> <li>○ Committee shared there is a need to extend these discussions about transgender issues to schools, supporting children in this community.</li> </ul> </li> </ul> <p>When committee was asked if they have any other suggestions or recommended trainings, committee members suggested to have a training on Health Plan 101 for providers and their staff and to break up the trainings because this may be a lot of information to absorb all at once. Additionally, committee members say it would be helpful for providers to have resources for parents who want to support their children navigate gender identity issues. Lastly, committee members suggest a training on working with individuals with IDD/DD. When committee was asked what health-related social needs should be addressed, they mentioned transportation from home to provider, mobile clinics, housing insecurity/homelessness, air quality, walkability and focusing on a co-occurring diagnosis with Mental Health concerns.</p>		
SB 1019 / APL 24-XXX: Non-Specialty Mental Health Services: Member Outreach, Education, and Experience Requirements	<p>Sydney Turner (Director, Public Policy) reviewed Senate Bill 1019, a new requirement that addresses the historic underutilization of Non-Specialty Mental Health Services (NSMHS) by ensuring Members and PCPs are aware of all covered NSMHS. Health Net requested the committee's feedback on the development and implementation of an annual outreach and education plan for Members and PCPs about covered NSMHS.</p> <p>Committee Feedback</p> <ul style="list-style-type: none"> <li>• Need education on using digital resources for mental health services.</li> <li>• Emphasis on training community health representatives to help navigate mental health systems.</li> <li>• Suggestions for culturally sensitive language and approaches to outreach.</li> <li>• Need in person outreach for unhouse population or through providers when they request physical or BH treatment.</li> <li>• Suggestions to look at CDC Language.</li> </ul>	N/A	N/A

	<p>Some suggestions to use in outreach materials that reduce stigma include:</p> <ul style="list-style-type: none"> <li>• “Mental health struggles”, “emotional heaviness”, or “emotional fatigue”</li> <li>• “Don’t let the state of your home overwhelm you, there are services that can help you create a more welcoming and happy place,” since a home in a bad state can create depression.</li> <li>• Connections to services can improve home, physical health, and mental health, Talk to healthy home experts.</li> </ul>		
Population Needs Assessment & Local SMART goal	<p>Sydney Turner shared information on the new Population Needs Assessment, which is a collaboration with other plans and local health department to identify the priority needs of the community. Vernell Shaw III (Director, Medical Regional Lead) shared Tulare’s SMART goal with the committee and requested feedback – From January 2024-December 2025, Tulare County Local Health Department and Health Net will collaborate to develop and implement a joint action plan to increase depression screening of adolescents ages 12-17 by 50%.</p> <p>Committee Feedback</p> <ul style="list-style-type: none"> <li>• Emphasized the importance of community input in assessments to create relevant interventions.</li> <li>• Advocated for starting discussions about behavioral health early, making families more comfortable.</li> <li>• Suggested providing resources for parents to understand adolescent behavioral health, mentioning dyadic services as an option.</li> </ul>	N/A	N/A
Community Sharing/Open Forum	<p>Committee members were invited to share items for Community Sharing/Open Forum. Members requested support.</p> <ol style="list-style-type: none"> <li>1. Harvest Festival on 10/6</li> <li>2. Argelia from California Health Collaborative - (559) 470-7147, aflores@healthcollaborative.org - is available for health education classes re: the importance of breast and cervical cancer screenings an resources to assist</li> </ol>	Will send out requested information to Members.	Program Manager of Community Advisory Committees

	with these screenings to uninsured or underinsured individual.		
	Meeting was adjourned at 1:30pm.		

### **NEXT MEETING**

**Date:** Tuesday – December 10, 2024

**Time:** 12pm – 1:30pm

**Location / Dial-in #:**

<https://centene.zoom.us/j/92781545930?pwd=OOfbAgcRFBRwHyW8vuwraRPGWuutv.1>

(669) 444-9171

(646) 931-3860

**Meeting ID:** 927 8154 5930

**Passcode:** 519440

