

Well-Child Exams and Visits

WELL VISITS FOR A WELL FUTURE

At each well-baby or well-child visit, the doctor will check your child's height, weight, vision, hearing, and how they are growing.

The doctor may do other tests, like checking for lead in the blood, low iron, or tuberculosis (TB). The doctor will also look at your child's teeth and may send you to see a dentist.

By providing the tools, knowledge, and support needed to build these vital connections, we aim to empower families to thrive and grow together.



What are the benefits?



Prevention

Your child receives scheduled vaccines to protect against illnesses. You can also talk to your doctor about nutrition and safety at home and school.



Tracking growth and development

Watch your child's growth since the past visit and have a talk with the doctor about their development. You can discuss your child's milestones, social skills, and learning new things.



Addressing concerns

Make a list of questions you want to discuss with your child's doctor, such as development, behaviors, sleep, eating habits, or social skills with family members. Bring your top three to five questions or concerns to discuss at the start of the visit.



Team approach

Regular check-ups help build strong, trusted relationships between the doctor, parent, and child. The American Academy of Pediatrics (AAP) urges well-child visits as a way for doctors and parents to work together to support the child's physical, mental, and social health.



Contact us

Health Net Member Services

1-800-675-6110 (TTY: 711)

24 hours a day, 7 days a week

Well-Child Visits & Vaccinations

CHILDREN BIRTH TO 17

Vaccines strengthen your child's immune system

Age and vaccine type	Recommended visits and tests			
Birth • Hepatitis B				
3-14 days • Broad check-up				
2 months • DTaP, HEP B, HIB, PCV, Rotavirus, IPV				
4 months • DTaP, HIB, PCV, Rotavirus, IPV				
6 months • DTaP, HEP B, PCV, HIB, Rotavirus, IPV				
9 months • Broad check-up				
12 months • MMR, Hepatitis A, Varicella, HIB, PCV				
15-18 months • DTaP				
2 years • Hepatitis A				
3 years • Broad check-up				
4 years • DTaP, IPV, Varicella, MMR, Hearing & vision screening				
5 years • Broad check-up				
6, 8, 9 and 10 years • Broad check-up				
11 years • HPV (3 doses across 6 months), TDAP booster, MCV				
12 years • Broad check-up				
13 years • Varicella blood test (if vaccine not given and no history of chickenpox)				
14 and 15 years • Broad check-up				
16 years • MCV booster				
17 years • Broad check-up				

Visit type key

	Well-child visit
	Blood screen
	Vaccination
	Hearing vision
	Vision screen

Babies are born with immune systems that can fight most germs, but there are some deadly diseases that can be stopped with vaccination.

Vaccines use tiny amounts of **antigens** to help a child's immune system detect and fight serious diseases.

Antigens are part of germs that cause the body's immune system to work.



*This flyer was done in partnership with WIN LA to create this culturally and linguistically appropriate flyer for our African American/Black members. WIN is a nonprofit that empowers families with young children to build resilience and thrive by strengthening relationships at home and in the community through free, in-home/virtual mental health therapy and comprehensive support services.

This information is not meant to replace medical care. Please always follow your healthcare provider's instructions. Programs and services are subject to change.

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