

# 3-Ingredient Lentil Dip

It doesn't get any easier than this! This dish can be used as an appetizer, healthy snack or even a salad. It's gluten free, healthy and vegetarian. Trader Joes fan? You're in luck - just stop by and pick these up.



## Ingredients:

- 1 (17oz) package of Steamed Lentils
- 1 (14oz) container of Fresh Bruschetta Sauce
- 6 oz crumbled feta cheese



## Directions:

1. Dump everything into a bowl and stir. Serve immediately or let it sit in fridge for an hour.
2. Serve with tortilla chips.

Note: to make it a salad, add a bag of washed arugula or spinach just before serving.