

2022 National Observances



Monthly



Weekly and Daily

January

- Cervical Health Awareness Month
- National Birth Defects Prevention Month

February

- American Heart Month
- National Cancer Prevention Month
- National Children's Dental Health Month

March

- National Kidney Month
- National Nutrition Month

April

- National Alcohol Awareness Month
- National Child Abuse Prevention Month
- Stress Awareness Month

- 4** National Wear Red Day
- 13-19** National Cardiac Rehabilitation Week

- 13-19** National Sleep Awareness Week
- 13-19** Patient Safety Awareness Week
- 17-11** National School Breakfast Week
- 22** World Water Day
- 22** American Diabetes Alert Day

- 4-10** National Public Health Week
- 7** World Health Day
- 7** National Alcohol Screening Day
- 22** Earth Day
- 25-5/2** National Infant Immunization Week

(continued)





Monthly



Weekly and Daily

May

- Asthma and Allergy Awareness Month
- Better Sleep Month
- Healthy Vision Month
- National High Blood Pressure Education Month
- National Melanoma/Skin Cancer Awareness Month
- National Mental Health Month
- National Osteoporosis Month
- National Physical Fitness and Sports Month
- National Stroke Awareness Month

- 1-7** National Physical Education and Sports Week
- 7** Project ACES Day (All Children Exercise Simultaneously)
- 8-14** Women's Health Week
- 16-22** Bike to Work Week
- 25** National Senior Health and Fitness Day
- 31** World No Tobacco Day

June

- Men's Health Month
- National Great Outdoors Month
- National Safety Month

- 13-19** National Men's Health Week
- 11** Family Health and Fitness Day
- 27** National HIV Testing Day

July

- UV Safety Month

- 17-23** Every Body Deserves a Massage Week

August

- Children's Eye Health and Safety Month
- National Breastfeeding Month
- National Immunization Awareness Month

- 1-6** World Breastfeeding Week

September

- Fruits & Veggies – More Matters Month
- Healthy Aging Month
- National Cholesterol Education Awareness Month
- National Food Safety Education Month
- Prostate Health & Prostate Cancer Awareness Month

- 1-7** National Childhood Injury Prevention Week
- 4-10** Suicide Prevention Week
- 28** National Women's Health and Fitness Day

October

- Alzheimer's Association Memory Walk
- American Heart Walk
- Children's Health Month
- Healthy Babies Month
- Health Literacy Month
- Healthy Lung Month
- National Breast Cancer Awareness Month
- National Dental Hygiene Month
- National Depression and Mental Health Screening Month
- Talk about Your Medicines Month

- 1** International Day of Older Persons
- 2-8** National Mental Illness Awareness Week
- 3** Child Health Day
- 10** World Mental Health Day
- 16-22** National Healthcare Quality Week
- 17-21** International Infection Prevention Week
- 17-21** National Health Education Week
- 20** World Osteoporosis Day
- 23-31** National Red Ribbon Celebration Week

November

- Tie One on for Safety Campaign (Nov-Dec)
- American Diabetes Month
- Diabetic Eye Disease Month
- Lung Cancer Awareness Month
- National Alzheimer's Disease Awareness Month
- National Healthy Skin Month

- 13** World Kindness Day
- 14** World Diabetes Day
- 17** Great American Smokeout
- 24** National Family Health History Day

December

- Tie One on for Safety Campaign (Nov-Dec)
- International AIDS Awareness Month
- National Drunk and Drugged Driving Prevention Month
- Safe Toys and Gifts Month

- 1** World AIDS Day
- 5-11** National Handwashing Awareness Week
- 5-11** National Influenza Vaccination Week
- 10** Human Rights Day