



health net

# Salud HMO y Más

As diversity among California residents grows, so does the need for quality health coverage that meets their unique needs. That's why Health Net's **Salud HMO y Más** which translates to "Health and More", was created—to provide a convenient and affordable healthcare option for Southern Californians.

## Health care in Mexico

In addition to the benefits of Salud HMO y Más, members and their covered dependents can access medical care from **SIMNSA**<sup>1</sup> doctors and facilities in **Tijuana and Mexicali, Mexico**.

### Key Benefits:

- 1 Affordable and convenient healthcare:** Lower copays, and no referral needed.
- 2 Coordinated Care in Mexico:** Your SIMNSA doctor will manage all of your healthcare needs.

Note: Members and covered dependents living in Mexico cannot use their benefits at urgent care centers in San Diego.



## Need Assistance?

For questions regarding SIMNSA services in Mexico or to find a SIMNSA Provider in Mexico:

Visit **SIMNSA.com** or call the SIMNSA Contact Center at **800-424-4652**.

For questions regarding U.S. benefits: Call Health Net Member Services (phone number listed on the Member ID card) or visit **healthnet.com**.



## Exclusive Perk: Fast Pass for Border Crossing

Avoid long lines when returning to the U.S. with a medical lane "Fast Pass" provided by SIMNSA.

## About SIMNSA

- California-Licensed:** Authorized by the Department of Managed Health Care as the largest HMO provider in Mexico.
- Experienced Network:** Over **700 board-certified physicians** and **25+ years** in managed care.

## SIMNSA facilities

- Convenient Locations:** Clinics open **6 days a week**, near the San Ysidro/Tijuana border.
- Comprehensive Services:** On-site **pharmacy, X-ray, laboratory (same-day results), imaging, outpatient surgery**, and full-service medical center.
- 24/7 Emergency Room:** Brand-new facility with state-of-the-art equipment.
- Hospital SIMNSA:** Spacious inpatient rooms, a **cardiology department**, and advanced medical technology.



<sup>1</sup>A network of physicians contracting with Sistemas Médicos Nacionales, S.A. de C.V. (SIMNSA) has been selected to provide services to Health Net Salud HMO y Más members. Family members residing in Mexico cannot receive plan benefits from California providers, except for emergencies, which are covered worldwide.

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