

HEALTH NET NEWS

Health Net Changing Blood Glucose Meters, Test Strips Coverage

Product Type	Preferred Brands (Effective 1/1/26)	Member Cost
Meters	Accu-Chek® and FreeStyle®	\$0¹
Test Strips	Accu-Chek® and FreeStyle®	Tier 2

Effective January 1, 2026, Health Net will implement changes to the covered blood glucose meters and test strips under the pharmacy benefit.

As part of this update, Lifescan OneTouch® meters and test strips will no longer be covered at the preferred Tier 2 level.

Members who choose to continue using OneTouch® test strips may do so; however, they will be processed at Tier 3, with no prior authorization required. OneTouch meters are no longer available as of December 1, 2025.

The covered brand will transition to Roche Accu-Chek® and Abbott FreeStyle® meters and test strips.

Key Changes:

- OneTouch® meters and test strips will no longer be covered at Tier 2 beginning January 1, 2026.
- Members who remain on OneTouch® may continue to do so, and claims will process at Tier 3.
- No prior authorization will be required for members who continue on OneTouch® (grandfathered).

Transition Timeline

- December 1, 2025: Members may begin obtaining preferred Accu-Chek® or FreeStyle® meters and test strips at the pharmacy.
- January 1, 2026: OneTouch® test strips will process under Tier 3 coverage.

Recommended Member Actions

To support a smooth transition during year-end and holiday periods, members are encouraged to:

- Request a new prescription in December 2025 for preferred products.
- Present their notification letter to their pharmacist for assistance.
- Consider a 90-day supply through mail order or Maintenance Choice.

Member Notification

- Impacted members received a mailed notification by November 1, 2025, detailing preferred options, transition steps, and support resources.

¹Accu-Chek® and FreeStyle® flyers with information on how to obtain a meter at no cost will be posted by 12/1/25 in the Pharmacy section on healthnet.com and myhealthnetca.com.

MORE HEALTH NET NEWS

Sign Up for Health Net’s Market Insights February Webinar

Industry Insights to Enhance Your Business

We’re pleased to invite you to the February session of our quarterly Health Net Market Insights Webinar Series.

Hosted By:



Commercial Officer, Alyson Stone

When:

Tuesday, February 17, 2026
11:00 a.m. to 12:00 p.m. PST

[Sign Up Today!](#)

Join Alyson and her special guests for a discussion packed with priceless information straight from the experts. Glean valued strategies in thought leadership and explore the latest healthcare trends. All designed to help you to gain new and dynamic insights and stay informed about current industry developments. In this webinar you’ll learn about the latest:

Regulatory and Legislative Updates

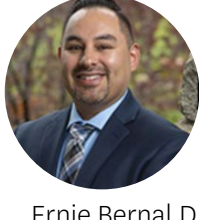
Speaker



Jason Gabhart,
Government Affairs Advocate

Marketplace updates

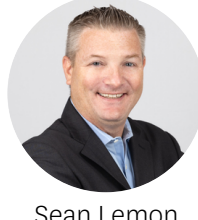
Speaker



Ernie Bernal D
Vice President IFP Sales

Provider Contracting Updates

Speaker



Sean Lemon
Commercial Operations Officer

INDUSTRY NEWS

California AB 3275 to Establish Uniform Claim Reimbursement Standards

New standards to go into effect January 1, 2026

Beginning January 1, 2026, California law (AB 3275) will establish uniform claim reimbursement standards for all health care service plans and health insurers, which include Medi-Cal managed care plans.



Under this new law, plans must reimburse, contest, or deny complete (clean) claims within 30 calendar days of receipt. The prior standard of “working days” is replaced with calendar days.

If a claim is contested or denied, plans are required to send a written notice within 30 calendar days, explaining the reason for the action and any next steps.

This rule applies to all claims received on or after January 1, 2026, across both Department of Managed Health Care (DMHC)-regulated and Department of Insurance (DOI)-regulated lines of business.

Key changes at a glance

- 30 calendar days to pay, contest or deny a complete claim — applies to health care service plans regulated by DMHC and DOI.
- If additional information is requested and submitted, the plan has 30 calendar days from receipt of the new information to re-adjudicate the claim.
- Written notice of contest or denial must be issued within 30 calendar days, clearly outlining the reason and next steps.
- Late payments:
 - Claims not paid within 30 calendar days will accrue interest at 15% per annum, starting on the 31st day.
 - Plans must automatically include all accrued interest in the payment — no separate request is required.
 - If interest is not automatically included, a penalty of no less than 10% of the accrued interest, or \$15 (whichever is greater) applies.
 - Interest amounts under \$2 may be aggregated and paid monthly, accompanied by an itemized list of claims.
- Provider disputes:
 - Determinations are due within 45 working days.
 - If the provider prevails, payment (including all interest and penalties) must be made within 5 working days.

Our commitment and next steps

- The plan has an active internal workgroup in place to ensure full implementation of AB 3275/APL 25-007 by January 1, 2026.

IN THE COMMUNITY

United Way California Capital Region



Darsey Varnedoe Jr., Public Affairs & Community Investments Representative and Amy Krause, VP, Associate General Counsel, proudly represents Health Net on United Way’s Board of Directors.

Health Net and [United Way California Capital Region](#) have a long-standing, productive, partnership making a difference in the community.

Recent projects include:

- A Health Net grant to help cover local housing deposits for the unsheltered and increase the use of housing-related community support services.
- Expansion of United Way’s Kinder Camp program. With Health Net’s help, Kinder Camp is adding health and wellness services. This means kids will start school ready to learn and stay healthy.

Darsey stated why she supports United Way. “I’m a United Way champion because they meet people at life’s most vulnerable moments—with compassion, resources and real solutions.

An example: A mother was recently helped through UW’s housing support program. She was living in her car with her two children. With help from our Health Net grant, United Way covered her housing deposit and connected her to services that gave her family stability and hope.

That’s the kind of impact United Way makes every day. Whether it is helping kids start school healthy and ready to learn through Kinder Camp, or supporting families in crisis, they’re building stronger, healthier communities.

I believe in that mission—I’ve seen the difference it makes.”

WELLNESS

December Wellness Webinar – Be Well in Winter

As winter approaches, it's important to take extra care of your health and safety. Join our webinar, "Be Well in Winter," where we'll provide comprehensive tips to help you thrive during the colder months.



- Discover the benefits of seasonal and immune-boosting foods and learn how to enjoy comforting meals in a healthy way.
- We'll discuss indoor workout options and safe ways to exercise outdoors, along with essential tips for weather safety, home safety, and travel safety.
- We'll also cover how to manage Seasonal Affective Disorder (SAD), maintain proper skin care, ensure good sleep, stay hydrated, and protect yourself against the flu and colds.

This webinar is your guide to staying healthy, safe, and well throughout the winter season.

When:

Wednesday, December 10, 2025
12:00 p.m to 12:45 p.m. PST

[Register Now!](#)

Health Net members have access to complimentary wellness programs via our secure [website](#). To access, register online and begin by taking the RealAge Test (health assessment) to identify your health score. Enjoy a variety of wellness programs, health challenges and wellness activities to help you stay healthy. Members can get access to more wellness tips and programs by visiting our [Healthnet.com Wellness page](#).

JUST FOR FUN



Holiday Fun – Activities for Everyone

The holiday season is a perfect time to lift winter spirits. Beyond long-standing traditions tied to the solstice or holidays like Christmas, Hanukkah, and Kwanzaa, many people create their own personal and community rituals—some quirky, some heartfelt, all designed to bring light to the darkest days of the year.

Here are 10 fun, different ways to enjoy the season from [Stacker](#):

1. **Cruise the light displays:** Whether simple or over-the-top, neighborhood lights are hard to resist. Drive or walk through nearby streets for inspiration—and maybe a few ideas for next year.
2. **Host a holiday open house:** A casual open house lets you reconnect with friends, neighbors, or colleagues without the stress of a formal dinner. Keep it simple—or tie it to a local charity.
3. **Add a little movement:** Balance holiday treats with a winter workout. Join a fitness challenge, meet a friend at the gym, or simply take brisk walks between gatherings.
4. **Visit elder communities:** Long-term care residents often appreciate extra company this time of year. Consider joining or organizing a group to visit, sing, or help with activities.
5. **Care for winter wildlife:** Feeders often appreciate extra company this time of year. Put out suet, fruit, or seed, and keep water unfrozen so wildlife has reliable access to nourishment.
6. **Support local food banks:** Turn giving into a family tradition. Donate essentials, volunteer together, or learn how you can make a difference year-round.
7. **Try full-moon fun:** If you have access to snow, full-moon skiing or snowboarding creates a magical winter memory. No snow? Try a moonlit walk or run instead.
8. **Read a holiday classic:** December is perfect for cozy reading. Go solo or choose a title with a book club—Dickens’ A Christmas Carol remains a seasonal favorite.
9. **Create handmade gifts:** Crafting adds meaning to gift-giving. Make calendars, artwork, or family keepsakes—or record interviews with older relatives to preserve stories.
10. **Join the Annual Bird Count:** The Audubon Society’s annual bird count (Dec. 14, 2025–Jan. 5, 2026) welcomes beginners. Register in advance and help track local bird populations.

Wishing you and yours a happy, safe and healthy holiday season!