

BREAKING NEWS

Hoag Joins Health Net’s Full Network HMO and Full Network PPO networks, effective November 1, 2023¹

Effective November 1, 2023, Hoag will be added to Health Net’s Full Network HMO and Full Network PPO networks for small and large employer groups.²

This network enhancement will increase access and choice in Orange County. Members enrolled in Health Net’s Full Network HMO and Full Network PPO networks will have access to Hoag’s highly ranked physicians, urgent care, imaging, and other services.³

For questions, please contact your Health Net Account Representative.



¹ Some services may be excluded. Check with Health Net for a full list of service offerings for each plan.

² Does not include Ambetter products.

³ [About Hoag](#)

INDUSTRY NEWS

When Should You Get COVID, Flu and RSV Shots This Season?



People can soon start ringing in the fall season with three new vaccines to combat viral infections, according to doctors⁴ interviewed by the [Sacramento Bee](#)^{*}.

The U.S. Centers for Disease Control and Prevention (CDC) met in September and finalized recommendations for the new [COVID-19 vaccine](#), which is formulated to target the XBB lineage of the omicron variant.

The updated vaccine will be available to everyone 6 months and older, according to the CDC.

Along with the new COVID vaccine, there are other shots — RSV and flu — we should watch for this season.

Health Net has more information about the flu vaccine available to our members on [Health Net.com – Flu Shots](#).

^{*} Dr. Peter Chin-Hong: professor and doctor specializing in infectious disease at UC San Francisco and Dr. Dean Blumberg: chief of pediatric infection disease at UC Davis Health.

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HEALTH NET NEWS

Health Net IFP HMO Expanding to Imperial County in 2024

Health Net is proud to announce that its Ambetter HMO individual plans will be offered in Imperial County, starting in 2024 with:

Competitive Pricing

We are pleased to offer competitive pricing of our Ambetter HMO plans in Imperial County across Metal Tiers, as reflected in our HMO rankings*.

- Silver: #1
- Bronze: #1
- Platinum: #2
- Gold: #2

*Based on the Covered California Shop and Compare tool, on 10/16/23, for an individual aged 40 years in Imperial County, Region 13.

Robust HMO Network

In this region, we will provide a robust HMO network of physicians.

Enhanced Wellness Program

The [My Health Pays program](#) will keep rewarding your clients for their healthy decisions.

Value-Added Programs

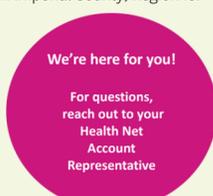
Our offerings include value-added programs such as CVS Minute Clinics, 24/7 Telehealth, Nurse Line, and more.

Top-Notch Customer Service

Rest assured, we remain committed to providing top-level customer service to your clients. Our dedication has been recognized with prestigious awards:

- Health Net was honored with the "2022 and 2023 America's Best Customer Service" award among health coverage plans by Newsweek Statista.

We are enthusiastic about the opportunities and benefits this expansion will bring to our valued clients in Imperial County. Please don't hesitate to reach out to your Account Representative if you have any questions or require additional information.



WELLNESS

November is Diabetes Awareness Month



Health Coaching

The Health Coaching Program offers one-on-one telephonic health coaching and resources to provide additional support to members. A personal health coach helps with short- and long-term goal setting and achievement for lasting results. The program includes trackers and easy tools to use in the behavior change process. Personalized health coaching is available for weight loss, healthy eating, stress management, exercise, and tobacco cessation.

For more information, members can contact Health Net Member Services at the phone number on the back of their Member ID card.

¹ [CDC: Prediabetes – Your Chance to Prevent Type 2 Diabetes](#)

² [American Diabetes Association: The Burden of Diabetes in California](#)

³ [National Library of Medicine - National Center for Biotechnology Information](#)

- One in three Americans has prediabetes. Nearly 80% don't know it ¹
- Approximately 322,333 people in Oregon have been diagnosed with diabetes ²
- 33.5% of the adult population of Oregon have prediabetes ²
- It costs 2.3x more to treat a person with diabetes, up to \$16,750 a year³

Left uncontrolled, diabetes can damage your heart, blood vessels, eyes, kidneys, and nerves. Get screened for diabetes and take steps to prevent it, especially if you are identified to be at increased risk. The sooner you know, the better you'll be at managing and controlling it. Call your doctor to set up an appointment.

TOOLS YOU CAN USE

Manage Your Group Business Online

Are you looking to enhance your business's efficiency? We have great news for you!

Gain control over your Group's membership and billing files and reports by accessing them online. With this feature, you can update group enrollment and billing data on behalf of your groups and generate reports with the broker access you've been granted.

Here's how to get started:

1. Both you and your Groups must have an active online account on Health Net’s applicable [broker](#) and employer portals.
2. Your Groups must Log into their accounts and set you up with access to their billing and membership files.

- To set you up with access, the group needs to take a few simple steps listed in the [Manage your Business in the Broker Portal \(PDF\)](#), step-by-step guide which is posted on broker page of HealthNet.com.

If you'd like to initiate a request for access from your Groups do the following:

Prior to accessing "[Manage Your Business Online](#)" document, make sure that Adobe is set as default PDF viewer on your PC. Otherwise, you will need to save the copy of the "[Manage Your Business Online](#)" document on your PC as a PDF.

1. Fill out the e-mail template located on the last page of "[Manage Your Business Online](#)" document.
2. Attach the Group "Step-by-Step" guide also located on the last page of "[Manage Your Business Online](#)" document.

Forgot Your Login Information?

If you've forgotten your login details, don't worry! Reach out to our dedicated Broker Portal Support team at 800-909-3447, Option 3. Our agents are ready to assist you in accessing your account. Support is available Monday through Friday, from 9 a.m. to 5 p.m. Pacific time (with a brief closure from noon to 1 p.m.). Alternatively, you can email us at [Brokers@healthnet.com](#).

Additional Resources:

For navigation tips and tools, you can also access the Broker Portal Manual directly from your account.

Streamline your business operations and enjoy the benefits of online access to group data. If you have any questions or need assistance, please do not hesitate to contact your Health Net Sales Representative.



JUST FOR FUN



This Thanksgiving Play Words Around the Table

If you consider yourself a word nerd and love games like Wordle, Words With Friends, or Scrabble, you'll love [Thanksgiving Words Around the Table](#).

You will need a piece of graph paper or you can download this free [game grid](#).

1. Start with one player writing a Thanksgiving-related word in the grid (one letter per empty slot).
2. Pass the paper to the next player, who must write another Thanksgiving word connecting to the letters of any previous word on the board.
3. When somebody can't come up with a word to add, they're out of the game and the sheet is passed to the next player.
4. The game ends with the last person standing, or if there is no more space available.

Print a few sheets to repeat the game as many times as you want or laminate a single sheet and write with dry erase markers so you can save paper and reuse the game.