

HEALTH NET NEWS

Notice of Changes to California Group Coverage Terms

Commercial Small and Large Group Evidence of Coverage (EOC) documents for plans effective on or renewing after July 1, 2025, will contain updates as shown in the "Notice of Changes."

This Notice of Changes reflects Health Net of California's (Health Net) compliance with new laws and regulatory requirements – which include new laws effective July 1, 2025:



- SB 729, Treatment for Infertility and Fertility Services
 - Coverage updates mandated by SB 729 will be effective for new and renewing groups starting July 1, 2025.
- AB 3059, Human Milk
 - Health Net has applied this change on all new, current and renewing Commercial group plans effective January 1, 2025
- AB 2843, Treatment Related to Rape or Sexual Assault
 - On July 1, 2025, Health Net will apply this change on all new, current and renewing Commercial group plans.

The Notice also includes any changes to the administration of the plans.

The Large and Small Group Notice of Changes will be posted on healthnet.com. Brokers and General Agents will be alerted when the Notice of Changes is posted. They can inform their employer group clients of the updates described in the notice at that time.

If you want more information or have any questions, contact your Health Net Account Representative.

MORE HEALTH NET NEWS

Industry Insights to Enhance Your Business

We're pleased to invite you to the June session of our quarterly [Health Net Market Insights Webinar Series](#) – hosted by Commercial Officer, Alyson Stone.

Join Alyson and her special guests for a discussion packed with priceless information straight from the experts. Gain valued strategies in thought leadership and explore the latest healthcare trends. All designed to help you to gain new and dynamic insights and stay informed about current industry developments.



In this webinar you'll learn about the latest:

- Product and Pricing Landscape
- Regulatory and Legislative Updates

Hosted By:

Alyson Stone,
Commercial Officer



Guest Speakers:

Sean Lemon
Commercial Operations Officer



Jason Gabhart
Government Affairs Advocate



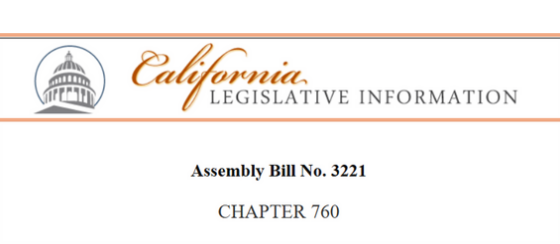
When:

Tuesday, June 3, 2025
10:00 a.m. to 11:00 a.m. Pacific Time

[SIGN UP TODAY](#)

INDUSTRY NEWS

AB 3221 - Department of Managed Health Care: Review of Records



[AB 3221](#) became effective on January 01, 2025. It Requires that Brokers and General Agents:

- Make "every effort" to provide their responsive records, books, and papers for inspection by the DMHC Director, including through electronic means for those items maintained electronically; and
- Allow DMHC to review records in a searchable digital format to the greatest extent possible.

AB 3221 also enhances DMHC enforcement powers regarding access to such records.

AB 3221 defines "records, books, and papers" to include records, books, and papers that are possessed in any medium, including electronic media.

Starting January 01, 2025, all records, books, and papers of a broker, or a General Agent (GA), shall be open to inspection, including through electronic means, by the DMHC.

If a Broker or GA receives a request from the DMHC to inspect records, books, and papers, the broker or GA to whom the request is made must do both of the following:

- (1) Furnish in electronic media any records, books, and papers that are possessed in electronic media.
- (2) Conduct a diligent review of the records, books, and papers and make every effort to furnish the response to DMHC's request.

To the greatest extent feasible, all records, books, and papers shall be furnished in a format that is digitally searchable.

If requested by the DMHC, records, books, and papers shall be preserved until furnished to the DMHC.

Health Net of California has updated the relevant sections of the Broker and GA agreements to align with the amendments made by AB 3221.

IN THE COMMUNITY

Standing with Dena: Health Net Supports the Ashes to Anthems Benefit Concert

On April 26, Health Net proudly stood alongside the people of Altadena and Pasadena —collectively known as Dena—at the inaugural Ashes to Anthems Benefit Concert. This powerful event brought music, purpose, and community together in support of a shared goal: to uplift and invest in the rich history and bright future of this historic region.

At Health Net, we believe health is about more than doctor visits — it's about access, equity, and connection. That's why our team was on-site offering the following to members:

- Blood pressure checks and other health screenings to promote preventive care
- Social Determinants of Health (SDOH) screenings—in a private setting via our mobile RV—to identify needs around housing, food, and transportation
- Educational flyers to raise awareness about our Wellness programs, including Teladoc and preventive care resources
- Branded giveaways to drive engagement and share wellness tools with attendees

Ashes to Anthems isn't just a concert — it's a catalyst. And Health Net is proud to be part of a movement that centers community voice, celebrates local culture, and lays the foundation for long-term impact in Dena.

Together, we're not just showing up — we're investing in community health and resilience.



WELLNESS

June is Alzheimer's & Brain Awareness Month



10 Early Signs of Alzheimer's and Dementia

Centene is committed to supporting the Alzheimer's Association's mission to raise awareness of this devastating disease.

As a global healthcare leader committed to addressing the holistic healthcare needs of every individual, Centene shares the Alzheimer's Association's vision of a world without Alzheimer's. With more than 140,000 of our members living with Alzheimer's, this disease hits home in every community in which we serve.

From the [Alzheimer's Association](#): Memory loss that disrupts daily life may be a symptom of Alzheimer's or [other dementia](#). Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills.

There are **10 warning signs and symptoms**. If you notice any of them, don't ignore them. Schedule an appointment with your doctor.

1. Memory Loss - Symptom: Forgetting recently learned info, important dates, or asking the same questions repeatedly. Normal aging: Occasionally forgetting names or appointments.

2. Difficulty Planning or Solving Problems - Symptom: Struggling with numbers, following a recipe, or managing bills. Normal aging: Making occasional errors in finances.

3. Trouble Completing Familiar Tasks - Symptom: Getting lost on a familiar route or forgetting how to play a known game. Normal aging: Needing help with microwave settings once in a while.

4. Confusion with Time or Place - Symptom: Losing track of dates, seasons, or forgetting where you are. Normal aging: Brief confusion about the day of the week.

5. Vision and Spatial Issues - Symptom: Difficulty reading, judging distance, or driving. Normal aging: Vision issues related to cataracts.

6. Problems with Words - Symptom: Struggling in conversation, repeating oneself, or using the wrong words. Normal aging: Occasionally searching for the right word.

7. Misplacing Items - Symptom: Putting things in odd places and not being able to retrace steps. Normal aging: Misplacing items but finding them later.

8. Poor Judgment - Symptom: Making unusual money decisions or neglecting personal hygiene. Normal aging: An occasional lapse in judgment.

9. Social Withdrawal - Symptom: Avoiding hobbies or social activities due to difficulty keeping up. Normal aging: Sometimes preferring alone time.

10. Mood and Personality Changes - Symptom: Becoming suspicious, anxious, or easily upset. Normal aging: Sticking to routines and being annoyed when disrupted.

With early detection, you can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer.

JUST FOR FUN

Celebrating Parenthood, One Tweet at a Time

Mother's Day and Father's Day are those rare occasions when parents are showered with love, breakfast in bed (usually cold), and hand-drawn cards that may or may not depict them as dinosaurs.

Twitter has offered up some excellent parenting tips over the years. Here are 10.



Parenting Tips

1. Maybe don't leave Hungry Hungry Hippos on the floor of a dark room.
2. No good ever comes from a toddler sitting naked on the couch.
3. If you don't know where your children are in the house... Turn off the internet and watch them magically appear.
4. After your first child is born, go buy 20 years' worth of poster board. This will save you countless 10:00 PM trips to CVS.
5. If a 2-year-old says, "I'm going to throw up," FOR THE LOVE OF GOD DON'T CALL HER BLUFF!
6. Cherish the day you buy your first minivan because that will be the last day it is ever clean.
7. Buy ALL the tissues.
8. When a child says "I picked it up and put it right back"... 'right back' really means a 30-foot radius where it may be hidden.
9. Take kids to pumpkin patch. Let them pick out any pumpkin. Make them carry it to the car. They'll never want to go again.
10. Wine... lots of wine.

Have an Excellent Father's Day!