

**E**very day, your child is growing and learning. The most important time for your child's development is during the first 5 years of life.

If you have questions or concerns about your child's development, learning, or behavior, it's important to act early. Getting help early is one of the best things you can do to ensure your child reaches their greatest potential.

**yubakids.org**

**800-794-4067**

Monday-Friday, 8am-5pm



Help Me Grow is supported by First 5 Yuba and Yuba County Health and Human Services and is a member of the Help Me Grow National Network.

Parents have questions...

We have answers [yubakids.org](http://yubakids.org)

Find community resources, family events, and information about your child's development