

Oral Treatment Options for COVID-19

LEARN ABOUT AT-HOME ORAL MEDICATION TO TREAT MILD-TO-MODERATE COVID-19



Paxlovid™ and **Lagevrio™** are oral antiviral medications. They are approved medications for emergency use authorization by the U.S. Food and Drug Administration to treat COVID-19. And, they have been proven to be **safe and effective**.

These oral antiviral treatments **are not meant to replace vaccinations and booster shots**. They help reduce the risk of you having to go to the hospital – or worse, death – due to COVID-19.

If you have COVID symptoms and have tested positive for COVID-19, these outpatient COVID medications can be prescribed to help combat mild-to-moderate symptoms. You should begin taking the medications as soon as possible after testing positive for COVID. And, you should take them within five days of symptom onset.

Paxlovid

The COVID-19 Treatment Guidelines Panel recommends Paxlovid as the preferred COVID-19 treatment for people who have tested positive using SARS-CoV-2 viral testing. And, for those at high risk of getting severe COVID-19.

Lagevrio

The Treatment Guidelines Panel suggests using Lagevrio **only when Paxlovid is not available**. Or, when Paxlovid cannot be used.

Be sure to speak to your provider if you have symptoms or test positive for COVID. In addition to your primary doctor, doctors at both Babylon and urgent care can prescribe oral COVID treatments.

For more information about Paxlovid and Lagevrio, see the chart on page 2.
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Find pharmacies easily

These COVID-19 oral antiviral pills are available by prescription only. Find a pharmacy that carries them:








1 Use this QR code:



Or, visit this COVID-19 treatment [website](#).

- 2 Click in the **search box** and type an address or ZIP code.
- 3 Then press enter for a list of nearby pharmacies.

COVID-19 antiviral pills: Facts At-a-Glance

	Paxlovid (Pfizer) (Nirmatrelvir/ritonavir)	Lagevrio (Merck) (Molnupiravir)
What should you take this for?	Use these to treat mild to moderate COVID-19 symptoms.	
How do you take it?	 Take three pills by mouth twice a day – morning and evening (six pills total, per day). Take them with – or without – food. Must be swallowed whole.	 Take four pills by mouth twice a day – morning and evening (eight pills total, per day). Take them with – or without – food. Must be swallowed whole.
Who can take it?	 Ages 12+, weighing 88+ pounds and at high risk.	 Ages 18+ and at high risk. ¹ Not approved for use in patients younger than 18 , since this drug may affect bone and cartilage growth.
How effective is it at reducing death and hospitalization?	Lowers the risk by almost 90% .	Lowers the risk by about 30% .
How do patients get the medication?	 Prescription only.	
When should it be prescribed?	 Start within five days after symptoms first begin.	
How long do you take the pills?	 Five days.	

¹Should only be used when no other treatment is available for mild to moderate COVID-19.



Call the Health Net Member Services at the number on the back of your ID card or visit our website at:

- www.healthnet.com – group plans
- www.myhealthnetca.com – IFP plans

<https://www.fda.gov/media/155050/download>

<https://www.fda.gov/media/155054/download>

<https://aspr.hhs.gov/COVID-19/Therapeutics/Documents/side-by-side-overview.pdf>

<https://www.covid19treatmentguidelines.nih.gov/therapies/antiviral-therapy/ritonavir-boosted-nirmatrelvir--paxlovid-/>

The information provided is not intended as medical advice or as a substitute for professional medical care. Always seek and follow the advice of your physician or other health provider for any questions you have regarding your general medical condition.

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